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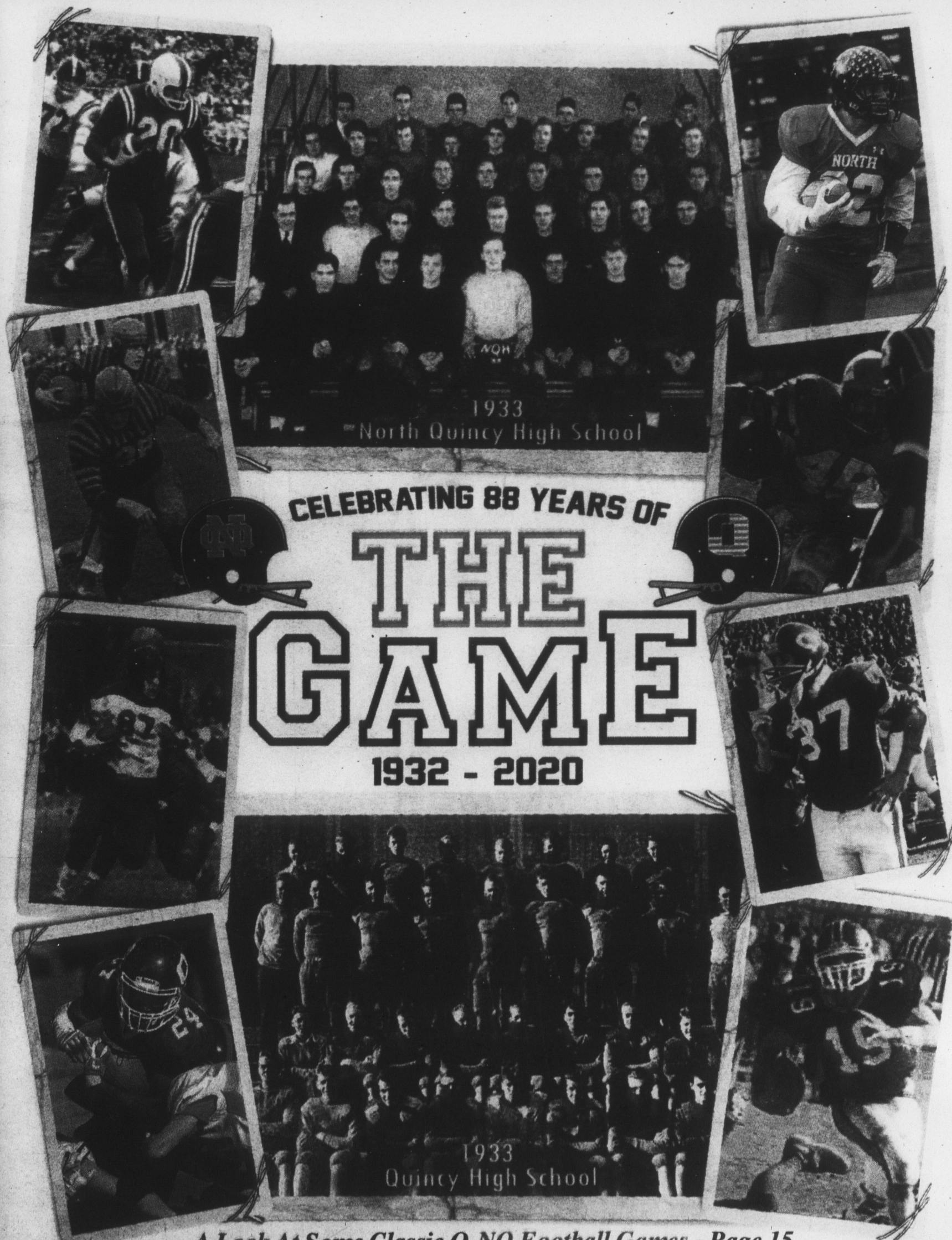
The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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Wednesday, November 25, 2020

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 By Sean Halpin



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The Quincy Sun.com

Happy Thanksgiving



JOHN HANCOCK bronze statue stands illuminated backdropped by colorful red and orange leaves on the changing Autumn Blaze Maple trees at the Hancock-Adams Common. The trees are now bare and strung with holiday lights that will be illuminated this Friday after sunset. There will not be a public turning on the lights ceremony due to the pandemic. The pandemic has also cancelled Santa's arrival by parachute and the Christmas Parade. Quincy Sun Photo/Robert Bosworth

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Health Commissioner:

Concern Over Coronavirus Spread During Holidays

By SCOTT JACKSON

Quincy's health commissioner expressed concern about the spread of the coronavirus during the upcoming holiday season and said parents need to do their part to limit the spread of the virus if they want their children to remain in school.

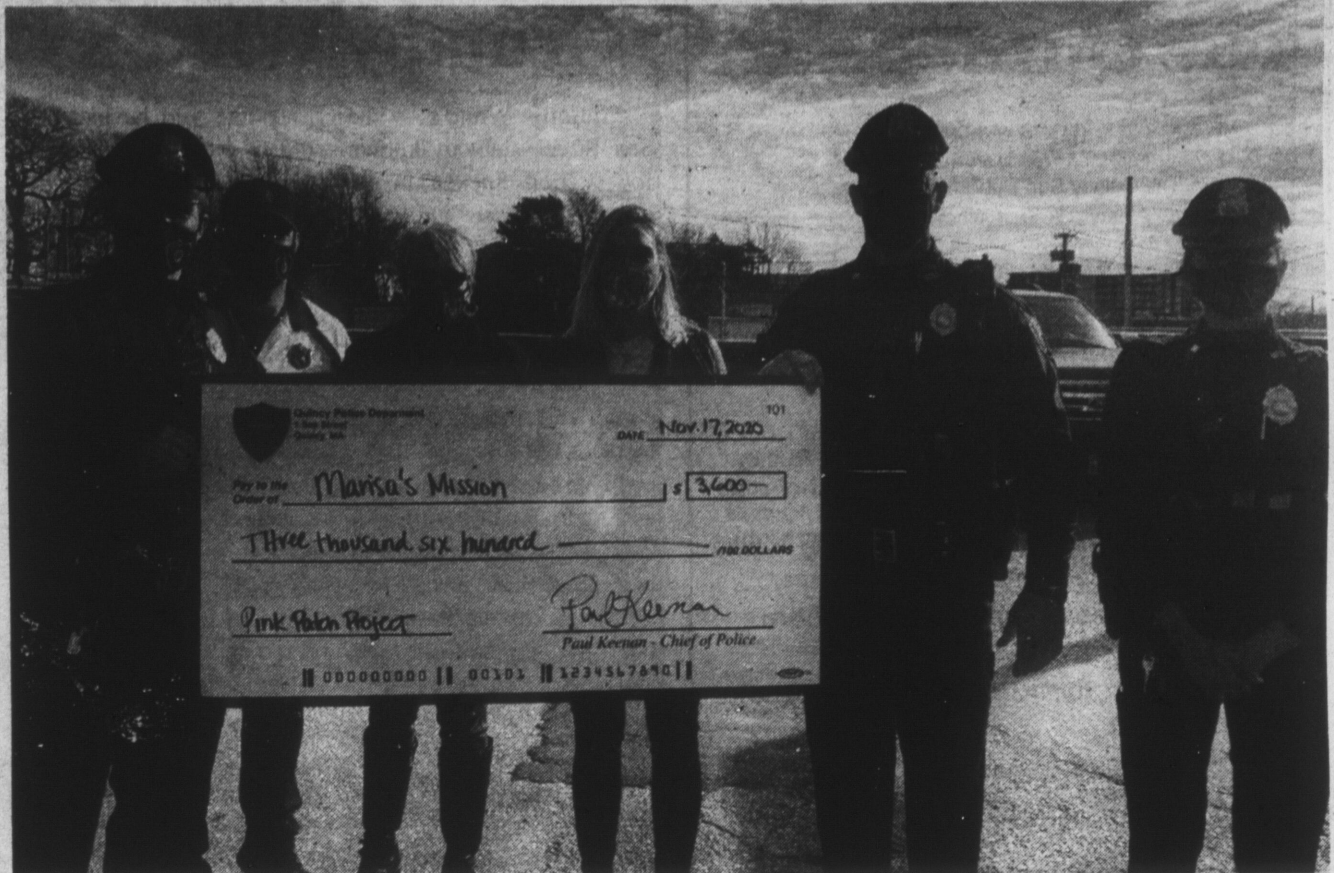
Ruth Jones told the School Committee on Nov. 18 that spikes in COVID-19 cases have been seen after previous holidays this year and she is worried similar increases will occur after

Thanksgiving and Christmas.

"We have concerns in general about holidays. It's tough to adhere to the guidelines during holidays, especially family holidays like Thanksgiving and Christmas. Statewide there is concern about people doing the right thing and hopefully [there is] not another burst of cases after the holidays," Jones said.

"We have seen them after most holidays, so I would

Cont'd On Page 11



MEMBERS OF THE Quincy Police Department recently presented a \$3,600 check to Lauren Federico of Marisa's Mission. The money was raised during the month of October as part of the Pink Patch Project. From left to right: Officer Scott Kelley, Officer Gregg Hartnett, Laurie Brancaccio (dispatcher QPD), Lauren Federico, Officer Stephen Cleary and Officer Krestina Habib. Marisa's Mission assists families affected by the numerous challenges of cancer and helps patients and families lessen their stress and financial burdens by supporting a host of initiatives including caregiving, home care assistance and travel/lodging.

Photo Courtesy Quincy Police Sgt. Karyn Barkas

New Guidance For College Students Traveling This Holiday Season

By SCOTT JACKSON

Gov. Charlie Baker has issued new guidance for college students traveling this holiday season amid the COVID-19 pandemic.

Under the new guidance, issued Nov. 18, students who leave campuses for the holidays should receive a negative COVID-19 test from their school within 72 hours of the planned departure. State officials are also asking that schools provide students living off-campus with access to COVID-19 tests before they depart for the holidays.

Students who do test positive should immediately isolate themselves in campus housing set aside for coronavirus-positive students. Students who previously tested positive and are already isolating in on-campus housing should remain in place until they clear the 10-day isolation period.

Students in quarantine after contact with a positive case should remain in

place until the 14-day period expires. Quarantined students may leave campus housing after 10 days if they do not have any symptoms and they receive a negative result from a molecular diagnostic test administered at least eight days after exposure to someone diagnosed with COVID-19.

Students returning to campus after the holidays — whether from inside Massachusetts or outside the state — must produce a negative COVID-19 test within 72 hours of their return to campus.

State officials on Nov. 18 also announced that new Abbot BinaxNOW COVID-19 tests would be made available to certain school districts by Dec. 1.

Students who experience an onset of COVID-19 symptoms while in school would be eligible for testing using the new tool, provided the school had received permission from the parents beforehand. The Abbott

BinaxNOW tool provides a rapid antigen test that can produce results within 15

minutes. Results from that test would require confirmation from a standard PCR

test. The Abbott test could not be used for large-scale

testing of asymptomatic students and staff, state officials stated.

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Moments in time

THE HISTORY CHANNEL

• On Dec. 10, 1690, a near-mutiny forces the Massachusetts Bay Colony to issue the first paper currency in the Western Hemisphere. Soldiers were typically paid in coins, but shortages forced armies to temporarily issue IOUs -- in one case, in the form of cut-up playing cards.

• On Dec. 7, 1787, in Dover, Delaware, the U.S. Constitution is unanimously ratified by all 30 delegates to the Delaware Constitutional Convention, making Delaware the first state of the modern United States. Government under the U.S. Constitution took effect on March 4, 1789.

• On Dec. 9, 1921, an engineer at General Motors discovers that when he added tetraethyl lead to gasoline, it eliminated the knocking sound of internal-combustion engines. In the 1970s, the Environmental Protection Agency phased out leaded gasoline due to health concerns.

• On Dec. 8, 1941, Jeannette Rankin, the first woman elected to Congress and a lifelong pacifist, casts the sole Congressional vote against the U.S. declaration of war on Japan. She also had voted against U.S. involvement in World War I.

• On Dec. 11, 1978, a half dozen masked robbers raid a Lufthansa Airlines cargo building at JFK Airport in New York, making off with more than \$5 million in cash (\$20 million in today's dollars) and almost \$1 million in jewelry.

• On Dec. 12, 1989, Leona Helmsley, nicknamed the "Queen of Mean," is sentenced to four years in prison, 750 hours of community service and a \$7.1 million tax-fraud fine in New York. Helmsley once quipped that "only the little people pay taxes."

• On Dec. 13, 2003, in Seattle, the iconic Hat 'n' Boots Tex Gas Station is hauled away from the spot where it had stood for almost 50 years. The 44-foot-wide Stetson hat had perched atop the filling station's office, while the 22-foot-tall cowboy boots housed the men's and the women's restrooms.

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Scotch heather

In the coldest winter months, the foliage of *calluna vulgaris* (known as scotch heather) changes its appearance from its paler summer colors of orange, gold, silver and green to more vivid shades of red, orange, purple or golden yellow. These brilliant colors look wonderful against the snow! This perennial ground cover plant grows well in cool, moist climates; it will not do well if the air and soil is very dry.

Brenda Weaver

Sources: www.gardenia.net, www.sunset.com

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Grumpy White's Closed After 40 Years

Grumpy White's -- the Sea Street stalwart known for its fried chicken, macaroni and cheese and other family favorites -- has served its last meal after 40 years in business.

Owner Bob White, age 74, closed the restaurant earlier this month and said he plans to retire.

"I've been there 40 years -- more than half my life -- it was good run," White said in a phone interview. "I feel a little sad about closing it, but I'm 74 years old now and it was getting tough to run."

White said he had been out of work when a friend suggested he purchase a barroom. White did just that, buying the bar that was later renamed Grumpy White's. After about a year, he decided to re-open the kitchen on site and began serving food.

Grumpy White's was well-known for the eponymous Grumpy Chicken -- a boneless fried-chicken dish served with mashed potatoes and gravy. Grumpy Chicken could also be ordered on a sandwich.

Other favorites on the

menu included the macaroni and cheese, buffalo fingers, baked and friend seafood dishes, French onion soup, and liver and onions.

White received an outpouring of support from many longtime customers after he announced the restaurant's pending closure.

"It's sad to the people who have been coming here," he said. "I've been getting a lot of emails from customers."

White said he might have remained open "a little longer" had it not been for the

coronavirus pandemic; he said he been making enough money in recent months to pay the bills and his employees, but not enough to make a profit.

A Weymouth resident, White said he had no immediate plans for his retirement. He suggested he could look to open a new restaurant in the future but said it would be smaller than Grumpy White's.

The former restaurant, which was located at 211 Sea St., has been sold to a developer, White said.

3 Tips For Keeping Your Holiday Spirits Bright -- Pandemic Or No Pandemic

The annual stress of the holiday season could be even more intense than usual this year.

Thanks to COVID-19, families may need to reconsider those Thanksgiving trips to grandmother's house -- or at least social distance around the turkey. Nervous shoppers are wondering whether to do all their gift buying right away lest the supply chain once again run into trouble and stockings end up empty.

In short, the pandemic has the potential to take the usual holiday depression, loneliness and general angst to a whole new level, while also draining away much of the season's merriment, goodwill and childlike wonder.

But it needn't be that way, says Dr. Allen Lycka. Previously acknowledged as one of the leading cosmetic dermatologists globally for three decades -- he is now a transformational keynote speaker, thought leader, life-changing coach, workshop provider and mentor. He is the co-author of international bestseller, "The Secrets to Living a Fantastic Life."

"As we approach the holidays -- and all the expectations that come with them -- it's worth remembering that in life you can't control everything," Lycka says.

"That's true even in the best circumstances, but it's been especially true this year. It is not what happens to you, it's what you do with what happens."

Doc Lycka offers a few ways to lessen the pain of what happens to us through positive actionable steps that include:

• **Practice the power of gratitude.** With all the negative things that 2020 brought -- a pandemic, social unrest, a divisive election -- it's easy to forget the many things you can be thankful for, Lycka says. "Giving thanks for what we have and for the people in our lives, and realizing that this is something that will bring us joy changes your perception," he says. "It turns from having a 'me' focus to a focus on others. Even in the hustle and bustle of the holiday season, I can press pause, enter my own zone of silence and picture all I am grateful for, and this is my secret weapon to the daily stresses of the 21st century. We all need to press pause, reflect, and be grateful. Practice this regularly and experience a radical change in your life."

• **Indulge in self-compassion.** Showing compassion for others is wonderful, but it's also important to show yourself compas-

sion if you feel you failed to meet other people's holiday expectations, or if world events cause you more worries than you can handle, Lycka says. "Self-compassion is the practice of noticing what you're feeling and remembering that you're human and therefore fallible, just like everyone else," he says. "It's about treating yourself with the same kindness you would give to a beloved friend. Unfortunately, few of us have been trained to respond to ourselves in this way. Much more often, our response is to beat ourselves up when we stumble. But research has shown -- and your own experience may echo -- that self-flagellation is counterproductive."

• **Make an effort to forgive.** Holidays are a time when grudges can become magnified. If that's the case for you, it's time to put any pain you still feel behind you and consider forgiveness, Lycka says. It won't just make the holidays better, but your life as well. "When we refuse to forgive and instead indulge in thoughts or acts of revenge, retaliation, and hate, we keep the cycle going and going," Lycka says. "I once read that forgiveness does not mean you have to break bread with the transgressor. What it does mean for you, in the most

positive sense, is when you wish them well you also give yourself peace."

"Finally, this holiday season would be a great time to begin practicing spontaneous acts of kindness," Lycka says. "Have you ever noticed how good it feels to say or do something kind for someone else? Performing random, spontaneous acts of kindness has been shown to boost self-image, lead us to perceive others more compassionately, promote a greater sense of connection with others, and feel grateful for our good fortune. We could all use a little kindness as 2020 draws to a close."

Dr. Allen Lycka, previously acknowledged as one of the leading cosmetic dermatologists globally for three decades, is a keynote speaker, thought leader, life coach, and mentor. At the top of his career in 2003, he was told he had six months to live -- a misdiagnosis that led him to discover his new calling. He provides answers through his international bestselling book, "The Secrets To Living A Fantastic Life... Discover The 13 Golden Pearls Within", co-authored with Woman of Distinction Winner Harriet Tinka, who had a similar life experience, surviving death after being kidnapped, stabbed, and left for dead.

BBB: Beware 'Secret Sister' Gift Exchange Scam

By BETTER
BUSINESS BUREAU

A "Secret Santa" around the office, friends and family can be fun. A gift exchange among online friends you haven't met, well, that's a little different and carries a heavier consequence. These gift exchanges, while they look like innocent fun, are really pyramid schemes -- and are considered illegal.

The "Secret Sister" gift exchange campaign quickly became popular in 2015 through Facebook posts promising participants

would receive up to 36 gifts, in exchange for sending one gift. Each holiday season the scheme pops back up. A newer version of this scam revolves around exchanging bottles of wine; another suggests purchasing \$10 gifts online. You might see references to receiving "happy mail" or doing the exchange "for the good of the sisterhood."

How the Scam Works

The scheme starts with a convincing invitation, either by email or social media to sign up for what seems like

a great, fun program. All you must do is provide your name and address and personal information of a few additional friends, and tack this information on to a list that's already started of people you've never met on the Internet. Next, it's your turn to send an email or social media invitation to send a modest gift or bottle of wine to a stranger along with their friends, family and contacts.

The cycle continues and you're left with buying and shipping gifts for unknown individuals, in hopes that

the favor is reciprocated by receiving the promised number of gifts in return. Unfortunately, it doesn't happen. Just like any other pyramid scheme, it relies on the recruitment of individuals to keep the scam afloat. Once people stop participating in the gift exchange, the gift supply stops as well, and leaves hundreds of disappointed people without their promised gifts.

It should be noted that pyramid schemes are illegal in the US and Canada. The

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Scenes From Yesterday



THIS IS A 1920s real photo postcard view of the old Pfaffman Oval, now known as Veterans' Memorial Field on Hancock Street. The Southern Artery had not yet been built. The field was named for members of the Pfaffman family who had extensive nurseries along what is now Fenno Street and also served as park commissioners in the late 19th century. This view is from the yard of the old Eastern Mass. car barn. The chimney of the old MDC pumping station in Merrymount Park is in the right distance. The Pfaffman nurseries were

just beyond it. During the 1930s the WPA built the red brick wall around the field along with concrete spectator stands. In 1938 the upgraded facility was dedicated as Quincy Memorial Stadium. To many it is still known as the 'stadium' although in 1951 city officials changed the name to honor Quincy's veterans. The game being played here was probably Quincy High since North had not yet opened.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1972
48 Years Ago

Fire Department Honors 5 For 139 Years Of Service

Five firefighters, who have a combined service of more than 139 years, were scheduled to be honored Dec. 4 at the 15th annual Fire Department Retirement Banquet at the Morrisette Legion Post, West Quincy.

Rev. Charles Porteus was to be the guest speaker at the dinner honoring Lt. John Mullen, Lt. Nicholas Malvesti and Privates Walter W. Hirtle, Joseph E. LeBlanc and Ansel R. Frazier.

Twenty-five year service pins were to be awarded to Deputy Thomas F. Maguire, Capt. George F. McGunagle, Capt. George D. McEachern, Lt. Cornelius O'Connell, Lt. Lester Hazlett, Privates Charles H. Daley, Patrick J. Sullivan, Lawrence Reidy and James W. Geary.

ROBERT COLMAN ELECTED PRESIDENT OF THE QUINCY BUSINESS ASSOCIATION

Robert J. Colman, president of Colman's Sporting Goods, was elected president of the Quincy Business and Professional Association.

Colman has served as acting president of the organization since its inception last summer.

Mark Bertman, Rogers Jewelry, is vice-president, Ethe-lynn Sacchetti, Lynn's Card and Gift Shoppe, is secretary and John Farmer, Hancock Bank, is treasurer.

Elected to the board of directors were the following area businessmen: Remo DiNicola, Frank Remick, Ken Fallon, Henry Bosworth, Sumner Cohen, Winthrop Sargent IV, George White and William Kelley.

QUINCYISMS

Austin Radio and Television, 53 Franklin St., South Quincy, was advertising "23" Giant Screen Zenith TVs Consoles for only \$498.95... The Quincy Sun Sunbeams columns reported that Quincy attorney **Stephen T. Keefe** was a strong possibility for an upcoming judgeship... **Mr. and Mrs. Daniel Callinan**, 81 Glover St., North Quincy, welcomed a daughter named **Dennise Lynn**, born Nov. 11 at St. Margaret's Hospital... **Sabina's House of Beauty**, 660 Hancock St., Wollaston, was offering "Senior Citizens, Wash and Set, \$1.75, Haircuts, \$1"... **Jonathan Kolodny**, son of **Professor and Mrs. Ralph L. Kolodny**, 1122 Furnace Brook Parkway, was enrolled in the freshman class at Brown University. He is a graduate of Quincy High School and is seeking a master of medical science degree... **William Ahearn** of the Cities Service Oil Co. was the guest speaker at a recent meeting of the Quincy Lions Club. **Roger Hamel**, club president, presided at the business meeting. **Dr. James Will** was program chairman... **Fireman Apprentice Robert J. Melody**, son of **Mr. and Mrs. Thomas Melody**, 26 Buckingham Rd., Wollaston, graduated from recruit training at the Naval Training Center, Orlando, FL... The Alumni Café, 708 Hancock St., Wollaston, was offering "1 Free Tomato and Cheese Pizza with the purchase of any 4 pizzas of your choice on Mon., Tues., Wed., only"... The Wollaston Theater, Beale St., was featuring "Doctor Zhivago" winner of six Academy Awards, all seats \$1.... Four Quincy nurses attended the eighth Fred Youngdahl Memorial Institute of Cardiac Care at Norwood Hospital. They were **Mrs. Jean Leslie**, **Miss Georgia Buchanan**, **Mrs. Patricia Cornell** and **Mrs. Valerie Palmer**... **Atty. Francis X. Bellotti** of Quincy spoke at an energy seminar for Franklin and Hampshire County attorneys in South Deerfield, MA... **Mayor Walter Hannon** appointed **John J. Lydon, Jr.**, 468 Beale St., Wollaston, to head the city's new Capital Improvement Committee. The committee will compile a comprehensive schedule of major municipal expenditures. Mr. Lydon is president of Lydon-Russell Funeral Home, Wollaston... **The Rev. John Graham**, pastor of the United First Parish Church, Quincy Center, will speak on the topic, "Whom Shall We Kill?" at the Dec. 3 service of worship... **Gunnery Sgt. Frederick R. Eldridge** was recently commissioned a first lieutenant in the Marine Corps. Lt. Eldridge is an 18-year veteran of the Marine Corps... **Aviation Machinist Mate Robert Blake**, son of **Mr. and Mrs. William Blake**, 170 Albatross Rd., Adams Shore, was promoted to his present rank at the Naval Air Station, South Weymouth... **Fire Chief Edward F. Barry** appointed **Rev. David Delaney** of St. John's Church as Catholic Chaplain of the Quincy Fire Department. Fr. Delaney is also chaplain at Quincy City Hospital.

BBB: New COVID-19 Clinical Studies Scam

By BETTER BUSINESS BUREAU

Thought we had seen the end of COVID-19 scams? Think again! Scammers are sending out text messages promoting participation in phony clinical studies. Don't be tempted by the opportunity to help scientists while making extra cash. Make sure it's the real thing before you sign up.

How the Scam Works

You receive an unsolicited message via text, email, or a social media message. It explains that you may qualify for a COVID-19 study, which pays upwards of \$1,000. One version received by BBB staff read: "Local Covid19 Study: Compensation up to \$1,220! Qualify Here: [link removed] stop2stop."

No matter how curious you are – or how much you could use an extra \$1,200 – don't click. It's a scam! The phony message includes a link to see whether or not you qualify for the study. If you click it, you could unknowingly download malware onto your computer or phone. This virus can give scammers access to your usernames, passwords, and other personal information stored on your computer.

In other cases, the link may take you to a website that looks like a real clinical trial. You will be asked for personal information, such as government ID or bank account numbers. Real medical researchers would never ask for this information during the screening process!

How to Avoid Clinical Trial Scams

- Look up the domain. Use lookup.icann.org to look up the URL. Look for warning signs such as a very recent registration date or registration in a foreign country.

- Think the trial is real? Find it on the official website. If you receive a message about a study and want to confirm whether it's true, go directly to (or do a web search for) the organization's website for further information. The National Institutes of Health (NIH) and the National Library of Medicine (NLM) also maintain ClinicalTrials.gov, a free searchable database of clinical studies on a wide range of diseases. If there is no government agency, university, or hospital mentioned, it's likely a scam.

- Never pay to be part of a clinical trial. Real clinical trials will never ask you to pay them.

- Legitimate clinical trials do gather information about candidates – but not financial information. To screen for participants, a real study might ask for your name, contact information, age, gender, race, ethnicity, or various pre-existing medical conditions. But they should never ask you for information like your bank account details.

Read up more about clinic trial scams on the Federal Trade Commission website. Learn more about scams related to COVID-19 at BBB.org/Coronavirus.

Bar Association Of Norfolk County Free Call-In Clinic Dec. 1

The Bar Association of Norfolk County will run a call-in clinic Tuesday, Dec. 1 from 5:30 TO 7:30 p.m. The phone number is 617-471-9693.

The call-in clinic is a free legal clinic. Attorneys experienced in all area of the law will be available for a free one-on-one confidential consultation, to those who have questions or concerns regarding a legal issue.

For those who wish to telephone for a referral, the Bar Association will refer you to an experienced private attorney who specializes in your legal matter. The referral service is a full fee paid service covering auto

accidents, personal injury, estates/wills, criminal, family law and real estate and more. Once referred to an

attorney, the first half-hour consultation is \$25.

For more information, contact the Bar Association

of Norfolk County at 617-471-9693 or admin@norfolkbarassn.org.

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MPL Virtual Adult Programs, Events During December

By JEAN HLADY
Head of Adult Services/Reference
Milton Public Library

In the month of December, the Milton Public Library continues to offer some fun and uplifting events for adults and families as we move into the holiday season.

On Wednesday, Dec. 2 at 7 p.m., Library Director Will Adamczyk will hold a virtual meeting via Zoom of his Local History Book Group. The title to be read in advance is "Black Bostonians" by James Horton (c1999). This work creates a profile of African American Bostonians by examining lifestyles, family structure, culture, community, religion, and marriage patterns. The title brings to light many individual people of color who lived and worked in Boston, including the North End and Beacon Hill communities. We encourage you to participate in this lively discussion about the book with Will via Zoom.

To reserve a copy of the title, call the Reference Dept. at (617) 898-4964 or go to the library's online catalog at www.miltonlibrary.org. Advance registration is open now at our website, as advance signup is required.

Then if you want to attend an "armchair concert," there will be a streamed one-hour Facebook music program dedicated to the Great American Songbook shown on Thursday, Dec. 3 at 7 p.m. Talented vocalist Les Sampou will perform live on the library's Facebook page, accompanied by her pianist Ed Grenga, as part of a group called "The Dirty Martinis." This singer will not only entertain us with her beautiful voice and lots of familiar jazz tunes, but there will be some holiday songs included to inspire us all.

Ms. Sampou, who is also a talented songwriter and guitarist who hails from the South Shore, has 7 Rounder Records albums to her credit and if you have not heard her sing before, you are in for a treat! Ace pianist Grenga brilliantly arranges classics for Les made famous by Billie Holiday, Ella Fitzgerald, Dinah Washington, Peggy Lee, George Gershwin and Harold Arlen, for example tunes like "Ain't Misbehavin'," "Fly Me to the Moon," and "Silver Bells" will be included. You do not need to have a Facebook account to watch this program and it is not via Zoom, but you can just sign up in advance at the Milton Public Library website per usual and once registered, you will receive a URL address via Email to paste into your browser to get to the Library's Facebook page.

On Dec. 3rd starting at 7 p.m. the musicians will perform live there for you to enjoy. For questions about this streamed concert, email jhlady@ocln.org and we hope you will attend this virtual festive event to celebrate the holidays!



THE MUSICAL DUO 'The Dirty Martinis' featuring vocalist Les Sampou (left) and pianist Ed Grenga (right) will perform an "armchair concert" streamed on the Milton Public Library's Facebook page on Thursday, Dec. 3 at 7 p.m.

Courtesy Photo

The next virtual program via Zoom will be an author talk by Professor Russ Lopez on Tuesday, Dec. 8 at 7 p.m., about his book called "The Hub of the Gay Universe: An LGBTQ History of Boston, Provincetown and Beyond" (April 2019). Mr. Lopez has written this excellent summary of LGBTQ people who have been an important presence in Massachusetts since the coming of Europeans in 1620. They challenged gender, social, and sex norms in the 17th century, and contributed to the great effort to liberate LGBTQ people everywhere in the 20th and 21st centuries.

From the Trans Day of Remembrance to same-sex marriage, Boston has been at the forefront of the battle for LGBTQ rights. Meanwhile Provincetown has been welcoming LGBTQ people to its beaches and nightspots since at least World War I.

Professor Lopez is a native of California and attended Stanford University and the Kennedy School of Government at Harvard University. He also has a doctorate from

the Boston University School of Public Health, and is an Adjunct Assistant Professor in Environmental Health at Boston University. He has produced a book of this magnitude working with many others, including the History Project which holds the archives of LGBTQ people of Boston, and he did extensive research at the Boston Athenaeum, the New York Public Library, Northeastern University archives, Harvard University, and Historic New England, just to name a few.

Advance registration is required and we hope you will find Russ' fascinating talk informative and educational. Sign-up is open now and if you would like to borrow a copy of the book, call the Reference Dept. at (617) 898-4964 or place a hold online at www.miltonlibrary.org

The Virtual Library Knitting Group will meet again on Saturday, Dec. 12 at 10 a.m. via Zoom, and in this informal get together, you will find the opportunity to greet people to chat and share your projects. You will have friends on hand to ask advice about your knitting, and all fiber artists are invited to attend. If you would like to join, email jhlady@ocln.org and she will make sure you get on the organizer's list to start receiving the Zoom links. We hope you will check out this fun program!

And finally, on Tuesday, Dec. 15 at 7 p.m., college teacher and historian Sally Cragin is back with a fun Zoom talk called "Winter Celebration: Prints of Plenty - A Visit with Currier and Ives." Printmakers Charles Currier and James Ives were in-law relations and revolutionized home décor with their lithography business during the 19th century.

Ms. Cragin will examine prints, and talk about their themes (the beauty of New England, tragic accidents!) and at the end of the program, the audience can look at a real C&I print in Sally's collection. Their story is the story of America in the 19th century as they pioneered the assembly line, as well as introduced everyone to the dramatic landscapes of the frontier, as well as reminding us all about "home sweet home." Did you know they also specialized in disasters and competitions? Horse racing was one of their most popular themes. Advance registration is required and sign-up opened on Nov. 24th at the MPL website.

You can sign up for all of these programs at this link: <https://tinyurl.com/y5h8u7xz> and they are kindly sponsored by the Friends of the Milton Public Library.

For more information, you can email Librarian Jean Hladky at jhlady@ocln.org or check www.miltonlibrary.org and click on "events." Here's the direct link for registration for all of these events: <https://tinyurl.com/y5h8u7xz>

We look forward to seeing you online for a fun program this December.

Winter Care For Trees, Shrubs And Perennials In Containers

By MELINDA MYERS

As you prepare your landscape for winter don't overlook the trees, shrubs and perennials you have growing in containers. These need a bit of extra protection to help them survive cold winter temperatures.

The small amount of soil in container gardens does not always provide sufficient insulation. The roots are more exposed to temperature extremes than those of their counterparts growing in the ground. Extremely cold temperatures can damage or kill the roots and even the plant.

Plants rated at least one zone harder than your zone can usually survive when left outside for winter. Just

make sure your containers will also tolerate the challenging winter weather.

Here are a couple strategies for helping your other containers through the winter. Select the one that best fits your landscape space and gardening style. Those in apartments or with limited space may need to enlist the help of their gardening friends.

Move containers to a sheltered location. Place them close together for added insulation. Then surround this with annual pots of flowers and vegetables to further insulate the roots. Wait until spring to empty and compost the annual plants. Or cover the pots with woodchips or surround them with bags of leaves, potting mix or bales of straw. Add another layer of insulation by piling snow that is free of deicing salt over the pots throughout the winter.

Any plants growing in nursery pots or plastic containers can be overwintered in a vacant section of the garden. Sink the pots in the ground and make sure the

pot is covered with and surrounded by soil. Water if needed. Then lift the plants in spring and set them in a decorative container to enjoy throughout the growing season.

An unheated garage also provides a suitable location for overwintering container gardens. Heated garages are usually too warm and plants will begin to grow. With a lack of sufficient sunlight, they usually struggle through the winter and often die.

Place the plants away from the overhead garage door. Add a bit of insulation such as packing materials, bagged soil or other potential insulation you probably have in your home or garage. This protects the roots when the temperatures plummet. Water your stored containers whenever the soil is thawed and dry. A scoop of snow that is free of deicing salt works well. Just toss a scoop on each pot. When the temperatures rise the snow melts and waters the pots. Dry soil during a winter thaw is the usual cause of death when pots are stored



MOVING CONTAINERS to a sheltered location and placing them close together for added insulation is one strategy to help them survive cold winter temperatures.

Photo Courtesy Melinda Myers, LLC

this way.

If space allows, you may decide to plant those trees, shrubs and perennials growing in containers into the garden each fall. You will eliminate this overwintering task and have a great excuse

for buying new plants next spring.

Melinda Myers is the author of more than 20 gardening books, including "Small Space Gardening." She hosts The Great Courses "How to Grow Anything" DVD se-

ries and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her web site is www.MelindaMyers.com.

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Social Security Matters Claim Now And Invest It, Or Wait To Claim?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I'm 66 now and will be 67 in December and my question is this: Should I take Social Security now or wait? I'm still working full time and plan to work for a few more years, at least until I'm 70 but maybe longer. I was told by a friend that I should take my Social Security now and put the money into savings, invest it or use it. And, since I'm still working, I'm still contributing to Social Security, so that when I reach 70 I should get the full amount. I'm not sure if this is accurate so would like to hear your advice.

Signed: Uncertain Lady

Dear Uncertain Lady: By taking your Social Security benefit now you will be locking into a benefit amount that is smaller than it would otherwise be if you wait longer to claim. You've already reached your Social Security full retirement age (FRA) of 66 and, since then, have been earning delayed retirement credits (DRCs) at the rate of .667% per month of delay past your FRA. You will continue to earn those DRCs - an 8% higher benefit for each year you delay - until age 70 when your benefit will be 32% more than it would have been at 66 and 24% more than at age 67. Can you do better than that by taking a smaller benefit now and investing it? That depends upon what type of investing you intend to do. I cannot answer that for you, but a guaranteed 8% increase in your benefit amount for each year you delay, resulting in a much higher benefit for the rest of your life, is pretty hard to beat.

It is true that continuing to work now may help increase your Social Security benefit, but that's true regardless of when you claim. Your benefit will be based upon the 35 highest earning years over your lifetime (adjusted for inflation) at the time you claim. If, after your benefits start, your current earnings are higher than any of those used to originally compute your benefit, you will get credit for those higher earnings and your benefit will increase. Even after you claim benefits, Social Security examines your new earnings every year to see if you're entitled to a higher benefit! And you will get credit for your current earnings even if you wait and continue to earn those DRCs for a much higher benefit later.

In the end, when to claim Social Security is a decision that should consider your current and future financial needs, and your health and estimated longevity. If you are working and don't need the extra money right now, and like the idea of a higher benefit later, after you are done working, then waiting to claim makes sense, especially if you're in good health and expect at least average longevity. Average life expectancy today for a woman your age is about 87, and if you attain at least the average, you'll collect much more in cumulative lifetime benefits by waiting longer to claim. Conversely, if your longevity outlook is less than average and you need the money now, claiming earlier is a perfectly good strategy.

One last thing to consider: if you are married and your husband is collecting benefits, you are eligible to file a "restricted application for spousal benefits only" which would let you collect a spouse benefit equal to half of your husband's FRA benefit amount, while allowing your own benefit to continue to grow until age 70. You can do this because you were born in 1953, before the cutoff date of January 2, 1954. The option was eliminated for anyone born after that date.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

SSBT To Stream Its Premiere Film Of 'The Nutcracker'

Recognizing that its annual holiday live production of "The Nutcracker" would be impossible to achieve under the current pandemic's safety protocols, South Shore Ballet Theatre (SSBT) donned its tiaras and leapt into action early in September.

Marthavan McKeon, SSBT founder and Artistic Director, assembled a support team and organized the studio's dancers, each conjuring sugar plum dreams of bringing the quintessential holiday ballet classic safely to the homes of their fans on the South Shore.

"The effects of Covid-19 on the performing arts industry are profound," notes McKeon. "But the holidays will gratefully still arrive, and families will long for the nostalgia inspired by this beloved ballet, so the show must go on." "We have created a captivating live story film to satisfy the essence of this holiday tradition for adults and children alike. The performing arts centers may be vacant, but this story lives on in our hearts and vision."

Over the last two months, filmmakers Derek Taylor and Liam Fitzpatrick collaborated with South Shore Ballet Theatre to create other-worldly scenes across the South Shore landscape. Focused on scenes from The Nutcracker, a schedule was created to film dancers in celebrated costume among the beautiful vistas of some of the region's most recognized outdoor locations, welcomed by many supportive businesses and organizations.

The pandemic has been anything but ordinary for South Shore Ballet Theatre, as with most arts organizations. Social distancing protocols have limited the number of students for in-person classes, a challenge that has been met with all classes being offered, both virtually and in person. Across the arts industry, reliable sources of revenue are greatly reduced with the sudden halt to performances, and this alternate version of The Nutcracker is no different. "This production is traditionally one of our largest income generators of the year. We rely on the ticket sales to fund our many other initiatives. To eliminate it completely would exacerbate our budget constraints. We are working hard to keep ballet alive and consider this production and our innovative programs as a bridge back to normalcy," said McKeon.

"It has been a wonderful process," shares McKeon. "Every conversation with local business owners and boards of trustees inspires

the leadership of our region to step up and support the arts. Without their support, we could not have recreated this holiday tradition in a pandemic." The need to navigate weather and wind, with ballerinas dancing outdoors, sometimes on gravel or concrete, is not stereotypical of a Nutcracker production, but none of these obstacles interfered with SSBT's vision. The final footage for the production was shot on Oct. 25, with barely a month's time to navigate editing and production before its premiere in early December.

South Shore Ballet Theatre's full-length production of The Nutcracker has celebrated the magic of the holidays on the south shore for more than 12 years. This year's filmed version still captures the enchantment of the story, with Clara exploring the world of magic from her family's living room on Christmas Eve, through an enchanted forest of dancing snowflakes, and into the magical Land of The Sweets led by the Sugar Plum Fairy. The production runs for about an hour and features 67 student dancers representing communities from across the South Shore.

Among the dancers cast in this year's performance is Quincy's Caroline Connelly and Claire Buchholz.

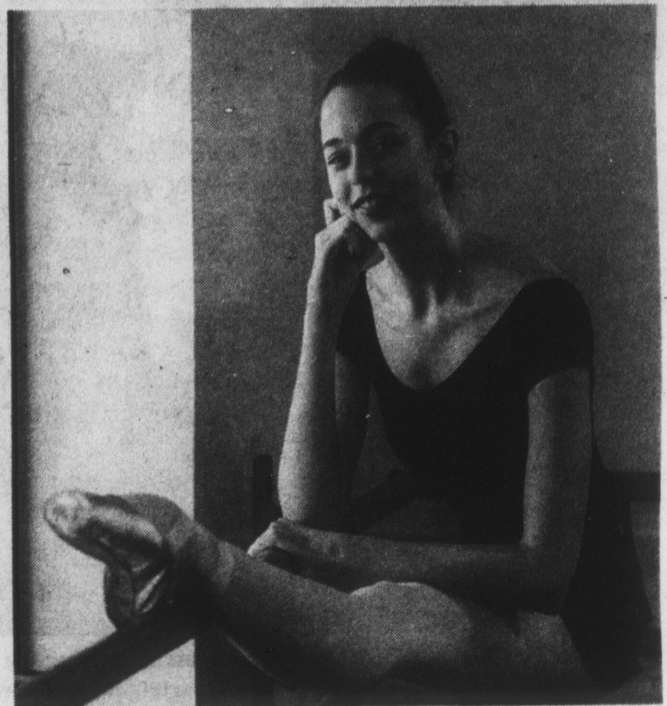
Caroline is a senior at Walnut Hill School in Natick, where she previously studied dance and now studies writing and film.

She started dancing at the age of three and has developed a passion for ballet ever since. She began her dance studies at South Shore Ballet Theatre when she was 6 years old and continued to do so for years taking part in "The Nutcracker" every year along the way until she began high school.

Caroline rejoined the SSBT family at the beginning of her senior year after deciding she wants to continue pursuing dance and taking part in performances with the long-term friendships she has with the other dancers. This year, Caroline danced in Arabian and Waltz of the Snowflakes in SSBT's upcoming video performance of "The Nutcracker."

Claire Buchholz, age 7, began dancing at South Shore Ballet Theatre in 2019 and is Level 1i. This year, Claire was a Palace Fairy in SSBT's new Nutcracker movie in 2020.

Online showings of The Nutcracker film are available throughout the month of December. Tickets start at \$20 per person, with opportunities for a private studio watch party at SSBT and school fundraising events.



QUINCY'S CAROLINE CONNELLY, a senior at Walnut Hill School in Natick, is a featured dancer in the South Shore Ballet Theatre's film, "The Nutcracker." *Courtesy Photo*

For a full streaming performance schedule and to purchase tickets, visit buy.tututix.com/southshoreballettheatre. A link to the performance feed will be provided upon purchase, and can be viewed on a computer, hand-held device or cast to a television screen or monitor.

South Shore Ballet Theatre gratefully thanks the leadership of Soule Nash Gardens and The King Caesar House, French Memories, Millbrook Farms, and The Oysterman, all in Duxbury; St. Paul's Church, Hingham Community Center, Carolann's, Whitney Gordon's Jewelers, Bloomy Rind, Maggie's Dog House and Hingham Bathing Beach in Hingham, The Norris Reservation in Norwell and Bia Bistro, Atlantica and Old Salt House in Cohasset, for the generous use of their grounds and properties for the filming of this production.

Tickets to streaming showings of The Nutcracker film range from \$20 to \$30 for individuals, available on

select dates between Dec. 4 and 23. Tickets allow 24-hour access to the film showing online during the selected date of purchase, and can be accessed from any device with streaming capability from locations that have a reliable internet connection.

In addition, private VIP studio rental watch party group tickets, including concessions for \$275, limited to 10 guests maximum (pandemic safety protocols apply), available on select Saturday evenings and Sunday afternoons between Dec. 5 and 20. School group tickets are available at for \$25 for individuals, with \$5 of each ticket supporting the host school community's local education fund, showing opportunities available upon request.

Tickets are available for purchase at buy.tututix.com/southshoreballettheatre.

For more information about South Shore Ballet Theatre, its programs, tuition and performances, visit southshoreballettheatre.com.

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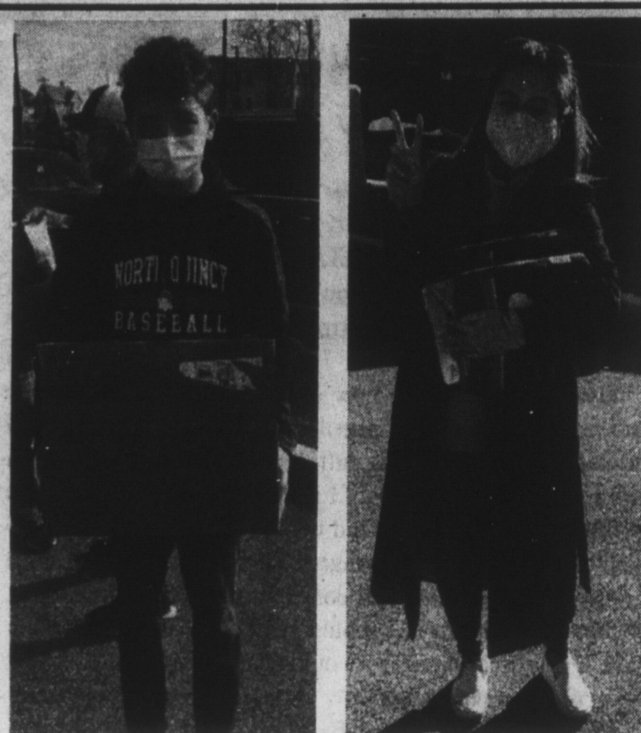
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THE NORTH QUINCY High Football program, in conjunction with the boosters club, recently hosted a food drive in support of Interfaith Social Services. Among those supporting the effort were (from left to right) Tracey Dooley, Dr. Allan Yacubian, Ward 6 Councillor Bill Harris, Head Coach Ryan Craig and Michelle Knowles.



OTHERS SUPPORTING the food drive included Ben Snyder (left), a North Quincy High School junior and football player, and City Council President Nina Liang (right).

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Stuffed Cabbage With Beef Stew

By MARIE

Today you are going to have a choice – either to make a delicious stew to serve on its own, or making it as delicious stuffing for cabbage leaves. Right now, I know what you are thinking: that it is going to be way too much work, but I have a solution for that.

If you really want to try to this recipe make the stew early in the day and refrigerate it until you are ready for phase two.

Stew Recipe

- 1-pound beef or veal, cut into 1-inch pieces
- 1 medium onion, chopped
- Salt and pepper to taste
- 3 tablespoons of white wine
- 3 potatoes, peeled, washed and cut into pieces
- 3 carrots, peeled, washed and cut into pieces
- 2 or 3 tablespoons of oil, any kind – or butter
- 2 cups of water

Using a large pot, in the hot oil, brown the onions and meat.

When the meat turns brown, add the wine and stir, then add the cut-up potatoes, carrots and then the water.

Cover and cook on low heat until all of the vegetables are done and tender.

Remove one cup of the liquid and set aside to make a gravy or sauce if you are going to make and stuff cabbage leaves.

Just add one teaspoon of flour and heat to make a gravy.

You can also use tomato sauce instead.

If you are going to do the stuffed cabbage with the stew, below is the recipe for the cabbage.

- 1 medium-size cabbage, remove core with sharp knife
- 1 large pot of boiling water.

Place the cabbage core-side down add to boiling water and cook for 10 minutes.

Remove the cabbage and let cool.

When cooled break apart leaves using two forks.

Spread leaves open and place stew in middle of leaves and wrap.

Place in a baking pan with a little bit of the sauce on the bottom covering the entire baking dish.

Pour remaining sauce over stuffed cabbage leaves.

Cover with foil and bake in 350 oven for 30 minutes.

Pasta And Beans

By SUSIE

I grew up on pasta and beans, and my dad loved it with a bunch of pepper sprinkled on it (which of course would make him sneeze....but we got used to it!)

We all loved when our mom prepared this dish. Here is my recipe for it. Not as good as my moms (of course) but tasty just as well!

- 1 16-oz. can white beans (pea, navy, Great Northern), organic preferred
- 4 Tbsp. olive oil
- 1 onion, chopped fine
- 2 carrots, chopped
- 2 Tbsp. dried basil
- 1 tsp. dried oregano
- 2-3 cloves minced garlic
- 16-oz. can tomatoes
- 1 tablespoon tomato paste
- 1 cup chicken broth
- 1-2 tsp. salt

- 1/2 lb. rice elbow macaroni
- pepper
- grated cheese

Directions

Drain beans.

Heat olive oil in pan.

Add onions, carrots, oregano, garlic and basil.

Cook until vegetables are wilted.

Add tomatoes, paste, broth, salt, and pepper.

Cover and simmer for about 10 minutes, until the vegetables are tender.

Add the drained beans and simmer for another 10 minutes.

Meanwhile, cook and drain the macaroni.

Toss with 1 Tbsp more olive oil and then mix with the bean sauce.

Enjoy and serve with a "sprinkling" of pepper and lots of parmesan.

North Quincy Football Team Hosts Food Drive

The North Quincy High Football program, in conjunction with the boosters club, recently hosted a food drive in support of Interfaith Social Services.

As a result of the community's generosity, eight large boxes of non-perishable foods and personal hygiene items were collected. When asked about the drive Head Coach Ryan Craig praised

the work of the players, parents and community members who came together, specifically Boosters Club officers Tracey Dooley and Michelle Knowles who organized the event.

"Interfaith Social Services does great work for those families most in need. With Thanksgiving right around the corner, especially this year given the effects of

COVID, it's important that we are there for those families and individuals who need a hand," Craig said.

"While building a winning football program is what we aim for, it's also important that we help our players develop into good citizens who are there for their neighbors who need a hand," the head coach added.



BOOSTER PARENTS (left to right) Tracey Dooley, Paula Glynn and Theresa Sullivan organize non-perishables collected during a recent food drive for Interfaith Social Services.



COUNCILOR AT-LARGE Noel DiBona (second from left) drops off a donation of food at the recent NQHS football program food drive. With him from left to right are Tracey Dooley, Michelle Knowles and Head Coach Ryan Craig.

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Diabetes And Your Feet: Be Proactive

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

If you are one of the millions of people affected by diabetes, persistent high blood sugar levels can put you and your feet at risk for serious complications.

Two conditions called diabetic neuropathy and peripheral vascular disease can cause extensive damage. Approximately 10 percent of people with diabetes develop foot ulcers secondary to peripheral vascular disease and nerve damage.

Chronically high sugar levels associated with uncontrolled diabetes can lead to nerve damage that interferes with the ability to sense pain and temperature, increasing the risk that a person with diabetes will not be aware of problems with their feet. People with diabetes may not detect sores or cuts on the feet, which in turn can lead to an infection. Nerve damage can also alter the function of foot muscles, causing improper alignment and injury.

Diabetes is also associated with poor circulation. Peripheral vascular disease signifies compromised blood flow in the arms and legs. Poor blood flow intensifies the chance that in-

fections will not heal, thus increasing the risk of tissue death, ulcers and gangrene.

Those with diabetes are at increased risk for serious complications associated with these conditions, including infection and even amputation. Some common foot complications include:

• Athlete's foot

Cracked skin, itching, and redness accompany this condition. Fungus enters cracks in the skin causing an infection that must be treated with antifungal medications. Oral medications or topical creams may be used to treat athlete's foot.

• Fungal nail infection

Thick, brittle, yellow-brown, or opaque nails are common with fungal nail infections. The infected area may crumble or seem to pull away from the rest of the nail. Oral medications are most effective in treating fungal nail infections. Sometimes, surgery is essential to remove infected areas of the nail.

• Calluses

Calluses are hard areas of thickened skin that accumulate on the bottom of the feet. Uneven weight distribution, a skin abnormality, or ill-fitting shoes may cause calluses.

• Corns

A corn is a thickened, button-like area of skin that builds up between the toes or adjoining a bony area of a toe. Pressure and friction instigate corns. Avoid over-the-counter corn removal treatments.

• Blisters

Blisters are raised, fluid-filled areas of skin that form as a result of friction. To care for a blister, keep the area clean, apply antibacterial cream or ointment, and cover it with a bandage to reduce the risk of infection. Popping a blister is not advised since the skin covering the area helps guard against contamination of the area.

• Bunions

A bunion is a tender, red, callused area that forms on the outside of the joint of the big toe. They may appear on both feet and tend to run in families. Wearing high-heeled shoes with inadequate toe room increases the risk of bunions. Shielding the bunion with padding or a foam cushion helps protect it. If the bunion is extremely painful or unsightly, surgery may be used to alleviate the symptoms.

• Foot ulcers

When a minor scrape or skin break on the foot becomes infected, a sore can

result. In people who have diabetes, sores heal slowly or may not heal at all, resulting in a skin ulcer. Prompt diagnosis and treatment are necessary to reduce the risk of complications.

• Hammertoes

Weakened muscles in the toes contribute to the curled appearance known as "hammertoes." Hammertoes can be hereditary. They can also be triggered by wearing shoes that are too small and don't provide adequate toe room. Corrective footwear and splints can help reposition and treat hammertoes. Sometimes surgery may be needed to straighten the affected toes.

• Ingrown toenail

Ingrown toenails derive their name from growing into the skin along the edges of the nail. An ingrown toenail may produce pain, pressure, and even cut into the skin leading to an infection. Wearing tight or ill-fitting shoes increases the risk of ingrown toenails. High-impact activities such as jogging and aerobics may impact the problem. The most beneficial way to prevent ingrown toenails is to keep the nails trimmed. Professional medical treatment is necessary if an ingrown toenail is severe or if there is an in-

fection. Sometimes surgery is necessary to remove the affected part of the nail and the growth plate from which the nail grows.

• Plantar warts

Thickened areas on the soles of the feet that have small black spots or pinholes are probably plantar warts. Plantar warts are caused by a virus. The involved patches of skin are painful and may occur as a single lesion or in clusters. Plantar warts should be treated by a professional as over-the-counter remedies can worsen the situations or cause further complications.

Successfully living with diabetes requires a heightened awareness of your health and your condition. Taking appropriate care of your feet can prevent problems before they start. Keeping your blood sugar levels within the recommended range is one of the best things you can do.

Follow your doctor's recommendations regarding diet, exercise and medication. Daily foot checks are particularly important if you have inadequate blood flow. Carefully inspect your feet daily for redness, blisters, sores, calluses, and other signs of irritation.

Wash your feet daily



RUTH JONES

with non-irritating soap and warm water, avoid soaking your feet. Dry your feet completely after bathing, paying special attention to the areas between the toes. Trim toenails straight across using a nail clipper. Proper footwear, socks, and stockings are essential components of protecting your feet.

Throughout the day, if possible, prop your feet up when sitting down and take frequent breaks to flex and point your toes and circle your feet in both directions. Avoid crossing your legs, especially for long periods. Smoking aggravates blood flow issues, so avoid smoking and if you do smoke, quit.

Being proactive about your foot care helps to keep you a step ahead of diabetes and its complications.

Ruth Jones is the health commissioner for the City of Quincy.

Opioid-related Overdose Deaths Rose Slightly First 9 Months Of 2020

Opioid-related overdose deaths in Massachusetts increased slightly in the first nine months of 2020 compared with the same time last year, according to preliminary data released today by the Massachusetts Department of Public Health (DPH). In the first nine months of the year, there were 1,517 confirmed and estimated opioid-related overdose deaths, an estimated 33 more deaths than in the first nine months of 2019.

The estimated uptick coincides with the extraordinary public health challenges presented by the COVID-19 pandemic that led the Commonwealth to swiftly enact overdose prevention efforts, including expanding telehealth services, reducing barriers to treatment, expanding naloxone distribution, and receiving federal approval to permit licensed treatment programs to provide take-home doses of medications for opioid use disorder.

"As we battle the COVID-19 pandemic, we remain committed to continuing our work to address the opioid crisis and support our residents," said Gov. Charlie Baker. "We recognize that

the stress, anxiety and social isolation brought on by COVID-19 can be especially hard on those dealing with substance use disorder and we remain focused on serving those in need with our multi-pronged strategy to overdose prevention treatments, services, and supports."

"We remain committed to supporting our residents as we battle public health challenges like COVID-19 and the opioid crisis," said Lt. Governor Karyn Polito. "Our Administration continues to make progress in the fight against the opioid epidemic and to ensure that life-saving treatments remain accessible across the Commonwealth for the people and families impacted by this disease."

In response to reports of increases in opioid-related overdose deaths that may be tied to isolation and other pandemic-related factors, DPH distributed more than 75,000 naloxone kits from March through September to opioid treatment programs, community health centers, hospital emergency departments, and houses of correction. For individuals recently released from incarceration, the naloxone

kits included information on medications to treat opioid addiction and other critical community resources.

DPH received a two-year \$113.9 million federal grant in August to continue its aggressive response to the opioid epidemic by increasing access to all FDA-approved medications for opioid use disorder, reducing unmet treatment need, and reducing opioid misuse and overdose through prevention, intervention, treatment and recovery initiatives. This grant includes nearly \$57 million a year in federal funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) through September 2022.

"We continue to aggressively target resources that are critical to responding effectively to the opioid crisis," said Health and Human Services Secretary Marylou Sudders. "We will continue these efforts and work with treatment providers to reduce opioid addiction and overdose deaths."

"The opioid epidemic continues to impact too many families and vulnerable populations who've had to contend with the added fears and stresses

of a pandemic," said Public Health Commissioner Monica Bharel, MD, MPH. "Through these and other efforts, we have not let up on our efforts to address opioid addiction."

Overall, opioid-related overdose deaths dropped 5 percent in 2019 since their peak in 2016, when 2,102 people died, preliminary data show. Fentanyl has been a persistent factor in many of these deaths. In the first half of 2020, the rate of fentanyl present among opioid-related overdose deaths where a toxicology report was available was 93 percent. Despite the growth of fentanyl use, the 2020 opioid-related overdose death rate of 29 per 100,000 people is approximately 5 percent lower than the 30.6 per 100,000 in 2016.

In the first six months of 2020, the rate of heroin or likely heroin present in opioid-related overdose deaths was 16 percent, continuing a downward trend since 2014. After fentanyl, cocaine continues to be the next most prevalent drug among opioid-related overdose deaths, present in toxicology reports at a rate of 46 percent in the first half of 2020.

Toxicology screens indi-

cate that benzodiazepines, amphetamines, and prescription opioids in opioid-related overdose deaths have remained stable.

Among the other findings of the latest opioid report:

- Between 2018 and 2019, the confirmed opioid-related overdose death rate for all residents remained nearly the same: 29.4 per 100,000 in 2018 and 29.5 per 100,000 in 2019. However, the rate for all Black non-Hispanic residents increased nearly 38 percent from 15.7 to 21.7 per 100,000 between 2018 and 2019.

- In the same time period, the confirmed opioid-related overdose death rate for Black non-Hispanic and Hispanic men increased, while it decreased for white non-Hispanic and Asian Pacific Islander non-Hispanic men.

- Between 2018 and 2019, the confirmed opioid-related overdose death rate for Black non-Hispanic women increased, while it decreased for white non-Hispanic and Hispanic women.

- Males comprise 72 percent of all opioid-related overdose deaths occurring

in the first nine months of 2020.

- 57 percent of opioid-related deaths occurred in people who were between 25 and 44 years old

- 36 percent were between 45 and 65 years old

- In the second quarter of 2020, males aged 25-34 continued to represent the greatest number of suspected opioid-related incidents treated by Emergency Medical Services (EMS), accounting for 23 percent of opioid-related incidents with a known age and sex.

- Naloxone was administered in 96 percent of acute opioid overdoses during the first six months of 2020. In that time period, 56.9 percent of all opioid-related EMS incidents were categorized as acute opioid overdoses.

- Just over 219,000 individuals in Massachusetts received prescriptions for Schedule II opioids in the third quarter of 2020, which is a significant increase from the previous quarter when about 46,000 individuals were receiving these prescriptions, but a nearly 44 percent decrease from the first quarter of 2015 (n=390,532).

On Friday, Nov. 20, at about 1:15 a.m., officers received a radio call for a reported breaking and entering to a motor vehicle in progress on Mortimer Terrace.

The reporting person was on the phone line with communications reporting her husband was out chasing the suspect on foot. He was last seen chasing the suspect from his driveway heading out to Faxon Park Road from Mortimer Terrace. The caller remained on the phone line updating communications with her husband's last known location.

Officer Yee responded to the residence on Mortimer Terrace while other Quincy police units arrived in the area. A second call came into communications from a resident at Stanley Cir reporting someone chasing another person near their house.

Upon Officer Yee's arrival at Mortimer Terrace, he was met by the female resident. She told Officer Yee she was in her bedroom and heard a car door shut in her driveway. When she looked out the window she saw a male subject wearing a black hoodie over his head searching through her car. She said she woke up her husband and told him someone was breaking into their car. Her husband went outside to check on the car and confronted the suspect coming out of the driver's side door.

The suspect began to walk away towards a neighbor's house with something in his hands. The male resident told

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

the suspect to lay down on the ground. The suspect sat down momentarily, but then got up running towards Faxon Park Road. The male resident gave chase running down Faxon Park Road to Faxon Park Lane. The suspect then jumped the fence into the backyard of one of the residences.

At this time, multiple Quincy Police units were in the area searching for the suspect and the male homeowner who was chasing him. Officer DaSilva observed a person walking down Scammell Street near the entrance to the Quincy Credit Union. She observed the clothing description to match that of the suspect. She also observed that he was walking quickly with his head down.

Officer DaSilva stopped and detained the individual pending further investigation. She observed that the male subject was visibly out of breath. Sgt. Keenan advised that officers had located the caller's husband and he was going to conduct a show up identification. The homeowner was 100 percent certain the individual detained was the person

he observed in his vehicle and pursued. At that point, the detained individual was advised he was under arrest and the police wagon was called for transport.

Meanwhile, Officer Yee deployed his canine Mochi to conduct an item search for possible discarded items. Based on Mochi's behavior, Officer Yee was able to recover several items along the path of the suspect. Items included a black knife with a black handle and a black sheath holster, credit cards, sunglasses, a case for sunglasses, and some loose coins. Upon further investigation, Officer Yee discovered that a second car on Mortimer Terrace had been broken into. He was able to contact the vehicle owner. Lieutenant Flaherty also located another vehicle break on Harwick Road. Communications was unable to contact the vehicle owner, however, detectives from our Bureau of Criminal Investigations will follow-up.

The 31-year-old from Pembroke was transported to the Quincy Police Station where he was booked in the usual manner. He was charged with two counts of breaking and entering a motor vehicle. Additional charges may be filed pending the outcome of a full investigation by our detectives. Great work!

Almost all motor vehicle breaks can be prevented by simply locking the doors! Make sure to remove or hide any valuables as well!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, NOV. 13

BREAKING AND ENTERING/ATTEMPT (business), 6:32 a.m., 36 School St. Caller states that when she went to open for the day she discovered the front door smashed; believes someone attempted to break in but couldn't ultimately get in. Report submitted.

BREAKING AND ENTERING/PAST (business), 8:13 a.m., Peking Kitchen, 1659 Hancock St. Front door glass is smashed. Report to be filed.

ASSAULT AND BATTERY (report), 2:31 p.m., Quincy Rehab Nursing Center, 11 McGrath Highway. Report from resident, advised officer will call. Report to be filed.

LARCENY (package), 4:02 p.m., Evans Street. See caller in QPD lobby. Package was stolen. Report.

BREAKING AND ENTERING/ATTEMPT (past), 5:02 p.m., 100 Granite St. Caller went to put trash out and saw that someone had attempted to break into the building with a crowbar that was left behind. Piece of rebar submitted into evidence. Report submitted.

LARCENY (computer), 7:23 p.m., Mary Street. See caller in the QPD lobby. Caller said he was having a computer delivered to his home. He said someone took the computer out of the box but left the shipping box. Report.

BREAKING AND ENTERING/PAST (dwelling), 8:37 p.m., Newbury Avenue. More information to follow. Caller states that his friend called him and said that his in-home camera stopped working so he was asked to check on the house. When he got there he found the front door open. Caller states he did not go in to check to see if anyone was still there. Caller is still in area waiting for officers. Confirmed break. K9 Luna being deployed. Report to be filed.

VANDALISM/PROPERTY (just happened), 9:03 p.m., Rice Road. Sent on way. House was egged/kids area in the parking lot of the school now. Correction: kids are in the parking lot of the Beechwood Knoll School. Strong advised; clear.

VANDALISM/PROPERTY (egg thrown), 9:22 p.m., Fenno Street. Reporting party reports 20 minutes ago someone threw an egg at his window. No possible suspect description. Would like to speak to an officer. Advised units tied up and will contact when available. Incident closed.

VANDALISM/PROPERTY (egging cars), 10:18 p.m., South Street and Southern Artery. Gone on arrival. Female caller states that a group of youths egged her car while she was at the light. She has since pulled into Walgreens parking lot.

SATURDAY, NOV. 14

VANDALISM/PROPERTY (egg through window), 2:56 p.m., Elm Avenue. House window was smashed, then an egg came through into room. Happened this morning. Case number provided.

LARCENY (cell phone), 11:41 p.m., 2 Hancock St. Male locked the caller out of an apartment after taking her phone and ID. Report.

LARCENY (past), 3:59 p.m., Walmart, 301 Falls Blvd. Reporting party states he went into Walmart with a travel bag and a hot spot on Oct. 31 and he was getting assistance from one of the employees and someone took his iPad and hot spot. Would like to file a report and speak with an officer.

MONDAY, NOV. 16

LARCENY/MOTOR VEHICLE (2014 Honda CRV, black), 5:11 a.m., Oakland Avenue. Caller states that he last saw his vehicle around 4 p.m. yesterday. He states he parked it in front on his house. Caller states keys were not left in vehicle, and there is no one who may have taken his car that he is aware of. Report to be filed.

VANDALISM/PROPERTY (gray Jeep Grand Chero-

kee), 8:55 a.m., 72 Sagamore St. Parked in the street; water tank broken, windshield wipers, air out of tires.

BREAKING AND ENTERING/ATTEMPT (to two vehicles), 11:33 a.m., East Squantum Street. Occurred on Nov. 16 at 5:25 a.m. Email sent out QPD Dept.-wide with photos of suspect.

LARCENY (purse), 1:01 p.m., Willard Street. Was left in her friend's car last night in parking lot of Rosecliff Apartments. Friend would not give it back today. \$9,000 in cash in the purse with cell phone. See female in the QPD lobby now. Reporting party called back her purse was returned with all the cash.

LARCENY (2 UPS packages), 2:34 p.m., Hancock Street. Taken today, two packages from the package room first floor. Building management is aware. Report to be filed.

LARCENY (past), 2:43 p.m., Home Depot, 465 Centre St. Serviced. Incident closed.

ASSAULT AND BATTERY (in lobby), 6:58 p.m., Planet Fitness, 50 Adams St. Serviced. Caller advised. Incident happened in Boston.

VANDALISM/PROPERTY (egg), 8:52 p.m., Broadway. Residents states their house was egged. Party just wanted to document does not want to see an officer. No suspect info, stated they looked out window immediately and suspects were gone. Incident closed.

TUESDAY, NOV. 17

VANDALISM/PROPERTY (vehicle keyed), 7:47 a.m., Lincoln Heights Condos, 175 Centre St. Given a case number.

LARCENY (package), 8:38 p.m., 95 Martensen St. Serviced.

LARCENY (money), 8:54 a.m., Burgin Parkway Ext. Reporting party told officer would call him back. No apartment specified. Report.

LARCENY (medical equipment stolen), 11:17 a.m., Wollaston Manor, 91 Clay St. Delivery box was opened. Report to be filed.

BREAKING AND ENTERING/PAST (business), 1:10 p.m., 1250 Hancock St. Report to be filed.

INDECENT EXPOSURE (urinating/park), 2:40 p.m., Faxon Park, 82 Faxon Park Rd. By the circle, driving a black RAV 4, black male. Gone on arrival.

VANDALISM/PROPERTY (window shot), 3:19 p.m., Common Street and Quarry Street. Reporting party pulled over between Common in a 02 white Ford van. Report to be filed.

VANDALISM/PROPERTY (broken window), 3:25 p.m., Mayflower Road. House also egged. Serviced.

BBB: Beware 'Secret Sister' Gift Exchange Scam

Cont'd From Page 4

U.S. Postal Inspection Services explains that these gift exchanges are considered a form of gambling and that participants could be subject to penalties such as jail time, fines or a lawsuit for mail fraud.

There is another layer of danger to participating in these schemes. When signing up, the alleged campaign organizer is asking for personal information such as a mailing address

or an email. With just a few pieces of information, cyber thieves could expose you to future scams or commit identity theft.

The next time someone promises a bounty of gifts or cash by mail, email, or social media, BBB recommends the following:

- **Ignore it!** Keep in mind that pyramid schemes are international. Chain letters involving money or valuable items and promise big returns are illegal. Stop and

ask, is it worth breaking the law? Report it instead to Canadian agencies or to the U.S. Postal Inspection Services.

- **Report social media posts.** If you receive an invitation to join a pyramid scheme on social media, report it. You can report these Facebook posts by clicking in the upper righthand corner and selecting "Report post" or "report photo."

- **Never give your personal information to strangers.** This will open

you up to identity theft and other scams.

- **Be wary of false claims.** Some pyramid schemes try to win your confidence by claiming they're legal and endorsed by the government. These imposter schemes are false as the government will never endorse illegal activity. No matter what they claim, pyramid schemes will not make you rich. You will receive little to no money back on your "investment" or gift exchange.

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Concern Over Coronavirus Spread During Holidays

Cont'd From Page 3

expect we would see more cases after Thanksgiving and after Christmas."

The state Department of Public Health has advised residents to limit the size of their Thanksgiving celebrations this year amid the pandemic. Earlier on Nov. 18, Marylou Sudders, the state's health and human services secretary, said hosts should, "limit in-person holiday gatherings to only people you live with or limit it to a small group of individuals who are part of your bubble."

The state has also imposed a 10-person limit on private indoor gatherings that stays in effect for Thanksgiving, as well as a stay-at-home advisory that asks residents to remain home between 10 p.m. and 5 a.m. each night unless they leave for work or essential

services, like getting medical care or purchasing food.

Jones told the school board parents need to abide by those guidelines – and others, including the requirement to wear face coverings in public – if they want their children to continue receiving in-person learning.

"We have to depend on and hope that with all the information that we have given out and the state has given that parents are going to do the right thing by their children," Jones said. "If you want your kids to stay in school – and most parents want their kids to be in school and have as much in-school learning as you can – you have to do the right thing."

Jones said 21 Quincy Public Schools students had tested positive for COVID-19 between Nov. 4 and

Nov. 17. Of those students, eight were remote learners, eleven were hybrid learners and two were in-person full-time.

During the previous two-week period, Jones said there were 11 students who tested positive for COVID-19, including three remote learners, seven hybrid students and one full-time in-person student.

The increase in cases among students corresponds to an increase in cases seen throughout the city and state, Jones stated.

"We still have no seen any in-school transmission among students, and we have had a lot of instances where that could have happened, and it did not," she said. "The guidelines are being followed quite well and I think they are working still."

Those guidelines in-

clude a requirement that all staff and students in grade 2 and above wear masks; masks are recommended for younger students. The city is also requiring six feet of distancing within schools and taken steps to ensure proper hand hygiene is being followed.

The hybrid learning model the district has been following remains a safe option, Jones said, even as cases are up citywide.

"I think we are still in a safe spot to continue the way we are doing school now – I really do. I think the hybrid program has not proven to increase any amount of in-school transmission," Jones said.

"We have seen eight cases in remote [students] and eleven in hybrid. I don't think you are seeing a huge number more in hybrid than you are seeing in remote

kids."

Jones said the increase in cases in the city has been primarily caused by spread within households.

"We're still getting cases where we are getting five or six family members all positive either at the same time or positive within a few days of each other," she said.

Jones said that during a previous two-week period there were two instances of a teacher and a paraprofessional working in the same classroom both testing positive for COVID-19; the cases were at different schools. In-school transmission was ruled out in one of those instances but was undetermined in the other.

"We thought in both cases it could be in-school transmission," Jones said. "In one case, we pretty much ruled that out. In the second case, it could have

been, but the hard part there is one of those cases actually had contact to a case at home too, so it was almost impossible to really rule it out but impossible to really link it either. At this point, we don't know."

North Quincy High School was closed for two weeks – with students moving to a fully remote schedule – after students were found to partying over Halloween weekend without following guidance for masks and distancing.

Jones said her department was able to get a list of many of the students who attended one party that weekend; as of Nov. 18, there was no outbreak of cases among students on that list.

The Health Department was unable to get the names of students who attended other parties that weekend, Jones said.

NeighborWorks Signs Onto MA Housing Stability Pledge

NHS Moratorium On Evictions Extended Through March 31, 2021

NeighborWorks Housing Solutions, the leading housing service provider in southeastern Massachusetts, announces it has signed the Massachusetts Housing Stability Pledge, and plans to hold on any evictions related to the ongoing COVID-19 pandemic through March 2021.

NeighborWorks Housing Solutions owns and operates more than 1,000 units of housing throughout southern Massachusetts.

The Massachusetts Housing Stability Pledge focuses on five main tenets:

- Abide by and support the current CDC eviction moratorium
- Proactively engage with residents and create payment plans
- Support and accept rental assistance payments
- Promote rent adjustments for Section 8/MRVP families
- Encourage structured and interactive mediation

Although the CDC eviction moratorium expires on Jan. 1, 2021, NHS is committed to extending its moratorium through March 2021. (The Massachusetts moratorium expired on Oct. 17.) NHS joins seven other signatory organizations (and counting) that collectively represent more than 40,000 units in the area.

Additionally, the pledge highlights the challenges residents across Massachusetts have faced over the

past nine months.

"Compassion for the residents who call our communities home is a principle of each of our organizations and as such, we believe it is vital to take a leadership role in response to the COVID-19 pandemic," according to the pledge. "The social, public health and financial stability of the Commonwealth, its cities and towns, housing owners and operators and residents are interwoven, and we understand the critical role each party must play by standing together during this crisis. We pledge to stand with the Commonwealth of Massachusetts and Governor Baker in support of Hous-

ing Stability and Public Health."

NHS also continues to provide foreclosure counseling as well as landlord services, financial counseling, rental assistance, free CHAPA and HUD-certified homebuyer education, and other housing resources. NHS is also the only organization throughout southern Massachusetts that administers the state's Rental Assistance to Families in Transition (RAFT) financial assistance program.

"Unfortunately, the conditions caused by the pandemic have only exacerbated the housing issues faced by members of our community; but now, evictions also have additional serious and immediate ramifications,

including risk to personal health and, for children, an inability to continue remote learning," said Robert Corley, executive director of NeighborWorks Housing Solutions. "We are doing all we can to help alleviate these conditions, and feel that proactively extending the moratorium on evictions for residents of our communities will provide some sense of comfort and stability while we continue to navigate these challenges and determine best courses of action to augment housing security."

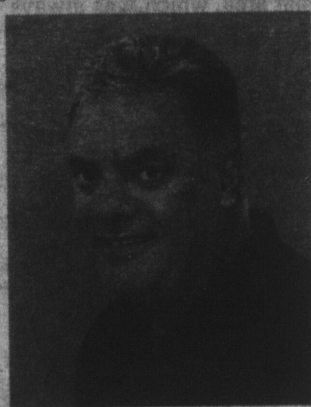
For more information, or questions regarding evictions or foreclosures, call the NHS Housing Hotline at 781-422-4208. All call lines offer assistance in multiple languages.

ABC Supply Co. Opens Quincy Location

ABC Supply Co. Inc., a wholesale distributor of roofing, siding and other select exterior building products, has opened a new location at 115 East Howard St. in Quincy.

Joe Camara manages the new location. Camara began his career with ABC Supply in 2007 as an outside sales representative for the Fall River location, helping contractors expand and grow their businesses.

"We're excited about the opening of our Quincy



JOE CAMARA

branch, which will allow us to meet the growing demands for building products and support in the Greater

Boston area," said Tom Kuchan, vice president of ABC Supply's Northeast Region. "Joe and his team will do a great job of ensuring that area contractors get the support they need to make their jobs easier."

Branch hours are 7 a.m. to 4 p.m., Monday through Friday, and 7:30 to 11 a.m. on Saturday. The phone number is (617) 691-1345. Contractors can also place and review orders and track deliveries online using my-ABCsupply.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
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Public Access Channel 8

Thursday, November 26
5:00pm: Bethany Congregational Church
8:00pm: 2019 Thanksgiving Football

Friday, November 27
12:00pm: AM Quincy: Wollaston Garden Club
8:00pm: 2019 Thanksgiving Football

Saturday, November 28
1:00pm: The Call
2:00pm: 2019 Thanksgiving Football

Sunday, November 29
7:00pm: 1984 Christmas Parade
8:00pm: Christmas Parade: 40 Years

Monday, November 30
11:30am: Currently in Quincy
7:00pm: Sound Advice

Tuesday, December 1
7:00pm: AM Quincy: Mayor Thomas Koch
7:30pm: Quincy in Focus

Wednesday, December 2
5:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, November 26
1:30pm: TCPL Presents: Cooking with Colin
Healthy for the Holidays
4:00pm: Board of License Commissioners 11/24
8:30pm: Community Conversation on Housing during COVID-19 11/12

Friday, November 27
9:00am: Tai Chi with Vince Journales
8:00pm: Concerts @ the Crane: Duo Amie

Saturday/Sunday November 28/29
11:00am: TCPL Presents: Falls Prevention IV
3:00pm: At the Library Concert Series: Allison
4:30pm: Board of License Commissioners 11/24
6:00pm: In the Know: Wreaths Across America
7:00pm: Fire Prevention & You: Home Fire Safety

Monday, November 30
6:00pm: In the Know: Wreaths Across America
7:30pm: TCPL Resources: Aspire Health Alliance

Tuesday, December 1
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, December 2nd
6:00pm: LIVE: Quincy Public Schools Parent Forum

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

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Real Estate

Quincy Real Estate Transactions November 16 - November 20

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
33 Janet Road Trust	Sara T. Callard	\$490,000.00	33 Janet Road
Stangel Family Trust	Grant C. & Katherine T. Weaver	\$400,000.00	306 Furnace Brook Parkway
Irene M. Winters	Kamal Eikarmach & Lorenza DeLucia	\$413,000.00	328 Copeland Street, Unit 3D
114 Broad Street LLC	Irene Wingters	\$505,000.00	5 High Street
179 Presidents LLC	Andy S. Lau	\$360,000.00	179 Presidents Lane, Unit 2G
30 Town Hill Street Trust, 36 Town Hill Street Trust	Jesse D. & Weitong Y. Swift	\$555,000.00	30-36 Town Hill Street, (Unit 36B)
Arthur K. & Theresa Choo	W L C Management Company Inc.	\$685,000.00	68 Edgemere Road
203 Atlantic Street LLC	203 Quincy LLC	\$1,215,000.00	203 Atlantic Street
Wu Dong & Bi Ying Lin	Hui Chen	\$470,000.00	21 Linden Street, Unit 126
Nancy Daniel	James M. Sullivan & Dino Dasilva	\$300,000.00	7 Edwards Lane
Creative Development Associates LLP	Wa S. Ching & Yuyun Jiang	\$625,000.00	235 Farrington Street, Unit A
10 Merrymount Road LLC	Richard A. Chan	\$715,000.00	142 South Walnut Street
John E. & Leslie H. Callahan	Alexandra Cassis	\$548,000.00	10 Seaport Drive, Unit 2105
Katherine E. Kudzma	Yujie Zhou	\$420,000.00	10 Seaport Drive, Unit 2509
MF Crown Colony 1031 LLC,	GCP Crown Colony II LLC	\$17,950,000.00	300 Crown Colony Drive
MF Crown Colony LLC,			
GCP-BV Crown Colony LLC			
Creative Development Associates LLP			
291 Elmwood Avenue Realty Trust			
Carol A. Carrigan	Gina J. & Yee T. Wong	\$600,000.00	235 Farrington Street, Unit C
Frank T. Sutter & Michael Sherrin	Zhi H. Lin	\$460,000.00	291 Elmwood Avenue
Barbara J. Skane	AKS LLC	\$500,000.00	106 Sims Street
Robert R. & Susan L. Blanchette	James H. Fitzgerald & Yunli Tang	\$832,029.00	29 Trask Avenue
Nicole Landry	Courtney M. & Joan M. Trudeau	\$349,900.00	111 Centre Street
Estate of Wesley T. Kobles	Brian & Margaret Naughton	\$1,195,000.00	6 Alden Road
Angela Day & Phuong Tu	Derek & Alice S. S. Lu	\$294,000.00	230 Willard Street, Unit 106
Arthur W. & Amy L. Kanavos	Arun Arumugasamy	\$347,000.00	10 Weston Avenue, Unit 104
Robert Savage & Agnes Buczynski	Amanda Au	\$340,800.00	15 Bower Road, Unit C-11
Lian M. Guo	Ennio Kote & Fiqerete Kadiu	\$340,000.00	200 Cove Way, Unit 502-II
Thomas P. & Nancy A. Callanan	Nickolai Bobrov & Kara Delahunt	\$530,000.00	10 Seaport Drive
Ver Realty Trust	Christina Z. Manipon	\$358,000.00	200 Falls Boulevard, Unit F102
Phillip J. Connolly	Harold & Maryann Lavoie	\$605,000.00	949 Quincy Shore Drive
	Rodrigo J. & Veronica P. Roa	\$800,000.00	113-115 Thomas Burgin Parkway
	Michael V. Dang & Rose Nguyen	\$460,000.00	1138 Furnace Brook Parkway

City Preparing To Take Over Furnace Brook Golf Club

By SCOTT JACKSON

City officials are preparing to take ownership of the Furnace Brook Golf Club at the end of 2021 and have begun looking at possible upgrades to the facilities there.

Mayor Thomas Koch discussed the future of the golf club, as well as improvements coming to Merrymount and Faxon Parks, as part of a recent interview.

The city in 1971 signed a 50-year lease with the Furnace Brook Golf Club in which the city agreed to cover the property tax payments for the duration of the agreement. At the end of the deal, which comes next year, the city will be able to take over the site.

Koch said the change in ownership would take place

near the end of next year, after the golf season comes to an end. In preparation for taking over the site, Koch said city officials, including Commissioner of Natural Resources David Murphy, have begun assembling a master plan for the club and nearby Forbes Hill Park.

"We're looking at coming up with a master plan for the golf course and Forbes Hill Park. They are kind of next to each other up there," Koch said, explaining that the master plan would seek to integrate the two together better.

The club will continue on as a golf course, but improvements are needed, he said.

"There will still be a golf course there, absolutely, but there are improvements

that are going to be needed for that whole site," Koch stated.

"The parking lot is a mess. The building doesn't meet any ADA requirements and needs a lot of updating, so we'll need to make some decisions on that. The course itself, the irrigation system is pretty beat up. The place is going to need some investments."

As part of the process, Koch wants to establish an enterprise fund, which would require City Council approval. The enterprise fund would allow the city to use greens fees charged to golfers to pay for maintenance on site.

"The idea would be we create a master plan, go to the council and probably create an enterprise fund. That way when you collect money on the golf it goes back in the fund and you pay expenses on operating the place," Koch said. "It

makes sense to go down that road so that's what we're looking at, but there are a lot of details to be worked out."

The course would continue to offer memberships under municipal ownership, the mayor said.

"Braintree has a municipal course and they have memberships. Presidents is a public course and they have memberships," he stated. "We believe we will still have golf memberships here, but it will be open to the public as well."

The City Council in 2017 approved a \$27 million park improvement bond, funded by hotel tax receipts, that set aside \$2.4 million for work on the master plan at Merrymount Park.

Koch said the city continues to move forward with a number of improvements to Merrymount Park that were included in that master plan.

"There are several pieces to that," he said. "For exam-

ple, they are working right now on the columns up at upper Merrymount - you'll see a fenced in area near the World War II monument. We have out to bid the wrought-iron fencing for that area, which was always part of the master plan."

"There is stuff that that can be managed more in house - moving around diamonds and so forth," Koch added. "Up at Pageant, we're probably going to move that softball diamond. When you're coming up the hill, what interferes with your vista is that backstop. We can move that off to the left, open that up in the middle a little bit."

"There are projects like that that can be done right along with in-house labor. We're chipping away."

The city is also working through the permitting process for a new bridge that would connect Merrymount Park to Pine Island, Koch said.

As part of the master plan for the park, improvements are planned to Merrymount Parkway. Those could begin as soon as next year.

"Merrymount Parkway is a separate project that is part of the master plan. We've been doing all the utilities and probably next year we'll be under construction redo-

ing the road," Koch said.

"A separate project from that is where you go over the culvert over the creek getting to Furnace Brook Parkway. That is in bad, bad shape, so we've got to replace that bridge/culvert and that is being engineered as we speak as well."

Improvements are also on the horizon at Faxon Park, including expansion of the system of running and walking trails. The city has also been grading a new area that will be incorporated into the park, but its use still needs to be determined.

"There are more master plans for the trails up there and we have got to make a final decision on that piece of land that the city bought years ago that we've been filling and grading, so we have to figure that out," Koch said when asked about Faxon Park.

"Do we reintroduce some basketball and tennis courts up there, lit, for that general part of our city? That's on the table. Is it another field? I don't know - do we need another field? The park division of Natural Resources is kind of kicking it around and I'm sure Dave Murphy has been in consultation with Councillor Croall on it as well."

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No Market For New Hospital In Quincy, Koch Says

By SCOTT JACKSON

Following the recent closure of the emergency department at Quincy Medical Center, Mayor Thomas Koch said there is no market for a new hospital in the city.

The mayor also highlighted the recent opening of a new urgent care facility in Quincy Center, which he said can accommodate many of the patients who formerly went to the emergency room, as well as plans for a medical office building elsewhere in the downtown as part of a recent interview.

The emergency room at Quincy Medical Center, which Steward had operated as a satellite facility of Carney Hospital in Dorchester, closed earlier this month. That marked the end of the final chapter in the life of Quincy Medical Center, which will be razed to make way for a new residential development.

Also in recent weeks, Beth Israel opened a new urgent care center on the Hannon Parkway in Quincy Center. In addition, Brigham and Women's plans to move into a new medical office

building that will be constructed on the former Ross Lot in the downtown district.

Koch, as part of a recent interview, said those two providers would give residents many new options for health care, but stated there is no market for a full-fledged hospital.

"We've got BI now, that opened up. Eventually Brigham and Women's will be here in some presence... that will offer a lot more medical service that today you have to leave the city for," Koch said.

"I think we are making some inroads and going the right direction, but there is no market for someone to come in and build a new hospital. People that are talking about that...they are the same people to complain when the taxes go up. So, who is going to pay for the hospital?"

"When you think back, Steward wanted to get out and we fought like hell to keep an ED there," Koch added later in the interview. "Thankfully the Department of Public Health and attorney general were very help-

ful in forcing them to keep the ED there. Now they want us to feel bad for them. They came in promising the world and they didn't last very long, because they were in it purely for the money because they are for-profit whereas a lot of places are non-profit.

"I said at the beginning I don't understand their business model - I said it directly to their face - I don't know how you can do it when a non-profit can't do it, but all right, let's see what happens."

While Quincy is now the largest city in the state without an emergency department, Koch said residents have access to South Shore Hospital in Weymouth, Beth Israel Deaconess Hospital in Milton, and several hospitals in Boston.

"Keep in mind, when people throw that out there - a big city without an ED - we're surrounded by hospitals. Weymouth has a major hospital, Milton has a big hospital and Boston has several hospitals," the mayor said.

"That is one of the reasons Quincy Medical

couldn't make it. We're so close to some of these expert, highly acclaimed names in Boston that people we're going in there to have stuff done. A hospital can't survive just on emergency room visits."

Many of the residents who formerly sought treatment at Quincy Medical Center's emergency room can be accommodated at Beth Israel's urgent care building, Koch said. He also noted Quincy Medical Center was not a trauma center, meaning patients with severe injuries or ailments would not have been taken there anyway.

"I think what you're seeing now with the Beth Israel operation on Hannon Parkway, I think you'll see the hours continue to expand. It's a full urgent care but they've got blood labs in there to take blood. They've got radiology in there to take x-rays. They are really prepared as an ED and they are in a position then with the hospital just over in Milton to shuttle someone right over; an ambulance comes and takes them if they need more than that," Koch said.

"Most of the cases that were going to the ED could be solved with urgent care. The stats would bear that out. When somebody has a major incident by ambulance, they're not going there anyway. They are taking them directly to some of the other major hospitals in the area."

Brigham and Women's and South Shore Health, the operator of South Shore Hospital, had announced plans to move into the planned medical office building in Quincy Center in 2019, before the pandemic. The new building will accommodate a number of medical services, such as day surgery and orthopedics.

Koch said Brigham and Women's remains committed to the project. South Shore Health, meanwhile, is looking to be bought out or merge with another entity, which has slowed down planning for the Quincy Center facility.

"There is a lot of work going on behind the scenes," Koch said. "South Shore Hospital put an [request for

proposals] out. They are looking to either be bought out or merge with somebody to strengthen their financial position. They are going through that right now, so that kind of puts a little hold on the discussions between them and Brigham on the programming of the building. That should shake out over the next two months so I think they will be able to get back on track on the programming of the building.

"I have been told on more than one occasion from Brigham and Women's they are committed to it. The pandemic kind of fouled up things...The commitment is there. It's just the timing."

It is possible the new building could one day include an emergency department, Koch added.

"Whether an ER or ED or something develops with that down the road, I think that depends on the relationship with South Shore and the catchment area," he said. "There is all kinds of rules that the Department of Public Health at the state level and guidelines they have to follow."

Passive Recreation Eyed For Beachcomber Site

By SCOTT JACKSON

The former home of the Beachcomber on Quincy Shore Drive would be used for passive recreation if the city does purchase it, Mayor Thomas Koch said recently. It could also be home to a Lone Sailor statue honoring the city's Navy veterans.

Koch has proposed buying the 1.4 acre site, located at 797 Quincy Shore Dr., which would stop it from being developed into a restaurant. The city is also contemplating the acquisition of 0 Harriet Ave in Montclair, a vacant three-acre site where a developer had proposed to build 75 residential units earlier this year.

Koch has proposed purchasing both parcels using \$5 million in community preservation funding. The money would also cover the cost of converting the

Beachcomber land into a new park. The City Council will consider the request on Dec. 7.

City officials are in the process of making plans for the Beachcomber land, Koch told The Sun.

"We're going through that exercise now," the mayor responded when asked about plans for the site.

"It will be passive recreation, so there isn't going to be tennis courts or basketball courts there. Will there be a walking path through it? Definitely. Will there be a playground unit in there? Possibly. That's something we'll see what the neighborhood [wants]. You can go down the street to Cadby Park and there are other places. I'm not sure we need a playground structure, but we'll go through that and figure that out."

While the city is preparing to open a new park on the Beachcomber site, Koch said the land on Harriet Avenue will stay as open space, though it could be cleaned up.

"It will remain as open space," he said. "Maybe there is some cleanup that is going to be needed down there. I haven't walked the property."

During the interview, Koch suggested the Lone Sailor statue could be placed at the Beachcomber site. The city has ordered one, similar to one in Washington, D.C., but no determination has been made on where it will go.

"We have on order...a Lone Sailor statue," Koch said. "A group had come to see me a few years ago, Navy veterans from Quincy,

asking me if we would look at this, and we are, and we have ordered one. That might be a location for that statue. You're looking at the water, so it speaks to the maritime and the Navy service."

The city, the mayor explained, is looking for a suitable site to honor its Navy veterans, similar to the Generals Park that will open in Quincy Center in May 2021.

"Because I'm doing the Generals Park, I've heard from a number of people that we have a strong Navy history here and there are a number of admirals from Quincy," he said. "We are looking at how we best honor that."

Squantum Point Park is another possible location for the new statue.

"I don't know if it will

be there," Koch said, referring to the Beachcomber site. "Does it go to Squantum Point Park where there was a naval air station and a shipyard way back when? You already have Com-

mander Shea Boulevard, which is part of the naval station history.

"It's all on the table and we're going to be kicking this stuff around in the coming months."

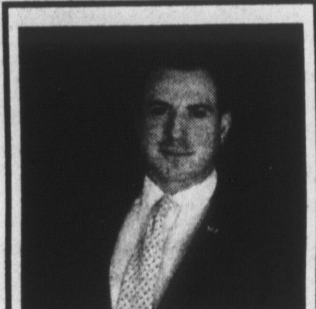
'Santa's Mailbox' At Hancock-Adams Common Starting Friday

"Santa's Mailbox," a traditional event of the Quincy Christmas Festival Committee, will continue with the placement of a special box for children's letters to the North Pole.

The mail box will be placed in the usual location on the Hancock-Adams Common adjacent to the entrance of the glass City Hall annex building on Nov. 25

and will remain in place until Dec. 22.

The specially marked red and decorative mailbox is for letters and lists to Santa only and should not be used for regular mail. No postage is needed.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING ON TAX RATE ***CHANGE OF DATE***

In accordance with Governor Charles D. Bakers March 10, 2020 order suspending certain provisions of the Open Meeting Law, G.L. c. 30A, § 20, the City Council of the City of Quincy will be convening a Public Hearing via remote conferencing services on **Monday, December 7, 2020 at 7:30 PM** pursuant to the provisions of Massachusetts General Laws Chapter 40 § 56 as well as guidelines of the Massachusetts Department of Revenue in order to determine the percentages of local tax levy to be borne by each class of real property, as defined in § 2A of Chapter 59, and personal property in Fiscal Year 2021.

Join Zoom Meeting - <https://us02web.zoom.us/j/81870336634>
Meeting ID: 818 7033 6634
Dial by your location - +1 312 626 6799/+1 646 558 8656 US

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

11/19, 11/25/20

Parents Happy With Class Time, Homework This Year

By SCOTT JACKSON

Most parents of Quincy Public Schools students believe their child is receiving an appropriate amount of live class time and asynchronous work this school year and also believe their child is getting the right amount of homework.

Social and emotional health is a concern of parents, but more than two-thirds said their child has had the chance to participate in activities to promote social and emotional well-being.

This school year looks different than other years because of changes in place amid the coronavirus pandemic. The Quincy school system is operating under a hybrid model with students attending a mix of in-person and online classes. Parents also have the option to keep their child at home where they can attend classes through a full-remote model. Certain high-need students are eligible for full-time in-person learning.

To gauge parents' feelings on the new models, school officials sent them a survey asking them to weigh in on a number of topics. Results from the survey were presented during the School Committee's meeting on Nov. 18.

"Overall, we thought that the results of the parents' survey were very positive and pretty appreciative of the work that has gone into making this school year as successful as we can," said Erin Perkins, the district's assistant superintendent.

Between Oct. 30 and Nov. 16, 3,160 parents responded to the survey, including 1,578 parents of elementary school students, 698 parents of middle schoolers and 884 parents of high schoolers.

Of the parents who responded, 57.9 percent have children learning under the hybrid model, including high-need students, and 42.1 percent have children learning through the fully remote model.

The survey asked parents if their child was receiving an appropriate amount of live instruction with a teacher given the child's age and developmental needs; 25.4 percent of parents strongly agreed their child was receiving an appropriate amount of live instruction, 55.6 percent agreed, 14 percent disagreed, and 5 percent strongly disagreed.

The same question was asked about the amount of asynchronous and offline work; 16.8 percent of parents said their child was receiving an appropriate amount of asynchronous and offline work, 57.9 percent agreed, 20 percent disagreed and 5.3 percent strongly disagreed.

When asked if their child was receiving frequent feedback on their work, 19.4 percent of parents strongly agreed they were, 53.89 percent agreed, 22.8 percent disagreed, and 4 percent strongly disagreed.

Parents were also asked about the amount of homework their child is receiving. Overall, nearly two-thirds of parents, 65.9 percent, said the amount of homework was appropriate, 22.8 percent said their child was getting too little homework and 11.3 percent said their child was getting too much.

At the elementary level, 68 percent of parents said their child was receiving an appropriate amount of homework, 30 percent said they were getting too little and 2 percent said they were getting too much.

Among parents of middle

school students, 66 percent said their child was receiving an appropriate amount of homework, 24 percent said they were getting too little and 10 percent said they were getting too much.

High school parents were more likely to say their child was getting too much homework compared to children of younger students; 29 percent said the amount of homework was too much, 10 percent said there was too little, and 61 percent said it was an appropriate amount.

The survey also asked parents about their child's social and emotional health.

Overall, 55.2 percent of parents either strongly agreed or agreed they were concerned about their child's social and emotional health. Among parents of hybrid learners, 61 percent said they were concerned about social and emotional health while 47 percent of the parents of remote learners said they were concerned.

More than two-thirds of all parents, 68.7 percent, either strongly agreed or agreed that their child has had the chance to participate in activities to promote social and emotional well-being. Among parents of hybrid learners, 68 percent agreed with that statement while 70 percent of the parents of remote learners agreed.

Students were also asked questions regarding students' schedules.

Most parents, 84.2 percent, either strongly agreed or agreed that their child's schedule was conducive to learning. More than two-thirds of parents said their child was receiving adequate breaks in screen time. A majority also said their child was receiving adequate mask breaks.

In terms of technology, 27.9 percent of parents strongly agreed that Google Classroom is providing appropriate access to items their child needs, 64.7 percent agreed with that statement, 5.9 percent disagreed, and 1.5 percent strongly disagreed.

More than 91 percent of parents likewise agreed or strongly agreed that while there may have been technical difficulties at the start of the year, there have been improvements made in recent weeks.

Most parents were also pleased with the number of

communications received from school staff; 66 percent of parents said they were getting an appropriate amount of communications from teachers, compared to 34 percent who said there was too little communication from teachers. Eighty-seven percent of parents felt there was an appropriate amount of communications from their child's school and 80 percent said there was appropriate amount of communications from the district.

Madeline Roy, the district's senior director of curriculum and programs,

said administrators would be taking a deeper dive into the results in the coming weeks and plan to reach out to stakeholders, including parents and educators, to discuss them further.

"We want to acknowledge and celebrate our areas of success, we want to strengthen any areas that need improvement and we want to develop some action plans for identified areas," Roy said.

Perkins said the district is planning to send a similar survey to students in grades five through twelve in the near future.

Presentation On Special Ed. Learning Center Dec. 9

By SCOTT JACKSON

The School Committee will review conceptual plans for the planned special education learning center in Wollaston during its meeting on Dec. 9.

The city in the process of converting the office building at 178 Old Colony Ave., formerly home to Howard Johnson's candy factory, into a new school for special education students, in particular those with autism. The building will be named after longtime superintendent Richard DeCristofaro.

The City Council in 2019 approved a \$8.5 million bond for the project, including \$6.8 million to buy the building from Eastern Nazarene College and \$1.7 million for design costs and initial work. Councilors in September approved an additional \$14 million bond for the build out of the school.

Quincy School Supt. Kevin Mulvey on Nov. 18 told the School Committee that conceptual plans

for the building have now been finalized. Paul Hines, the city's commissioner of public buildings, and the firm the city chose to design the facility, Quincy-based Wessling Architects, will present those plans to the committee on Dec. 9.

"The design is really exciting and I think you are going to be very, very impressed as to how this project has developed over time and you will see why the project is valued currently at \$14 million because of all of the work that is going to be going into this project to make it a state-of-the-art facility for all of our students, particularly our students with autism," Mulvey said.

"For that, we are really, really excited."

Erin Perkins, the district's assistant superintendent and its former director of special education, said she is proud of the plans for the project.

"I think it is going to be unbelievable for our city and I am excited for you

to see where it has come in terms of the conceptual design and to collect your feedback," Perkins said.

"I think it is amazing, I think it is an unbelievable opportunity and I think it shows how much our city values its students."

The presentation on Dec. 9 will also include an update on the bid process and the timeline for the project, Mulvey stated.

City officials have said they expect fewer special education students would need to attend programs outside the district once the new learning center opens. The city spends up to \$120,000 per student annually to send those students out of district, including tuition and transportation costs.

The city could save \$350,000 annually once the new learning center opens, even after accounting for the costs to staff, operate and maintain the building, by no longer sending those students elsewhere, officials have said.

Keenan: Mail-In Voting Could Be Here To Stay

By SCOTT JACKSON

Massachusetts residents were able to cast ballots by mail this fall and will likely have the chance to do so again in future elections.

State lawmakers allowed all voters to request mail-in ballots for the Sept. 1 primary and Nov. 3 general election as a precautionary measure amid the coronavirus pandemic. In addition, the state allowed in-person early voting ahead of the primary and expanded the early voting period ahead of the general election from one to two weeks.

More than 2.3 million Massachusetts voters cast ballots in the Nov. 3 election by mail or through in-person early voting.

Sen. John Keenan, a Quincy Democrat, told The

Sun he would support allowing voting by mail in future elections and believes state lawmakers would approve doing so.

"I think it should and I hope it will," Keenan responded when asked if mail-in voting would be made permanent. "I think it is here to stay - that is my guess."

Overall, Keenan said mail-in voting went smoothly in the state. He credited Quincy City Clerk Nicole Crispo and her staff for being able to release preliminary vote totals shortly after 9 p.m. on Nov. 3; the city had been able to count the mail-in and early ballots prior to Election Day.

"There were some glitches here and there, but overall it went really well," Keenan said.

"The votes were in early. In Quincy, they were in by like 10 o'clock because they were able to process the votes before Election Day and that made a huge difference."

Residents welcomed the opportunity to vote by mail as well, he said.

"I was up at North Quincy High School a couple days for the early voting and everyone really seemed to appreciate the early voting. Then, talking to people who had mailed in their ballot, the same thing," Keenan said. "They just thought it was great."

"I think it should be here to stay," he added. "It will only get better as far as I'm concerned as far as the processing."

Going forward, Keenan

said the federal government should set standards for mail-in voting for states to follow.

"I think we have to look at how far in advance you make ballots available and making sure it is very clear when they have to be mailed in order to be counted," Keenan said.

"I think nationally, they should come up with some standards and then provide funding for states to implement those standards if they want to sign onto them. Then we won't have this, 'this state can count them if they arrive five hours after polls close and this state can't.' I think we should have a uniform approach to that."

Different states had different deadlines for receiving

mail-in ballots in this year's election. In Maine, for example, ballots had to be in by Election Day to be counted, while Massachusetts accepted mail-in ballots through Nov. 6 and North Carolina accepted them through Nov. 12. States also had different rules for processing ballots before Election Day. Massachusetts and Florida, for example, allowed processing of ballots before Election Day, while Pennsylvania did not.

Mail-in ballots could be

a possibility in municipal elections as well, Keenan said, but that could require state or federal funding.

"I think it's possible. That goes back to when do you make the ballots available and how do you process that," Keenan answered when asked about municipal elections.

"Then, with municipal [elections], you really have to look at the cost as well - will the state or the federal government step up and help with the costs of doing it in municipal election."

Two Quincy Students On Regis Dean's List

Two students from Quincy have been named to the Dean's List for the spring semester at Regis College in Weston.

They are:

Saeed Alqalaleef, Class of 2021; and Alexander Bui, Class of 2022.

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Editor's note:

Like many events this year, the COVID-19 pandemic has cancelled the traditional Quincy-North Quincy High School football game this Thanksgiving.

There will be no football at Veterans' Memorial Stadium Thursday morning.

The stands, sidelines and field will be devoid of fans, coaches and players.

The pandemic suspended all high school football games this fall. The plan is to play high school football in the late winter and early spring as long as it is

deemed safe to do so amid this persistent pandemic that now has stretched nearly into its ninth month.

So, while there is hope that the Presidents and Raiders can renew their storied football rivalry in the spring of 2021, there is certainly a void this Thanksgiving for

those who look forward to this uniquely Quincy holiday tradition.

So, this week, since we cannot highlight this year's two high school football teams as they prepare for the holiday showdown on the gridiron field, we have decided to showcase some

past games in this series that dates back to that first game in 1933.

This feature was written by Sean Halpin, a local schoolboy football historian. The Sun is grateful for his article and we sincerely hope our readers will enjoy

this trip down memory lane - Q-NQ football style.

Photos - including the images shown on the front page cover this week - are courtesy of the Quincy and North Quincy High School yearbooks unless otherwise noted.

Celebrating 88 Years Of Q-NQ Thanksgiving Football

By SEAN HALPIN

It was 1930, America was in the midst of the Great Depression. Superintendent of Quincy Schools James N. Muir had fulfilled his quest of building a second high school in the northern end of the city to support the growing population of the City. By 1933, the new high school in the north end of town was ready to compete in varsity level sports with the larger, more established, Quincy High School. Superintendent Muir thought the establishment of an annual Quincy vs. North Quincy football game would help put both high schools on even footing and help promote participation in all activities throughout both schools. The superintendent's dream was fulfilled and continues to thrive some 88 years later.

Highlighted in this article are some of the top games in Quincy-North Quincy series history:

TOP 10 GAMES (1933-2019):

1933

NORTH QUINCY - 6 QUINCY - 0

Nov. 11, 1933 (Armistice Day)

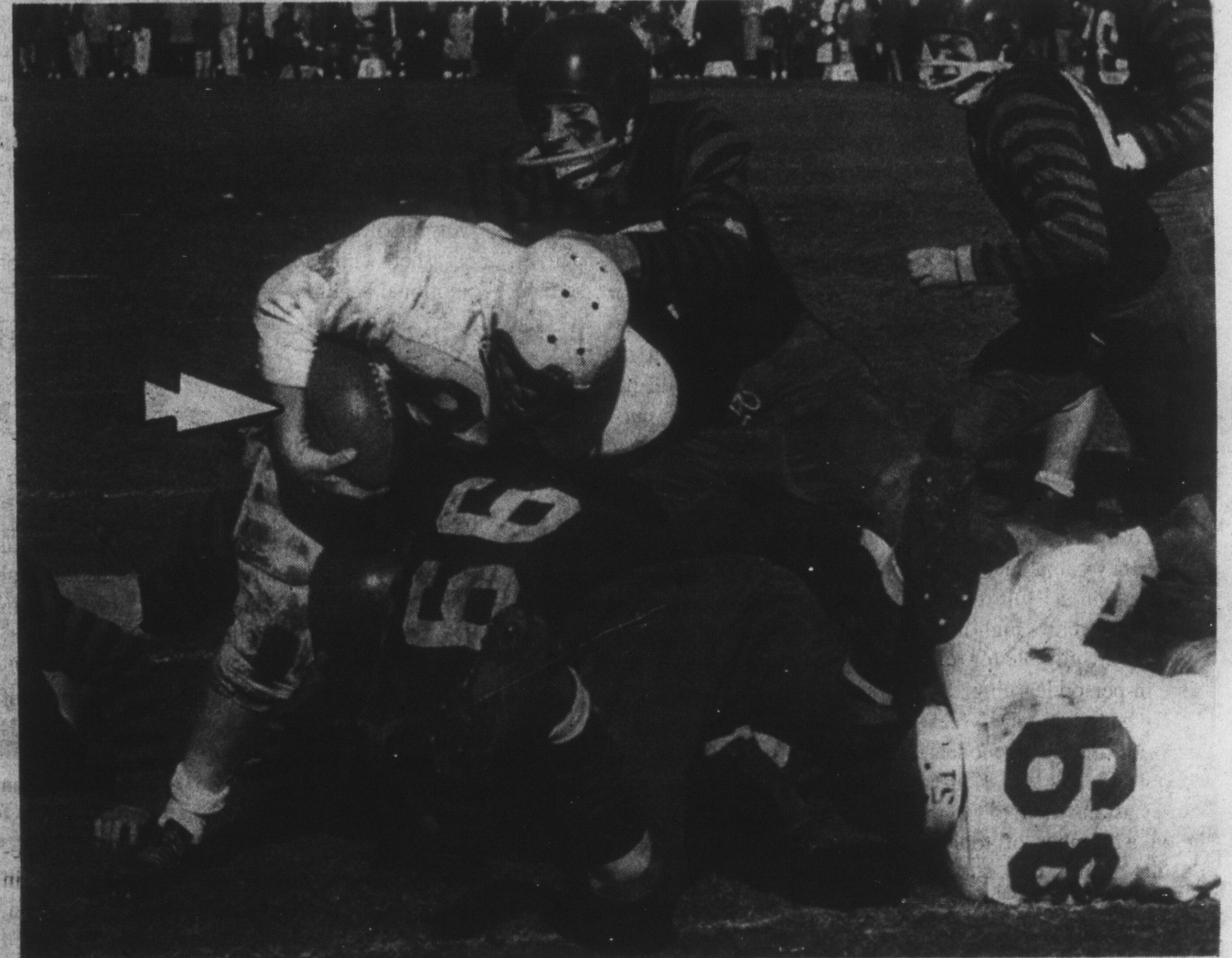
In the first season of varsity football, the four-year old North Quincy High School thought they were ready to take on the much

larger, more established, Quincy High School, who had been playing football since the 1890s. So, on Armistice Day of 1933, Coach Jack Donahue took his North Quincy Red Raiders on the road, south on Hancock street to take on Coach Jimmy LeCain's Quincy High Blue & Whites in front of a crowd of 6,000 at Comin's Stadium (current site of the Quincy YMCA).

North Quincy entered the game a 3-score underdog despite having an unbeaten 5-0-1 record. The game was a matchup of marquee players in Vic Digraio for Quincy and Walter "Cap" Bryan for North. The two teams would battle scoreless through much of three quarters.

North Quincy would lose Bryan to a hip injury early in the game. Picking the pieces on offense in the lineup by sophomore Pete Zoia and Tommy "Peanuts" Ryan.

As legend has it, with 1:00 left in the game, "Cap" Bryan returned from the City Hospital to cheer on his teammates. As he walked in, he saw his replacement at quarterback, Bat Stevens, connect with Walter Joly on a TD pass to win the inaugural game in a 6-0 upset. After the game, the jubilant crowd of 1000 North Quincy players, students and parents, led by the school band



QUINCY'S KEN BURGESS (white) carries the ball on the goal line as North Quincy's Tom Kelley (#66) makes the tackle in the 1958 Quincy-North Quincy Thanksgivings Day football game.

marched up Coddington Ave. to Hancock street and all the way to North Quincy High chanting the school's song and "Hail! Hail! The Gang's all here." North Quincy made history and a new rivalry was born!

1938
QUINCY - 19 NORTH QUINCY - 0

Nov. 24, 1938

The Quincy vs. North Quincy match-up of 1938 was the "Game of Firsts." It was the first game to actually be played on Thanksgiving Day, the previous 5 meetings were all played on Armistice Day (Veterans Day). It was the first game played at the newly

constructed Quincy Municipal Stadium. The stadium was built on the site of the Pfaffman's Oval and was constructed with public works money allocated by President Franklin D. Roosevelt's New Deal.

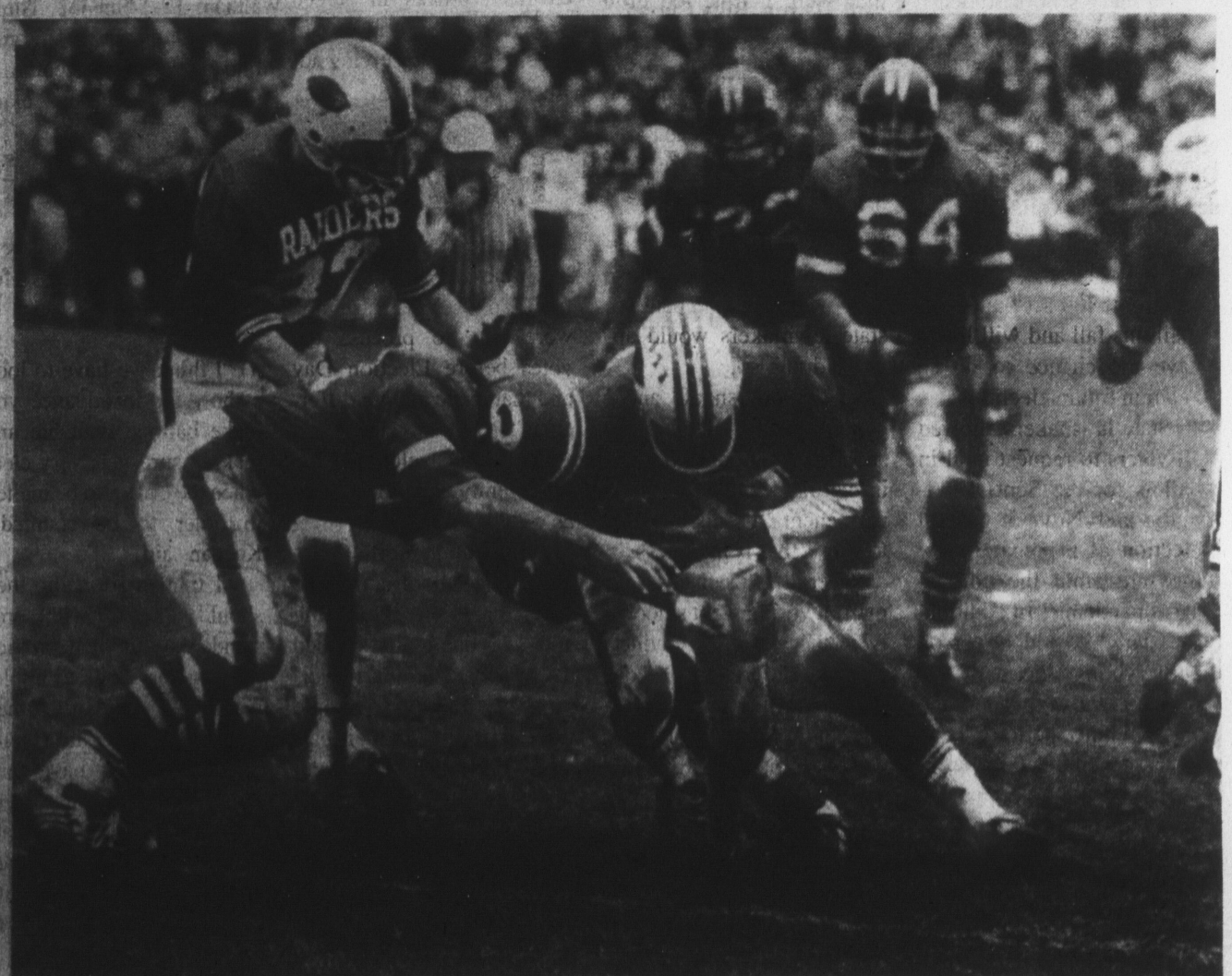
Quincy was the larger school and played in a tougher, Class A division,

as opposed to North Quincy Class C schedule. It puzzled sportswriters why, from 1933-1937, the little school in the north end of the city bested the mighty Quincy teams (3 wins, 2 scoreless ties). So, because of the successful history, North was the favorite to win the 1938

Cont'd On Page 16



NORTH QUINCY Head Coach Carl Leone consults with his quarterback, Tom Kiley (#13) in the 1963 game. The Red Raiders came from behind to defeat the Presidents, 14-10, in the final seconds of the game to cap an 8-1 season.



NORTH QUINCY quarterback Carl Leone, Jr. sneaks over the Quincy goal line in the Red Raiders' come-from-behind 20-10 win over the Presidents in the 1973 Thanksgiving Day football game at Veterans' Memorial Stadium. Quincy Sun File photo

Celebrating 88 Years Of Q-NQ Thanksgiving Football

Cont'd From Page 15

contest.

Quincy had a lot to prove on the gridiron that season, so they tasked Quincy alum, Munroe MacLean with the head coaching duties. Coach MacLean brought his team into the new stadium in front of a crowd of 12,000 spectators. The Quincy backfield duo of Jack Pettinelli and Lanny Lombardi led the way scoring, to the tune of 19-0. The Blue & White got their first victory of the series and Coach MacLean got his first Thanksgiving win, of many, in a legendary coaching career.

1948

NORTH QUINCY - 8 QUINCY - 6

November 25, 1948

North Quincy's victory in the 1948 game was an unexpected upset. Two days before the Thanksgiving game, sportswriter Pres Hobson of the Quincy Patriot Ledger picked Quincy High to beat North in a blowout, 31-6. This would only fuel the Red Raiders' desire to win. The Quincy Presidents scored first when Jack Granville's first quarter interception set up a 1-yard TD run by running back Rudy Knuuti to make it 6-0. North Quincy defender Ronnie Wrey tackled Quincy's Aldo Lombardi in the endzone for a safety to close in on the Presidents' lead, 6-2 at halftime.

Later in the second half, North Quincy got a big break when a pass interference call gave the Raiders the ball at the Quincy 2-yard line. Raider full back John Santosuosso bulled over Quincy defenders for the 8-6, North Quincy victory.

1956

QUINCY - 19 NORTH QUINCY - 13

November 22, 1956

Bill Sullivan in his fifth season as head coach of Quincy High took his Presidents team into Quincy Municipal Stadium that Thursday morning to take on 25-year veteran coach Jack Donahue and his Red Raiders. Sullivan was looking to extend his Thanksgiving win streak to three that day.

North Quincy got out to an early, first quarter lead when running back Tom Kelly scored on a 24-yard run and would maintain that lead throughout the first half. Quincy answered in the second half with a 33-yard TD run by junior Noel Balducci to tie the game 6-6. Quincy struck again when Sonny Seppala returned a 47-yard punt return for a TD to take a 13-6 lead late in the third quarter. North Quincy would not be denied as Raider quarterback Kevin Mahoney hit receiver George Doring on

a 57-yard TD pass. Ralph Frazier kicked the extra point as North Quincy took the lead 13-12 heading into the fourth quarter. With just minutes left to go in the game, Balducci scored his second TD of the day on a 20-yard run and Tommy Connors added the conversion as the Presidents escaped the Red Raiders that day, 19-13.

1963

NORTH QUINCY - 14 QUINCY - 10

November 28, 1963

The flag at Veterans' Memorial Stadium was at half-staff on Thanksgiving Day 1963, as the country was mourning the loss of President John F. Kennedy who was assassinated in Dallas, Texas, just six days prior. So, with heavy hearts, fans still packed into the stadium for the annual turkey day classic.

Carl Leone's Red Raiders (7-1) were heavily favored over Jack Garrity's (3-4) Presidents. The Red Raiders attack featured Billy Curran in the backfield. Their only loss that year came 14-12 to eventual Class A state champion Weymouth. The loss to Weymouth cost North Quincy the Class B state title.

Quincy got off to an early first half lead on a safety and then an 8-yard TD by Wayne Fraher. Fraher added the 2-point conversion as the Presidents lead 10-0 at the half. North Quincy's Tom Kiley scored on a 48-yard run in the third quarter to close in on the Quincy lead, 10-6. In the fourth quarter, with :50 seconds left on the clock, North Quincy running back Franny Lacey scored on a 5-yard TD run. Billy Curran added the conversion and North Quincy escaped with a 14-10 Thanksgiving victory to cap an incredible 8-1 season.

1965

QUINCY - 20 NORTH QUINCY - 16

November 25, 1965

Some 13,500 fans showed up at the stadium that day to watch two former Quincy High School captains face off in the 1965 Thanksgiving Day classic. Carl Leone (QHS '46) was now in his 5th season as head coach of rival North Quincy High and Hank Conroy (QHS '43) was in his second season at the helm of the Quincy High.

A heavily favored Quincy squad got out to an early lead when QB Tom Malvesti threw a 30-yard TD pass to Mike Jordan. Malvesti also rushed for the conversion to take an 8-0 in the opening quarter. In the second quarter, Quincy running back Steve Aitable raced for a 10-yard TD run to extend

the lead, 14-0, at the half. North Quincy continued to fight back and in the fourth quarter. North Quincy quarterback Richie Wanless threw a 15-yard TD pass to Dave Zink. Wanless rushed for the conversion to make it 14-8. North got the ball back and Wanless scored on a 13-yard TD run. Wanless added the conversion to take a 16-14 lead, late in the fourth quarter. Quincy took possession of the football and Malvesti hit Tom Osbourne on a 13-yard TD pass to win the game for Presidents 20-16 over the Red Raiders.

1974

QUINCY - 14 NORTH QUINCY - 13

November 28, 1974

It was Hank Conroy's Quincy Presidents taking on Ralph Frazier's North Quincy Red Raiders in what would be Frazier's final game as head coach for North Quincy. The Raiders got off to an early lead when Matt Constantino caught a 14-yard TD pass from quarterback Brian Donaghey. Paul Doherty kicked the extra point and the Raiders led, 7-0 at halftime.

In the third quarter, Quincy running back Preston Carroll scored on a 31-yard TD run and rushed for the conversion to take an 8-7 lead. Carroll scored again on a 1-yard run in the fourth quarter to extend the Presidents lead 14-7.

North Quincy made a comeback late in the game, with an incredible 63-yard TD pass from Donaghey to running back Brian Doherty, to make it 14-13. The game came down to the conversion play. Coach Ralph Frazier decided to go for a 2-point conversion and the win. He called on his best player, running back Brian



ROOKIE HEAD COACH Hank Conroy talks with his Quincy High captain, Dan Raymond in the 1964 Thanksgiving Day football game. The Presidents squeaked out a 12-8 win to finish the season at 7-1. Raymond went on to be an attorney and serve on the Quincy City Council for many years.

Doherty to run the play. The Presidents defense stopped Doherty short of the endzone and took home the Thanksgiving Day victory, 14-13.

1975

NORTH QUINCY - 15 QUINCY - 8 Overtime

November 27, 1975

This would be the first and only overtime game of the series. North had experience in overtime games that season as they previously beat Brookline 9-6 and Waltham 17-14 in OT. The overtime wins were both on Ed McElheny field goals.

First year North Quincy Head Coach Dave Burke's Raiders were a heavy favorite entering the game with an 8-1 record facing Hank Conroy's Quincy squad at 3-6. North needed victory to clinch a berth in the Division 1 Super Bowl.

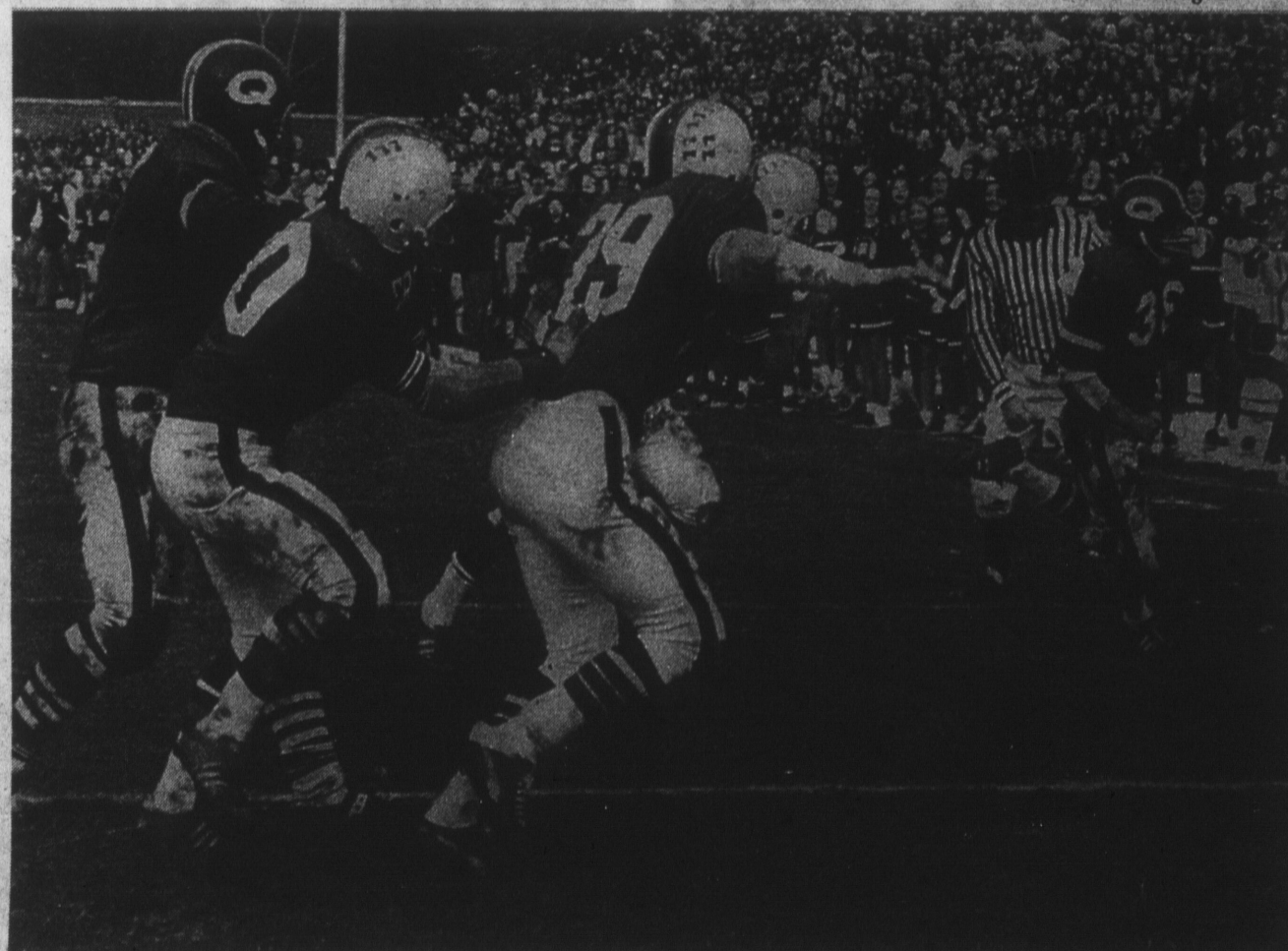
Heavy rains soaked the field at Veterans' Memorial Stadium turning the field into a mud bowl. The Presidents came into the game ready for a fight and got on the scoreboard first when running back Tony Cedrone rushed for a 40-yard TD and quarterback Mark "Buck"

Buchanan rushed for the conversion to take an 8-0 halftime lead.

North Quincy running back Brian Doherty answered in the second half with a 1-yard TD run and quarterback Mike Holleran rushed for the conversion to tie the game 8-8 at the end of regulation.

The Red Raiders took the ball in overtime and Doherty scored on 4th down on a 2-yard TD run in overtime to clinch a berth in the 1975 Division 1 Superbowl Vs Woburn the following

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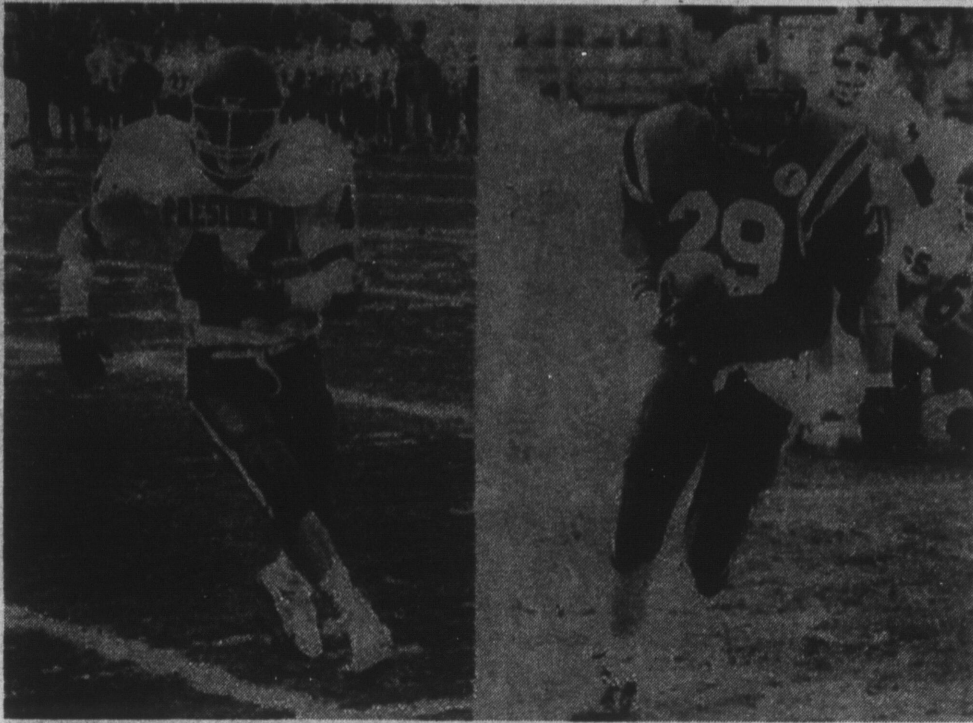


QUINCY'S PRESTON CARROLL scores the game-winning touchdown in the Presidents' 14-13 win over the Red Raiders in the 1974 Thanksgiving Day football game.

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THE RUNNING PERFORMANCES by Quincy's Mark Bogan #44 (left) and North Quincy's Dan Gilmartin #29 (right) made the 1989 Thanksgiving Day game one of the best in series history. The game went down to the final play and North Quincy prevailed, 28-27.

Quincy Sun File Photo By Tom Gorman

Celebrating 88 Years Of Quincy-North Quincy Thanksgiving Football

Cont'd From Page 16

week at Boston College.

1989

**NORTH QUINCY - 27
QUINCY - 26**

November 25, 1989
(Saturday)

On Thanksgiving morning in 1989, the Northeast was hit with a storm that piled a foot of snow onto the field at Veterans' Memorial Stadium. The game was postponed for only the second time in series history and was scheduled two days later, on Saturday, Nov. 25th.

The game was billed as a match of the Suburban League's top running backs. Featuring Quincy's Mark Bogan (12 TD, 12 PAT, 84

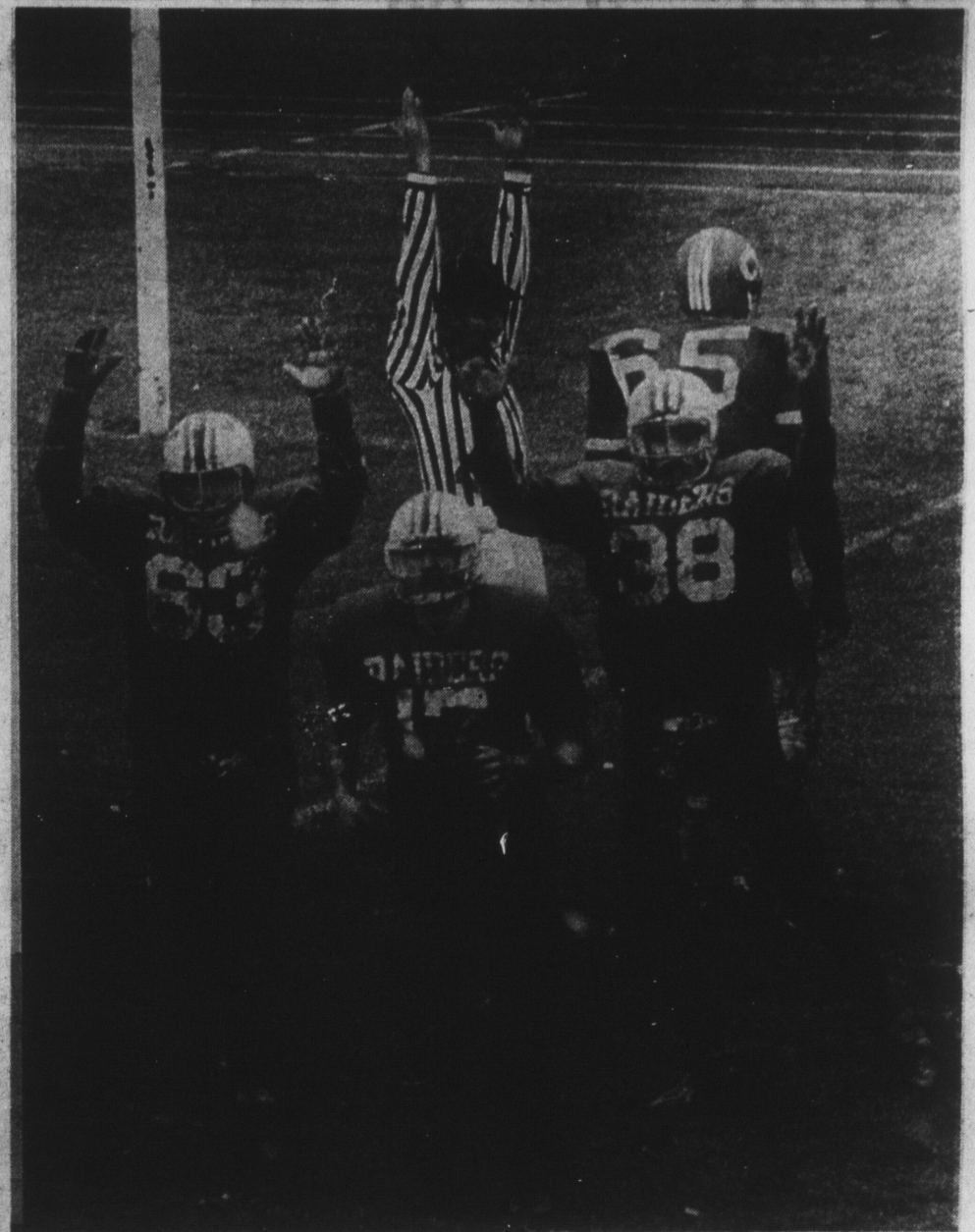
points) versus North Quincy's Danny Gilmartin (10 TD, 8 PAT, 68 points). The two opposing backs would deliver on its promise as Gilmartin (161 yds, 1 TD) and Bogan (167 yds, 2 TDs) would both score on their opening drives. The game would be also be a matchup of quarterbacks as Quincy's Mike Flavin (7 for 12, 124 yds, 1 TD) and North Quincy's Jim Bryan (6 for 10, 117 yards, 2 TD passes).

Flavin connected on TD passes with Chris Fay and Bryan threw two TD passes to wideout Kevin MacDougall which along with a key conversions and key defensive stops would prove to be the difference in this nail-biter that went down

to the final seconds of the game when the North Quincy defender batted down a Quincy pass in the endzone to seal the victory and finish the season at 7-3.

North Quincy assistant coach Peter Zoia, who played in the first four games of the series (1932-35) and attended every game to date, was quoted in the Quincy Sun that day, "This was the most exciting game of the series."

After the Game, North Quincy's 9-year old ball boy, Tommy Gilmartin, who was fighting brain cancer, was hoisted on the players' shoulders holding the City Championship trophy high in the sky.



NORTH QUINCY'S Rich Marre (63) and Matty Constantino (38) echo the referee's touchdown signal after the Raiders pushed over a score in the 1975 Thanksgiving Day football game. Mike Holleran (17) of North also demonstrates pleasure while Quincy's Tommy Spadorcia (65) walks away dejectedly. NQ defeated Quincy 15-8 in overtime.

Quincy Sun File Photo

1996

**QUINCY - 12
NORTH QUINCY - 7**
November 28, 1996

Ken McPhee's Red Raider were favorites to win the 1996 Thanksgiving Day classic. NQ entered the game sitting at second place in the Old Colony League with a 7-2 record. A North Quincy win versus Quincy and a Bridgewater-Raynham loss against Taunton that day would have given the Raiders a shot at a Division 1 Super Bowl berth.

The Red Raiders' success that year was due much to the efforts of running back Brian Walsh and his 1,834 yards and 19-touchdown season. Coach Peter Chella's Presidents entered the game with a 3-6 record, looking to play spoiler. Quincy was led by quarterback Mark Glynn, who was making his third Thanksgiving Day start at quarterback, with two previous wins over North.

Quincy got off to a great start as Andrew Byrne re-

turned the opening kickoff 68 yards to the North Quincy 12-yard line. Setting up a 2-yard TD run by Glynn to take an early 6-0 lead. North Quincy would answer in the second quarter when North quarterback Tom Coughlin called his own number on a 10-yard TD run. Jimmy Finn kicked the extra point for a 7-6 North Quincy lead at halftime.

Late in the third quarter, North Quincy had a 37-yard TD pass called back on pass

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QUINCY QUARTERBACK Mark Giordani (#16) carries the ball in the 1977 Thanksgiving Day game, a 34-8 win for the Presidents over North Quincy.



TED SHIONIS, who ran for 147 yards for North Quincy, takes the handoff from Chris Gray in the 1985 Thanksgiving Day football game dubbed "The Mud Bowl." The Raiders edged the Presidents, 7-6. Quincy's Frank Calabro (81) and Larry Taglieri (12) get set to stop him. Taglieri is now the principal of Quincy High School.

Quincy Sun File Photo

Celebrating 88 Years Of Q-NQ Thanksgiving Football

Cont'd From Page 17

interference call forcing NQ to punt. Byrne, Quincy's return-man, came through with the biggest play of his career, an 85-yard punt return for a TD that would be the game-winning score. In the final minutes of the game North Quincy had the ball 4th down and goal when Quincy defender Steve Wiltshire stopped the North Quincy ball carrier at the 2-yard line to seal the 12-7 upset.

THE BEST OF THE REST:

1966:

**NORTH QUINCY - 8
QUINCY - 0**

The undefeated Raiders faced a great matchup with Quincy. The two defenses held each other scoreless for most of four quarters. Red Raider Head Coach Carl Leone switched defensive back Bob Sleeth to quarterback and he led a 4th quarter drive down the field. Sophomore fullback Don Meyer capped the drive with a 16-yard TD run and Dennis Kelley added the conversion as the Red Raiders defeated the president 8-0. North Quincy finished the season 9-0 and won the Greater Boston League title and Class A State Championship.

1970:

**QUINCY - 16
NORTH QUINCY - 6**

Just as it was for the 1966 Red Raiders, the undefeated 1970 Quincy Presidents faced their greatest opponent of the season on

Thanksgiving Day. The North Quincy offense actually out gained the Quincy offense in total yards, 241-229, but, it was the Quincy defense that was the difference, leading the Presidents to a 16-6 victory and a Greater Boston League and Class A State Championship

1987:

**QUINCY - 14
NORTH QUINCY - 14**

The 1987 Game was one of five ties in series history. Much like the famous Harvard-Yale game of 1968, the headline in the newspaper that week should have read "Quincy Beats North, 14-14", as the 0-9 Presidents scored a moral victory against the favored North Quincy Raiders in this Thanksgiving stalemate.

1992:

**NORTH QUINCY - 20
QUINCY - 0**

North Quincy entered the game 9-0 having already clinched the Old Colony League Title and a Division 1 Super Bowl berth at Taunton the previous week. Coach Ken McPhee gave his players the option of resting some starters on Thanksgiving Day game versus Quincy (3-5) to prepare for the Super Bowl.

The Red Raider players wanted no part of that and took the muddy field on Thanksgiving Day, fully loaded. North Quincy defeated a tough Quincy team, 20-0, to cap an undefeated regular season, the most successful season in the city's history.

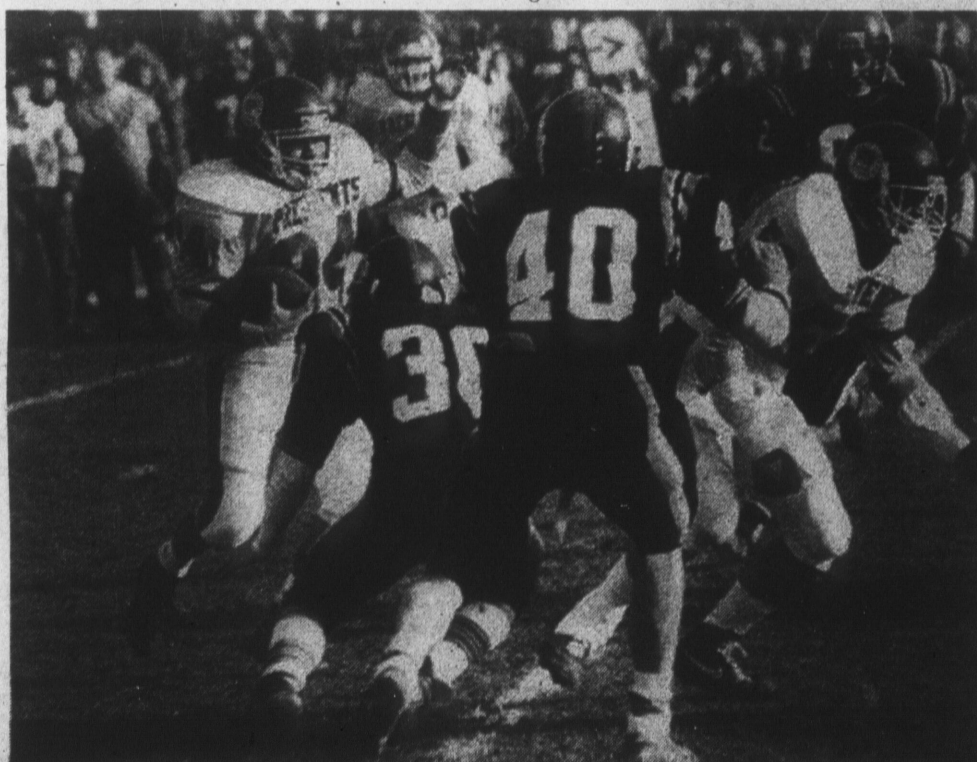
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NORTH QUINCY FANS raise their hands in the stands at Veterans' Memorial Stadium after the Red Raiders defeated the Quincy Presidents 15-8 in overtime for a holiday win Thanksgiving Day, 1975. Quincy Sun File Photo



QUINCY RUNNING BACK Mark Bogan (#44) gains yardage as North Quincy defenders Mark Taylor (#12) and Chris McCallum (#66) close in. Quincy overcame a 17-point halftime deficit to win the 1990 Thanksgiving Day football game, 23-17, and cap an 8-1-1 season. Photo Courtesy of Mike Tempesta, QHS '90



QUINCY KICK RETURN Man Noel DiBona (#34) returns a kick as North Quincy tacklers Eric Delorey (#30) and Sean Skahan (#40) move in for the tackle in the 1991 Q-NQ Thanksgiving Day football game. DiBona currently serves on the Quincy City Council. Photo courtesy Noel DiBona



NORTH QUINCY tight end Frank McNamara hauls in the game-winning touchdown pass in the 1998 Thanksgiving Day victory over Quincy, 21-6. The 1998 win ended Quincy's four-game win streak and was the final game for Ken McPhee as head coach for the Red Raiders.

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Keenan Receives Tobacco Free Mass. Champion Award

State Sen. John Keenan recently received the Champion Award from Tobacco Free Mass. The award was presented virtually at its annual policy forum.

Keenan, along with state Rep. Danielle Gregoire, were honored for their outstanding efforts to end the harms of tobacco use in Massachusetts.

Keenan and Gregoire were co-sponsors of An Act Modernizing Tobacco Control, the legislation that ended the sale of menthol cigarettes in Massachusetts, taxed e-cigarette and vape products, and made sure that insurance covers support

and medicine to help people stop using tobacco.

The legislation is the first in the nation to end the tobacco industry's practice of targeting young people and people of color with flavored tobacco products, including menthol cigarettes.

"I could not have done this work without the incredible advocacy of young people in my district who came to me with a hope for a more healthy future for themselves, their siblings, and their peers," Keenan said. "It was an honor to work with young people across the Commonwealth, Rep. Gregoire, and advo-

cates from the American Cancer Society and American Heart Association to stand up to Big Tobacco and make Massachusetts a leader in tobacco reform."

"Senator Keenan and Representative Gregoire fought a well-funded tobacco industry to win a major victory for public health and for social justice," said Lauren Smith, MD., chair of Tobacco Free Mass. "They based their arguments on science, listened to the experience of young people in affected communities, and communicated the urgency of this issue to their colleagues."

St. Chrysostom's Episcopal Church Calls New Rector

Fr. Chris Capaldo To Serve First Service Nov. 29

St. Chrysostom's Episcopal Church in Quincy announces the calling of a new rector, Fr. Christopher Capaldo, formerly of Plaquemine, LA.

Fr. Chris was born in St. Petersburg, FL but has a local connection as his parents grew up in North Attleborough and he still has family in the local area.

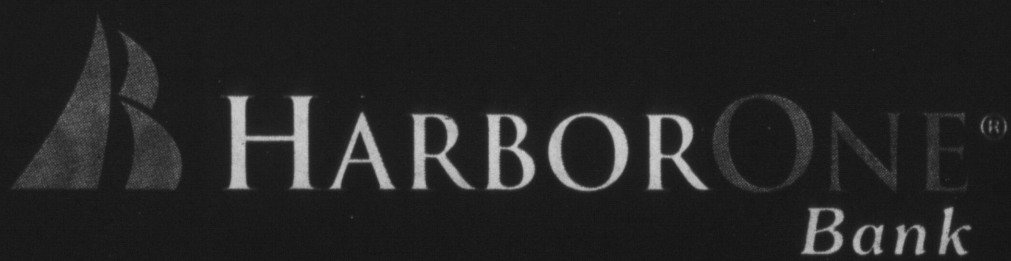
He is a graduate of Florida State University and attended seminary at The University of the South in



**FR. CHRISTOPHER
CAPALDO**

Sewanee, FL. He was a Curate at St. Peter's, Amelia Island, FL and went on to become the Rector at the Church of the Holy Communion in Plaquemine, LA.

Fr. Chris said he is looking forward to his move to Quincy and becoming a part of the Interfaith community here on the South Shore. He will serve his first service on Sunday, Nov. 29th which is the first Sunday of Advent and the first Sunday of the new liturgical year.



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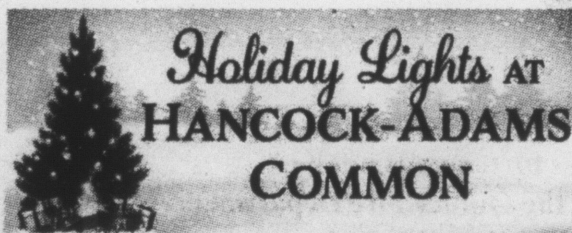
2020

GIVING AND

SHARING LOCALLY

IN QUINCY

Mayor Thomas P. Koch invites you to "Give and Share Locally in Quincy" this holiday season. This year may be a bit different in how we celebrate but we can still help others and enjoy the sights and sounds of the holiday season.



**Holiday Lights at
Hancock-Adams Common**
Friday, November 27 - New Year
Hancock-Adams Common
1305 Hancock Street

The Hancock-Adams Common will be festively illuminated with lights and holiday decorations as usual. Enjoy a walk through the Common this holiday season!

Don't forget to drop your letters to Santa in Santa's Mailbox at the Hancock-Adams Common through-out the holiday season.



Gift Card Giving

Purchase a gift card from your favorite local establishment(s).



**Shop Small Business
Saturday**

Findmylocalma.com is a statewide campaign encouraging consumers to support their local economies by spending their money at Massachusetts businesses & attractions. Shopping local matters to our small business owners and their employees.

Quincy's businesses are open and ready to serve you. They are taking your health, and the health of the whole community, seriously by following public health and safety guidelines. Many of them have made significant investments to reorganize or retrofit their spaces to ensure social distancing when you visit in person. Businesses of all kinds have added curbside pickup and delivery to their list of services.

Now, more than ever before, Quincy businesses need your support. By purchasing products and services locally, you will:

- Support and strengthen locally owned, independent businesses, and local jobs.
- Preserve and enhance our unique shopping districts.
- Re-circulate more dollars within Quincy to promote a strong local economy.

GIVING
TUESDAY

**Giving Tuesday
Support Social Service
Organizations**

Tuesday after Thanksgiving is Giving Tuesday. Consider a contribution of your time to an organization to help those in need this holiday season.

If your family is need of services and/or need assistance this holiday season please contact Constituent Services at (617) 376-1500.



**Fair Saturday
Contribute to the
Local Arts Organizations**

Please consider a donation to local arts organizations to support Quincy artists & entertainers during this holiday season.



Visit QuincyMA.gov for a list of Quincy organizations you can contribute to this holiday season.

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QATV Quincy Access Television

See the Difference!

QATV To Air 'Classic' Christmas Parades Sunday

Quincy Access Television (QATV) announces "classic" Quincy Christmas Parades will air on QATV-8 on Sunday, Nov. 29th.

"With this year's Christmas Parade being cancelled due to the pandemic, we wanted to continue the tradition of having the parade the Sunday after Thanksgiving," said Jonathan Caliri, acting executive director of QATV. "While it won't be the same as watching on

Hancock Street, we hope watching these prior years parades will help jumpstart Quincy into the Christmas spirit," Caliri added.

The following Christmas parades will be shown on QATV-8 and streamed at QATV.org on Nov. 29th:

- 2 p.m. - 1995
- 4 p.m. - 2002
- 5:30 p.m. - 2011
- 7 p.m. - 1984
- 8 p.m. - "Quincy Christmas Parade: 40 Years

of Memories" documentary • 9 p.m. - 2019

For more information about QATV's classic Christmas parade programming, visit www.QATV.org or call 617-376-1440 ext. 224.

Live Online: Falls Prevention, Stress Management For Adults

The public is welcome to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, from 10 to 11 a.m. on Tuesday, Dec. 1 online for the latest session in this engaging and valuable series that helps aging adults live a self-sufficient lifestyle.

Physical Therapist Kristin De Jong will join Toomey as this session's special guest to guide participants through some exercises everyone can do during COVID-19 to keep strength and balance intact.

Everyone is welcome and encouraged to attend any of all of the sessions in this series, which teaches and empowers aging adults and those who care for them with skills and ideas that decrease falls and increase independence.

This evidence-informed program will discuss practical and proven exercises that promote health and well-being.

Each 60-minute session will build upon the previ-

ous one(s) to deepen your aging strong experience, but you can attend any or all, depending upon your availability.

The next session will be from 10 to 11 a.m. Tuesday, Dec. 15. The sessions will be recorded for later viewing and sharing and made available on the library's YouTube channel.

Join on Zoom (meeting ID: 874 7134 0892). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio.

You may also view the program live on the library's YouTube channel and Facebook page.

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The time of year to consider those less fortunate is upon us. With that in mind Mayor Koch's office and the Quincy Fire Department have joined to setup a food drive for those in need. If you're able to give, please find bins placed on the exterior of five of Quincy's firehouse locations. Donations can be dropped off at:

- Fire Headquarters - 40 Quincy Ave.
- Engine 2 & Ladder 5 - 311 Hancock St.
- Engine 4 & Ladder 2 - 111 Beale St.
- Engine 6 - 1082 Sea St.
- Engine 7 - 86 Huckins Ave.

Bins have been placed on the exterior of the buildings so that drop-off can be contactless due to the COVID virus. Drop-off bins will remain in place until Saturday, December 12th. Thank you for your generosity and enjoy the holidays.

The Quincy Fire Department

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WORKERS STRING LIGHTS and place a star atop one of two Blue Spruce trees that will be the signature displays at the Hancock-Adams Common this holiday season. Due to the pandemic, there will not be a public tree lighting ceremony this Friday, Nov. 27. However, the lights will be illuminated after dark on Friday as is tradition in the City of Quincy. This tree is located near the water fountain and the glass City Hall annex building. The other tree is positioned between United First Parish Church and the James R. McIntyre Government Center (old City Hall.) The city thanks Quincy residents Richard DuClos and Janice and David Carpenter for providing their Blue Spruce trees for the holiday display. In addition, the city thanks Bogan Tree Service for donating their services for tree removal and transport.

Quincy Sun Photo/Robert Bosworth

LET US GIVE THANKS
TO OUR STUDENTS, FACULTY, STAFF,
AND COMMUNITY.

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Celebrating 88 Years Of Q-NQ Thanksgiving Football

Cont'd From Page 18

A week later on December 5th, 1992, thousands of fans from Quincy High & North Quincy High packed into Boston University's Nickerson Field to cheer

on the Red Raiders as they brought home a Division 1 Super Bowl title to the City of Quincy with a 14-9 victory over Arlington.

Cont'd On Page 24

Series Scoreboard: Quincy 48, NQ 34, And 5 Ties

Results From The 87 Games

With 87 games in the books, the Quincy High School Presidents hold the edge over the North Quincy Red Raiders with a 48-34-5 series record.

Last year, the Presidents defeated the Red Raiders 20-6 in the 87th annual Thanksgiving Day football game. Quincy's win snapped a three-game losing streak in the series. North won in 2016, 2017 and 2018 by scores of 13-6, 7-6 and 33-8 respectively.

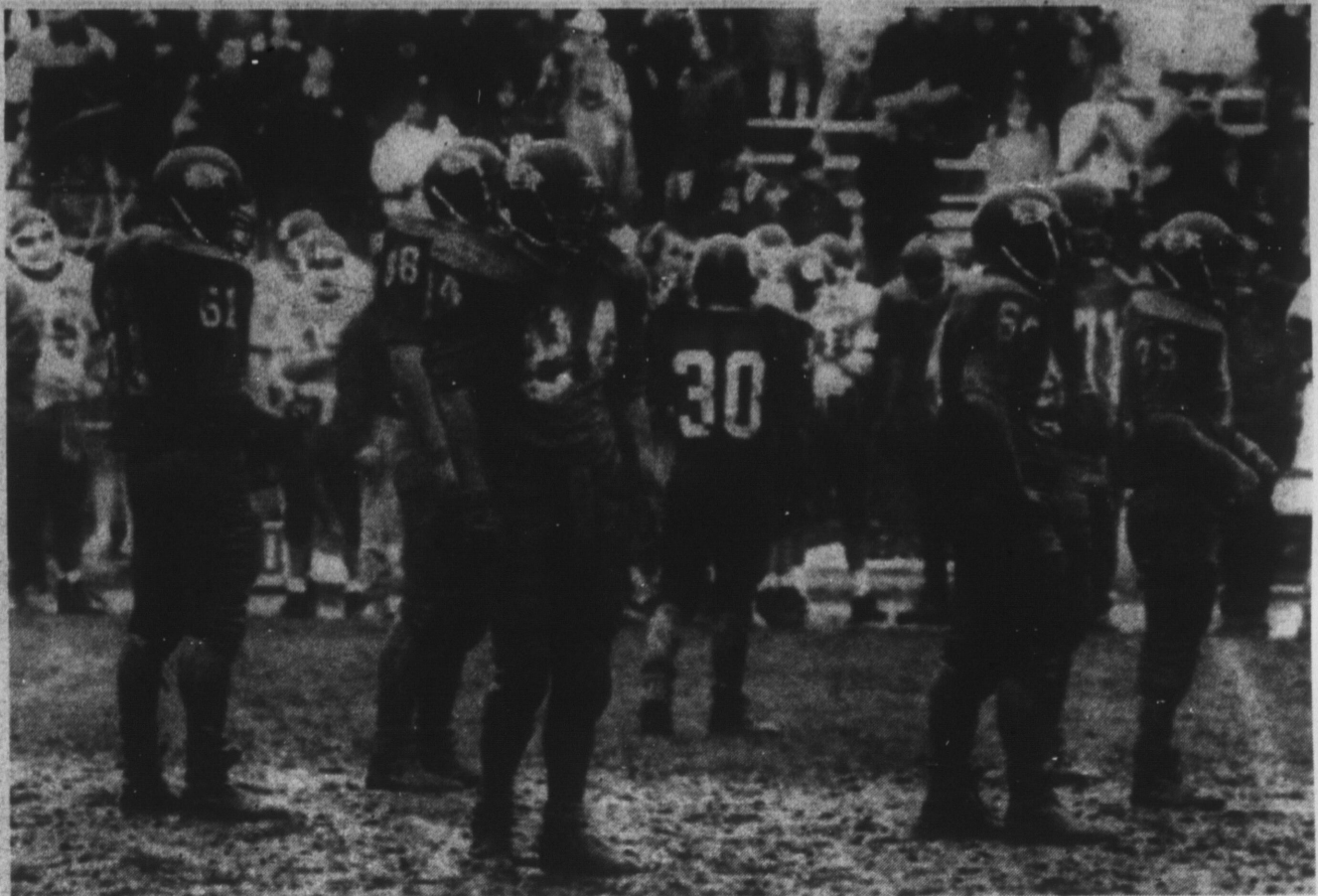
Quincy had defeated North Quincy four straight times from 2012 to 2015. North Quincy was victorious the three prior seasons (2009 - 2011) after the Presidents reeled off 10 straight wins (1999 - 2008).

The contests in 1934, 1937, 1940 and 1983 were scoreless affairs, while the 55th meeting in 1987 ended in a 14-14 stalemate.

The series was last deadlocked at 7-7-3 going into the 1950 game.

The series history:

1933: North 6, Quincy 0	1960: North 28, Quincy 20
1934: North 0, Quincy 0	1961: Quincy 10, North 0
1935: North 14, Quincy 6	1962: North 18, Quincy 0
1936: North 6, Quincy 0	1963: North 14, Quincy 10
1937: North 0, Quincy 0	1964: Quincy 12, North 8
1938: Quincy 19, North 0	1965: Quincy 20, North 16
1939: North 6, Quincy 0	1966: North 8, Quincy 0
1940: North 0, Quincy 0	1967: North 14, Quincy 6
1941: Quincy 34, North 0	1968: Quincy 21, North 8
1942: Quincy 27, North 0	1969: Quincy 53, North 0
1943: Quincy 12, North 7	1970: Quincy 16, North 6
1944: North 6, Quincy 0	1971: North 30, Quincy 12
1945: North 7, Quincy 0	1972: North 24, Quincy 8
1946: Quincy 31, North 6	1973: North 20, Quincy 10
1947: Quincy 19, North 6	1974: Quincy 14, North 13
1948: North 8, Quincy 6	1975: North 15, Quincy 8 (OT)
1949: Quincy 25, North 0	1976: North 24, Quincy 0
1950: Quincy 20, North 0	1977: Quincy 34, North 8
1951: Quincy 21, North 0	1978: Quincy 13, North 7
1952: Quincy 32, North 19	1979: Quincy 34, North 3
1953: North 20, Quincy 7	1980: North 27, Quincy 20
1954: Quincy 18, North 0	1981: North 7, Quincy 0
1955: Quincy 44, North 20	1982: Quincy 26, North 3
1956: Quincy 19, North 13	1983: Quincy 0, North 0
1957: Quincy 18, North 7	1984: Quincy 14, North 12
1958: Quincy 25, North 16	1985: North 7, Quincy 6
1959: North 18, Quincy 14	1986: North 24, Quincy 7
	1987: North 14, Quincy 14
	1988: Quincy 29, North 21
	1989: North 27, Quincy 26
	1990: Quincy 23, North 17
	1991: North 7, Quincy 0
	1992: North 20, Quincy 0
	1993: North 14, Quincy 7
	1994: Quincy 21, North 14
	1995: Quincy 9, North 7
	1996: Quincy 12, North 7
	1997: Quincy 7, North 0
	1998: North 21, Quincy 6
	1999: Quincy 21, North 13
	2000: Quincy 28, North 13
	2001: Quincy 12, North 7
	2002: Quincy 12, North 7
	2003: Quincy 20, North 7
	2004: Quincy 27, North 0
	2005: Quincy 14, North 0
	2006: Quincy 10, North 0
	2007: Quincy 28, North 7
	2008: Quincy 27, North 17
	2009: North 21, Quincy 6
	2010: North 13, Quincy 6
	2011: North 27, Quincy 17
	2012: Quincy 30, North 14
	2013: Quincy 14, North 0
	2014: Quincy 33, North 6
	2015: Quincy 33, North 20
	2016: North 13, Quincy 6
	2017: North 7, Quincy 6
	2018: North 33, Quincy 8
	2019: Quincy 20, North 6



THE 1992 MUDDY North Quincy defense lines up against Quincy on Thanksgiving Day. From left to right: linebacker Chooch Halpin (#61) linebacker Bryan Raftery (#88), defensive end and captain Dave Reinhart (#84), defensive end Erik Delorey (#30), defensive tackle Billy Skutel (#69), noseguard Dave Pacino (#75) and defensive tackle Mike Linnane (#71). This defense shut-out Quincy 20-0 on Thanksgiving and help lead the Raiders to an undefeated (11-0) Super Bowl championship in 1992. The 11 wins is the most for any high school football team in Quincy.



NORTH QUINCY'S all-time leading rusher, Brian Walsh (#18) carries the ball behind the blocking of fullback Mike Powers (#13) and lineman Norm Connell (#75). The favored Red Raiders lost to the Presidents 12-7 in the 1996 Thanksgiving Day football game.



THE 2014 Thanksgiving Day football game was a record-setter for Quincy quarterback James Lam (#5) who tossed three touchdown passes to reach 35 in his career leading the Presidents to a 33-6 win over the Red Raiders in the 82nd annual game. Here Lam receives the game ball from Coach Bill Reardon in the post-game celebration. Lam broke the mark set in 1988 by Chris Noble who had 34 touchdown passes in his career.

Quincy Sun Photo/Robert Bosworth

Celebrating 88 Years Of Q-NQ Thanksgiving Football

Cont'd From Page 23

1995:

QUINCY - 9
NORTH QUINCY - 7

In a mostly defensive battle through four quarters of football, North Quincy had a slim 7-0 lead at half-time. Quincy closed in on the North Quincy lead 7-6 with a third quarter touchdown. With seconds left to go in the game rookie Head Coach Peter Chella called out the field goal unit and junior kicker Tim Santos put the ball through the uprights for three points and a 9-7 victory over North.

2009:

NORTH QUINCY - 21
QUINCY - 6.

After a 10-year losing streak at the hands of Quincy Head Coach Bob Noble, the Red Raiders broke the losing curse with a convincing 21-6 victory over the Presidents.

2014:

QUINCY - 33
NORTH QUINCY - 6

The Presidents offensive tandem of senior quarterback James Lam and junior tailback Jahvae Handsom-Fields led Quincy to a 33-6 win over North Quincy. Lam tossed for 177 yards and three touchdowns and Handsom-Fields rushed for 156 yards and two touchdowns to carry the Presidents past North by air and by land for Quincy's third consecutive win in the city rivalry on Thanksgiving.

Lam's third touchdown established a new Quincy High record for 35, breaking the mark of 34 held for 26 years by Chris Noble.

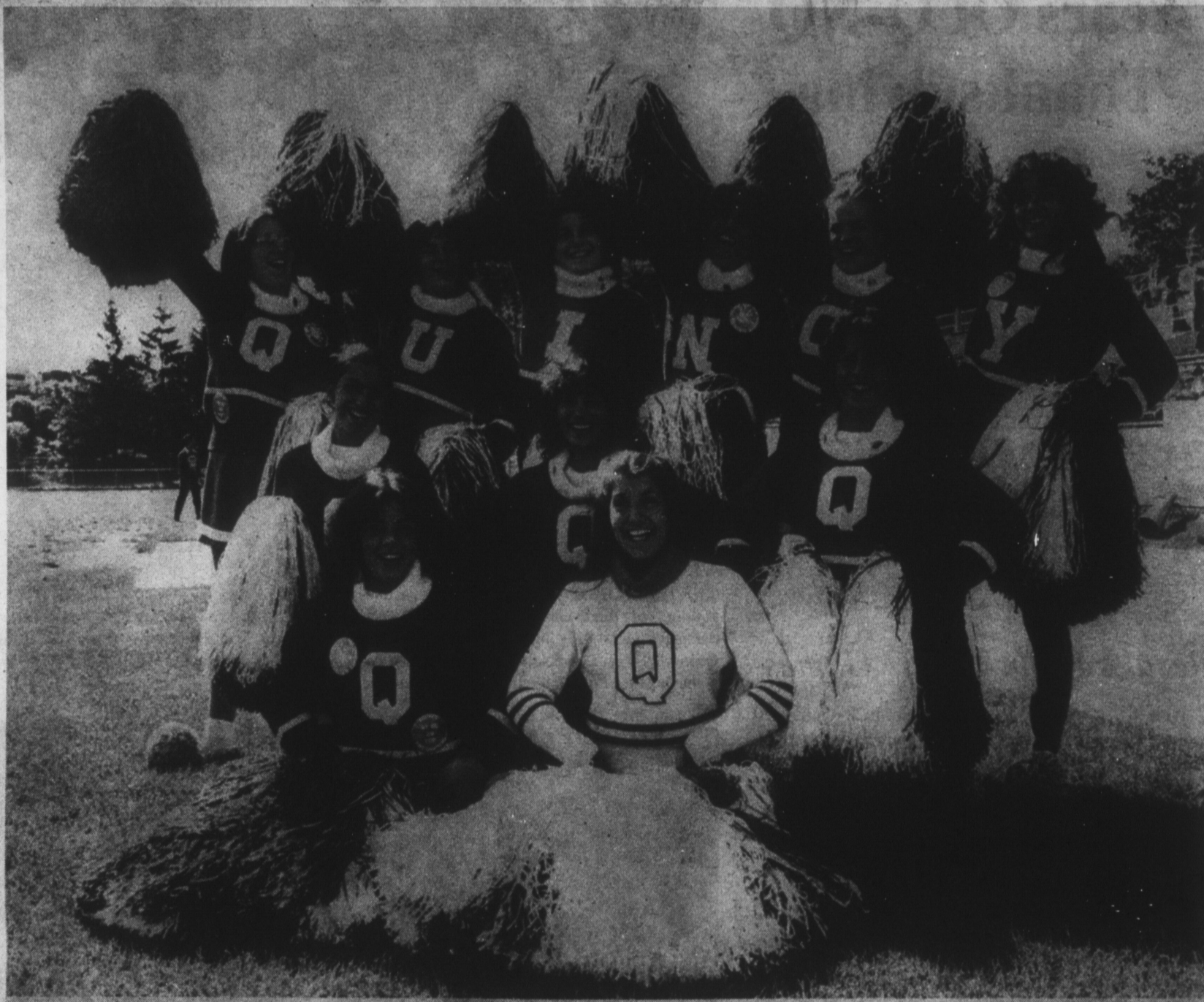
Handsom-Fields went over the 1,000 yard mark in rushing in just nine games for the Presidents and broke the 2,000-yard barrier for his two-year varsity career. Quincy finished at 8-3, its first eight-win campaign since 1990.

2017:

NORTH QUINCY - 7
QUINCY - 6.

North Quincy defender Nate Sleiman blocked a Quincy point after kick in the first half. The play proved to be difference in the ball game. The game had a bizarre ending when a Quincy miscue of clock and down management caused them to turn the ball over on downs on the Raider one-yard line.

North Quincy's Nelson Walinjom and Quincy's Shorne Hawthorne scored their team's only touchdowns. Raider place kicker Kieran O'Driscoll's PAT provided the winning point.



THE UNIFORMS may have changed over the years, but the passion for leading the cheers for the Quincy High School and North Quincy High School football teams has remained a constant for the teams' cheerleaders. These two photos show the cheerleaders from the 1979 Quincy (above) and North Quincy (below) football teams. Front row co-captain Daniela DiBona (left) and captain Annie Sandonato. Second row: Donatella Fabrizio, Lorna Jeli and Ann Marie Cialvi. Back row: Patti Morris, Maureen Bacon, Laura Thomson, Lucia Fabrizio, Sandy Thurston and Hazel Brown.

Quincy Sun File Photos



NORTH QUINCY HIGH football cheerleaders, 1979: front row, left to right: Christine Langille, Barbie Carl, Melissa Glynn, Laurie Leonhardi and Ellen Thompson. Back row: Linda Morash, Jean Vella, Kim Galasso, Linda Chiampa, Kathy White, Kathy McCarthy and Lisa Morash.

Quincy Sun File Photos

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QUINCY HIGH VOLLEYBALL CHAMPS – Quincy High School girls volleyball team defeated Duxbury 3-2 on Nov. 20 in the Patriot Cup finals. The Presidents came back down 2-0 to win 3-2. Quincy finishes the season undefeated, 13-0. Kneeling (left to right): Assistant Coach Julie Krieger, Ivy Zhou, Kelsy Duong, Hanna Valenzuela, Mona Ly and Volunteer Coach Julianne Gazzola. Standing (left to right): Team Manager Gabriella Franceschini, Assistant Coach Tricia Wong, Assistant Coach Marybeth Torpey, Alyssa Ruan, Annika Schmitt, Alyssa Ryan, Colleen Moran, Emma Glavin, Ashley Grehan, Priscilla Bonica, Rachel McKenna, Bridget Hoare, Assistant Coach Jacquie Principi and Head Coach Jacqui Niosi. Photo Courtesy Kevin Mahoney

Undefeated Quincy Volleyball Wins Patriot Cup

By TOM JOYCE

For the first time all season, the Quincy High girls volleyball team may have been the underdog.

The Presidents dropped the first two sets of their Patriot Cup championship match against the Duxbury Dragons on Nov. 20 at Silver Lake High in Kingston. Duxbury not only handed the Presidents their first set loss of the season but was in a position where they could have won the championship with a sweep if they took the third set. They just needed one point to make it happen.

However, a sweep didn't happen. Duxbury didn't even end up winning. Rather, the Presidents came back and took each of the final three sets to win 3-2, earning the first-ever Patriot Cup title. With the win, the Presidents finished their season at 13-0 while Duxbury fell to 13-1.

"We've had games where we've come back and won, down 2-0," Presidents head coach Jacqui Niosi said, referring to past seasons. "But I don't think we have with the game as close as it was in the third game. I think the mental toughness they showed, the adjustments we made, the aggressiveness on defense, it was incredible. Duxbury is a fantastic team. They can hit the ball, they can serve tough. I'm just so happy for our kids."

Duxbury took the first two sets of the game 25-20 and 26-24. It looked as though they had an opportunity to take the third set

and make it the final set; at one point, they led 24-23 after they spiked a ball into a crowd of Quincy defenders, and no one could return the hit. However, Quincy prevented that from happening. Senior Rachel McKenna had a block to tie the set at 24 apiece. Duxbury then gained the advantage again, going up 25-24 after a spike deflected off a Quincy defender. A hitting error by Duxbury then tied the set back up at 25. Quincy battled, took the next point and then with the 26-25 advantage, they took the set 27-25 on a light kill by Annika Schmitt, who tapped the ball over the net for the point.

That reduced Quincy's deficit in the set to 2-1. However, the players on the court were not worrying about the way the past sets went going into the third, fourth and fifth ones.

"You can't dwell on the past two sets," senior Ashley Grehan said. "If you think about the set that you just lost, you're never going to focus on the next point, and you're just going to put yourself in a bigger hole. We had to focus on the next step, the next point, and we got there."

Quincy started the third set off strong, taking an 8-6 lead on a kill by McKenna. It was the start of a 6-0 run, and five of those points came with senior Alyssa Ruan serving for Quincy. Duxbury had some trouble defending against her serves, including an ace that gave the team a 9-6 lead.

Their biggest lead in the run was 13-6.

It was a hole Duxbury could not overcome. From there on out, the two teams virtually matched each other in points to finish out the set. Quincy finished the set with a 4-0 run. It included a kill by McKenna, back-to-back kills by Colleen Moran, and another from Mona Ly who found an opening in the middle of Duxbury's side of the court. Quincy won the set 25-17.

The fifth and final set of the match was competitive as well, with Quincy taking an early 6-3 lead on an ace with Emma Glavin serving. Duxbury would tie the set at six apiece and take a 9-8 lead on a hitting error by Quincy. However, that lead wouldn't last. Schmitt tied the set at nine apiece with a kill and gave the team an 11-9 edge on a kill following a dig from Ruan. This forced Duxbury to call a timeout.

Momentum stayed the same after the timeout. Quincy went up 13-11 on a kill from Moran, and back-to-back hitting errors by Duxbury gave the set helped Quincy take the set 15-11.

"Duxbury is a really good team, and the speed of this match was just something we hadn't seen throughout our season," Niosi said. "It took a while for us to adjust to that, but they just kept believing they could pull it off."

"Duxbury is definitely the biggest team we've played this season, but if

I could take any team I've ever had into a situation like this, it would be this team," she added. "They never complained once this season, no matter what happened, and just stepped on the court and worked hard every day. Duxbury can be very proud of their team, but we are really happy for our kids."

Ruan had a team-high 39 digs for Quincy while Ly had 28 and Grehan finished the game with 21. Grehan also had a team-high three aces. Offensively, McKenna (15 kills), Schmitt (13 kills), and Grehan (11 kills) also performed well.

Niosi also credited her assistant coaches for their hard work, helping the team achieve this level of success this season. Her staff included Tricia Wong, Marybeth Torpey, Julie Kriger, and Jacquie Principi.

The Presidents roster this season included: sophomore Annika Schmitt, sophomore Bridget Hoare, senior Ashley Grehan, senior Alyssa Ruan, junior Mona Ly, senior Rachel McKenna, senior Kelsy Duong, senior Priscilla Bonica, senior Alyssa Ruan, senior Ivy Zhou, senior Hanna Valenzuela, junior Colleen Moran, and junior Emma Glavin.

The Presidents advanced to the Patriot Cups with a 3-0 win over Plymouth South Nov. 18. They won their respective sets 25-13, 25-11 and 25-19, improving to 13-0 on the season.

"We played pretty clean most of the game," Presidents head coach Jacqui Niosi said. "We didn't have a ton of unforced errors. I thought we served well and usually when we do that, good things happen."

This marked the third time this season that the Presidents, who had not lost a set all year, swept Plymouth South. The first time they faced off was in Plymouth on Oct. 19.

The Presidents had no issue taking that one, winning the sets 25-17, 25-22, 25-19. They played each other again on Nov. 4 in Quincy, and the Presidents won that one 29-27, 25-19, and 25-18. Scoring 32 more points than their opponent this time around, the Presidents had their largest margin of victory of any of their three matches against Plymouth South.

Since the Presidents had played some competitive sets against Plymouth South before, they did not take their opponent lightly heading into the contest.

"I think we felt like we had something to prove tonight and we just wanted to step on the court and play well," Niosi said. "It's really hard to beat a team the third time in a season. We just focused on that, trying to get better when we stepped on the court. Just little things, keep it simple with every play, every volley, what you're supposed to do and just focus on basics."

The Presidents had no is-

sue taking the first set of the match 25-13, but Plymouth South came out strong in the second. The two teams split the first 16 points evenly, making it an 8-8 contest before the Presidents went on a roll and had their most dominant set of the match. From there, the team took 17 of the next 20 points to win it 25-11.

Strong serving was a key component of the Presidents success in the second set. The winning point in that set came on an ace from Alyssa Ruan. She finished the day with a team-high 24 digs for the Presidents on defense but put up three aces while serving as well.

Like the second set, the Presidents had no issue taking the third despite it having the closest score of the match. The Presidents essentially led for the entirety of it, outpacing their opponent that was unsuccessful in its comeback attempt. With the Presidents up five points 24-19 late in the set, Annika Schmitt set Colleen Moran up for the game-winning point. She hit the ball high in the air, and Moran capitalized on the opportunity, spiking the ball for her fifth and final kill of the match as the Presidents picked up the win to advance to the Patriot Cup final.

Schmitt had eight kills, six digs, and 12 assists in her team's win. Ashley Grehan also played well for the Presidents, putting up five kills along with 16 digs.

Quincy Girls Soccer Edges North Quincy, 1-0

By LIAM GAMBON

After a Halloween party was hosted involving North Quincy High School students, athletics for the Red Raiders were postponed for two weeks, including a girls soccer game against rival Quincy.

But on a frigid cold Thursday night Nov. 19th at Creedon Field, the two schools finally battled it out in a matchup after the long wait that kept the soccer players off the field.

"It was devastating when we found out our season was postponed," North Quincy girls soccer coach Devon McKay said. "These girls worked so hard to get to where they are now and to get it kind of taken away from them that late into the season, it was heartbreaking for them."

"It was a really great way to end the season," Quincy girls soccer coach Bridget Coleman said. "The girls had just really wanted to play and I'm so glad they got to."

At the end of the night, the Presidents walked away with a 1-0 victory. Before their eventual goal in the closing minutes of the final quarter, North Quincy goalie and senior captain Victoria Talarico was stopping shots left and right. This included diving saves as the ball was shot through traffic, leaping saves on cross shots, and even one where she rolled in front of the goal-line to prevent a score in the third frame.

After the loss, Talarico received hugs from the entire team as it was her final high school game, along with the other seniors of the

team. This included senior Mikayla Kennedy.

Kennedy was a member of the Olympic Development Program growing up where she traveled and played against top players in the country. Though, when she joined a club there were some critics.

"I was told I started soccer too late and my skills aren't up to where everyone else's were," Kennedy recalled. "This motivated me to push myself and work hard day in and day out."

Years later, the starting defender for the Red Raiders was named a Patriot League All-Star and was named to the EMASS All-Star second team in her final year of high school soccer. She was the first Red Raider in the girls soccer program to be named an EMASS All-Star in five years, and was the first Patriot League All-Star named in four years, along with junior midfielder Teresa Sheedy.

"Receiving those awards were unexpected definitely. What I strived for this season was really just to try to make the best out of the COVID situation and work hard and motivate others to do the same. The new rules with COVID, a new coach, and basically a whole new team set some challenges that I was ready to turn into a great season," Kennedy said. "I want to thank my past and current coaches, and the team this year for making the best out of such a tough situation. With the setback of getting our school and season shut down for two weeks, I didn't know how if we would get a final game. I'm so thankful for

the awards and getting to finish the season with such a great coaching staff and team."

"This is a huge deal for the program moving forward," McKay said.

North Quincy also saw sophomore Malanie Chretien named their scholar athlete and sophomore defender Marybeth Smith received sportsmanship honors.

On the other side of the ball, Quincy has a lot to look forward to in freshman Ciara Golden. The first year President showed off her skills in the closing half of the fourth period Thursday. As fans were beginning to talk more about the freezing cold more than the game, Golden switched the mood around as she parked a shot from around 20-yards out and curved it past star keeper Talarico.

After the score, every President on the field crashed into Golden in celebration and the Quincy sideline was just as excited.

"Perfect shot, it was amazing," Coleman said. "The whole team freaked out; it was a great moment. For a freshman to score the game winning goal against North, she was pretty excited."

Quincy also got word of a Patriot League All Star in their midst as senior captain Emilia Henry received the honor. Fellow senior Isabella Hanley received the scholar athlete award and senior co-captain Aisling Kelly got the sportsmanship nod.

Not a bad way for the two Quincy schools to wrap up a crazy fall season.

Presidents Top Raiders, 1-0

By TOM JOYCE

The final Quincy High-North Quincy High boys' soccer match was in some ways a first for both teams.

The game which took place Nov. 19 at Creedon Field at North Quincy High was later in the season than they normally would play one another, but it was a makeup game. The two teams were set to face off weeks ago, but then North Quincy had to shut down in-person schooling and sports for two weeks due to the coronavirus pandemic.

Additionally, it marked the first win of Quincy head coach Dan Mongo's tenure. Quincy won the game 1-0. With the win, Quincy finished the season at 1-1 and with the loss, North Quincy finished theirs at 2-7.

"It was a great effort from both sides," Quincy head coach Dan Mongo said. "It was another example of a great Quincy-North Quincy game. It's always a fiery affair. Two teams came out and fought hard for the win, and we're happy we came out on top in this one."

"It was our best performance of the year, and it's a sign that we've been improving all year," he added. "I'm proud of the performance all across the field. It was excellent."

Neither team made any noise offensively in the first half, but shortly into the third quarter, Quincy got themselves on the board. Sophomore Thomas O'Neil found the back of the net for Quincy with 18:04 remaining in the quarter, capitalizing on a shot opportunity out in front of the net.

In net, Quincy got a shutout performance from Jacob Ferrullo, his first of the season. That strong performance included a save

with less than two minutes remaining in the third quarter, blocking a shot in traffic.

Both sides played tough defense in the fourth quarter, and Quincy was able to protect its lead to secure the win.

Mongo enjoyed the fact that his team was able to play North Quincy a second time this season. The first time they faced off, North Quincy won the game 1-0 on Oct. 14.

"It was great," he said of the rematch. "It was disappointing when we weren't able to play them originally, but I'm glad we were able to come out here, have a chance at revenge and we got it."

The win marked the last game for the team's seven seniors, and Mongo said he was proud of the way they handled themselves.

"They've brought class and respect," he said. "They've handled their business in a way that is admirable and they've worked for everything they got. It was great to top the season off with a win. It was well-deserved for the seniors."

Additionally, he said he is looking forward to working with the kids they have coming back and continuing to build up the program.

"It's exciting, I'm looking forward to having the continued opportunity to work with these guys and to have a full offseason," he said. "Lord willing, things get better with the pandemic and we can keep working on the things we have in front of us. We have the guys to accomplish our goals as long as we're all on the same page and willing to put in the work."

On the North Quincy side, the team was grateful for one last opportunity to play after it looked as though their season might be over in early November.

"It was honestly everything and anything I could've asked for. It was a last gift for us," senior captain Subear Hussein said. "We were cut short. We missed a couple of games, but it was honestly one of the best of the season. Quincy is always a tough team, so it was fun playing them one last time."

Coming back after a few weeks off was a challenge for the team, but it was one they were happy to have.

"It's been a tough and weird season," senior captain Abdel Mahmoud said. "The break that we had made the chemistry a little difficult, but all we had in this game was putting everything there with our hearts and just having fun."

North Quincy had a new head coach this season in Charles Kilmain. Senior

captain James McGillicuddy said that he enjoyed working Kilmain.

"At first, it was a little tough because we were adjusting from our old leadership, but as we got to go, he was one of the best coaches we could've had -- especially with the captains and the seniors and the upperclassmen, we all meshed so well together," he said. "Just since when I've been a freshman to now being a senior, it's been such an improvement in the compassion on this team -- even if it doesn't show on the field. We're all laughing behind the scenes and having a great time so I'm so happy for our coach, my teammates, my classmates who I've been with for four years now. It's very special."

Fellow captains Ivan Lee, a senior, and Oliver Smith, a junior, said they enjoyed having that sort of a leadership role on the team -- and Smith said he looks forward to continuing in that role next year.

"It was great to work along with some of my seniors to help some of the younger players and show them what it takes and to be a leader on and off the field," Lee said.

"I'm a junior myself, and it's been fun leading the team with them, teaching the other kids, and I'm happy for them to see them go out the way we did," Smith added.

The roster for Quincy this season includes: senior captain Jacob Ferrullo, sophomore Thomas O'Neil, junior Nandan Nair, junior Joseph Connor, junior Gabriel O'Brien, senior Ciro Moura, senior Campbell Tierney, senior Devin Desmond, junior Zachary Donaghue, junior Nicholas Ferrara, senior Parishkrit Lamichhane, senior Collin Driscoll, junior Daniel Pakkala, sophomore Alex Carmona-Montufar, freshman Antoine Johnson, freshman Declan Rogers, junior John Fehan, junior John Alessandro, junior Sai Kuchulakanni, junior Kellen Kopp, and junior Coleman Ross.

North Quincy's roster this season includes: sophomore Jack Cavicchi, sophomore Nate Davis, sophomore Ben Dawe, junior Ethan Walsh, junior Mike Colantonio, senior Dan Vu, senior Ivan Lee, junior Pablo Flores-Munoz, senior Abdel Mahmoud, sophomore Nicholas Pereira, sophomore Neil McCole, senior James McGillicuddy, junior Oliver Smith, junior Daniel O'Shea, junior Kevin Le, sophomore Nate Caldwell, junior Gerard Llanaj, junior Tom Murray, sophomore Joe Bates, and senior Subear Hussein.

Aluna Coogan-Coyne Takes Silver At MSTCA Cup Cross Country Meet

By JOE REARDON

Aluna Coogan-Coyne was still running comfortably, tucked in with the pack, when she passed the mile of the girls' freshmen race at Saturday's MSTCA Cup Cross Country Meet. But with Weymouth's Gracie Richard running strong and showing no signs of faltering well ahead of the cluster of runners, Coogan-Coyne knew it was time to put her head down and make a run at Richard.

The Quincy/North Quincy rookie, who didn't join the team until a week before the first dual meet, surged up the hill shortly past the mile mark of the 1.6-mile Highland Park course in Attleboro and battled the

eight grader over the last 200 yards. Coogan-Coyne was a step behind at the finish, but took the silver medal with a time of 10-minutes, 35.5 seconds. Richard was clocked in 10:35.1.

For Coogan-Coyne, the race was extremely satisfying after a fourth-place finish in a dual meet on Monday against Hingham coming off two weeks of not running because of a quarantine. Coogan-Coyne also was hit by a growth spurt that began to give her knee problems. Quincy/NQ head coach Geoff Hennessy was on top of the problem and immediately cut back her mileage to 20 per week as she underwent physical therapy.

The race certainly gave Coogan-Coyne a boost.

"I went out at the pace Geoff told me to go because I stay with everyone," said Coogan-Coyne. "At the end I started to sprint but she was just faster. I wanted to win or come in the top three."

Hennessy wasn't surprised by her runnerup finish. "She was quite good in middle school," he said. "She was probably one of the fastest kids ever in middle school. The fact that she could race this fast is great."

The meet, held in windless, ideal conditions, marked the final competition of what was a trying cross country campaign and was the third held on the

Mark Coogan Cross Country Course. The course is named after the legendary Olympian who was a stand-out distance runner at Bishop Feehan High School.

Hennessy said his freshmen were still very much hungry to continue competing and were extremely motivated for the MSTCA meet. "They didn't have any specialty events this year with the pandemic and all," he said. "They missed out on a couple of events where they have freshmen or freshmen/sophomore races. Then the North Quincy kids were quarantined for two weeks and they missed out on the league meet. They lost opportunities, but when some-

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Aluna Coogan-Coyne Takes Silver At MSTCA Cup X-Country Meet

Cont'd From Page 26

thing like this popped up they jumped at it. They're so into it they wanted to know if there was something next week too. We're done and they capped off a pretty productive season."

Grace Cody avoided a near disastrous situation at the start of the race when one of her spikes slipped off at the gun. She quickly put her shoe back on and ran a steady race to take 33rd in 12:58.2. "That was fun," she said with a laugh. "It happened right at the beginning. I definitely learned a lot about running. It was a great season. I'll probably do more of the longer races indoors."

Kyle Clements ran conservatively at the start of the boys' event, but deftly navigated the rolling hills as he moved up through the pack on the way to placing 13th in 9:48.7. The race was won by the wildly talented 4:12-miler Marcus Reilly of Northbridge, who ran away from the field for a fierce 8:06.3 win.

Clements believed his slowish start may have cost him a few places at the finish line.

"I think I went out a little slow," said Clements. "I didn't go out as fast as I wanted. I really started to pick it up at the 2K mark."

Nathan Doyle ran well to finish in the top 30, taking 26th in 10:06.8. "It was different because I'm used to running longer races," said Doyle. "I was a little tired, but it was still a fun race. It's different from what I'm used to and it felt like I was sprinting all the way. I started out a little slow, but then guys started moving up and I knew I had to move up too. I went faster and faster. At the wrap-around between the two hills I started really kicking. I want to work on speed indoors and getting a better kick."

Matt Hollatz probably had the most inspiring race for Quincy/North Quincy, coming off of frustrating "physical challenges" as a result of a growth spurt that saw him grow five inches in three months. Hollatz sprinted across the finish line for 39th in 10:33.9. Because of the growth spurt Hollatz was overextending his muscles and began physical therapy. His race proved to be a big step forward.

"It went really good," said Hollatz. "I'm very proud of my time. When I saw the finish line, with 200 to go, I just went all out. I'm not a short-distance runner so I'm looking forward to running faster in the 2 mile (indoors)."

"As a freshman you don't know what it's like at first. It was very strange. But it was very enjoyable and it took me away from the covid and it's been an awesome experience."

With the season now in the books, Hennessy believes the team will only get better with the freshmen having a fall campaign under their belts.

"Next year we have a nice little nucleus of kids coming," said Hennessy. "Once we can get them with a couple of track seasons under their belt and a summer of training, and maybe a running camp, we should

be in good shape. We don't have to do too much. We just have to do a little every day. If we do that we'll be fine."

Hennessy said there is also an interesting dynamic within the Patriot League with a large amount of seniors graduating. Quincy/NQ won't be spared as the squad will be losing 11 seniors. Hennessy said the turnover is among the biggest in the program's history, but there is a solid roster coming back.

"We might have taken a step backwards but we're taking two steps forward. We should be right in the thick of it again."

QNC Cross Country @ Intrasquad/JV Meet vs Hingham HS

Sponsored by Marathon Sports
Directed by Todd Deely,
Hingham High School, Girls Head Coach
Technical support: Steve Infascelli, Marathon Sports

Hingham High School campus
Nov. 16 - 2.98 mile course

GIRLS VARSITY MEET

26 finishers

Race won by Ari Aughe Hingham HS 19:53
3. Victoria Mariano 21:04
4. Aluna Coogan-Coyne 21:09
21. Sabrina Egan 23:50 (ran 25:01 on this course in 2019)
25. Sophia Cerone 25:10

JV GIRLS

29 finishers

Race won by Ashley Jewell Hingham HS 23:27
16. Juliana DiBlasi 26:22
26. Charlotte McConville 29:32

BOYS MEET

15 finishers

1. Vinh Tran 17:57
2. Kyle Clements 19:01
7. Nathan Doyle 19:42
9. Zach Clements 20:45
11. Peter Cooney 21:03
12. Patrick Lee 22:19
13. Dante Nguyen 23:34
14. Trevor Mangino 23:36
15. Nick Bina-Rodriguez 25:23

Team Score: Hingham 26 - QNC 30

MSTCA Cup

Freshman/Sub-varsity Boys

1.6 miles
60 finishers

Race won by Marcus Reilly - Northbridge 8:06
13. Kyle Clements 9:48
26. Nathan Doyle 10:07
39. Matt Hollatz 10:33

Freshman/Sub-varsity Girls

71 finishers

Race won by Gracie Richard - Weymouth 10:35
2. Aluna Coogan-Coyne 10:35 (photofinish)
33. Grace Cody 12:58 (lost shoe enroute)

Tree Of Joy At Quincy Point Congregational

The first week of advent starts on Sunday, Nov. 29. The Advent lighting will be part of the online service at 10 a.m. on the Quincy Point Congregational Church YouTube page. It will feature the sanctuary transformed into an advent wreath with candles in every corner. Enjoy the familiar views and the lively decorations.

Online Church School

for all at begins on Sundays at 9:15 a.m. on The Quincy Point Congregational Church YouTube page. This week will be the story of Elizabeth and Zechariah.

There are some Advent wreath kits still available, which are highlighted in the Nov. 22 Church School for All video. If you need an advent workshop kit or advent devotionals, just stop by the church between 9

a.m. to 2 p.m. (give us a call and we can run it out to your car).

The Tree of Joy has begun to help support the children whose families frequent Interfaith Social Services. If you would like to join our efforts, contact the church office at office@quincy-pointcong.org or call 617-773-6424. Or visit: <https://www.signupgenius.com/go/5080e4fa4ae2da0f94-tree>

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., corner of Coddington Street, conducts its regular Sunday service at 9:30 a.m. on Sunday mornings.

Sunday, Nov. 29nd is the first Sunday in Advent. Rev. Patrick McCorkle will preach. Music will be provided by Paul Frazer, solo-

ist. Church School classes for children are now in session during the morning worship every other week, with the next class on Dec. 6th.

For all events, masks and social distancing are required. There is no group hymn singing or coffee hour. Masks and sanitizer

are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service will be available at a later date, either on the Church website or on YouTube. To get to the Church website, type in: bethany-congchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other information about what's going on at Bethany.

Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at broadhorizonsbethany.com or call 617-471-0022.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has an on-line remote worship service Sunday mornings.

Pastor David Choi will preach his sermon: "Triumph in Christ" (II Cor 2:14-17).

The church online dial-in/web meeting weekly schedule is:

• Sunday - 10:30 a.m. worship service

• Wednesday - 6:30 p.m. Community Group Meeting - Gospel of John

• Thursday - 6:30 p.m. Bible Classes - Epistle of Paul to Romans

• Friday - 11 a.m. Prayer Group Meeting.

To join the church online Sunday worship service, go to the church website: www.firstbaptistchurchofwollaston.org/ for the conference call number.

LEGAL NOTICES

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-169
ORDERED:

November 16, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:

In Chapter 325. Vehicles and Traffic. Article V - Stopping Standing and Parking

Section 325-73 Parking-Prohibited and Restricted Locations

Add the following:

Street	From	To	Type of Regulation
Coddington Street Northwest Side	Sea Street	725' southwest of Sea Street	No Parking

11/25/20

CITY OF QUINCY IN COUNCIL

ORDER NO. 2020-170
ORDERED:

November 16, 2020

BE IT ORDAINED, by the City Council of the City of Quincy, that the Quincy Municipal Code is hereby amended as follows:

In Chapter 325 Vehicles and Traffic. Article V Stopping Standing and Parking

Section 325-73 Parking-Prohibited and Restricted where

Add the following:

Type of Regulation	Street	From	To	Type of Regulation
2 Hour Parking unless otherwise posted	Coddington Street	Newcomb Street	500' Northeast of Newcomb Street	3Hour Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

OBITUARIES

Priscilla A. Almquist, 81

Priscilla A. (Haslett) Almquist, age 81, of Tuftonboro, NH, previously of Quincy, died peacefully Nov. 19 in the comfort of her daughter's home, surrounded by her loving family.

She was born in Weymouth, to the late Walter and Anastasia (Fisher) Haslett. Raised and educated in Hanover, she was a graduate of Hanover High School, Class of 1956. She had lived in Tuftonboro, NH for thirty years, previously in Quincy.

Mrs. Almquist was a devoted homemaker but also worked in the office of Almquist Flowerland in Quincy. Established by her father-in-law in 1933, Almquist Flowerland operates today in its third generation of family ownership. Priscilla and her late husband, Robert, operated the business until retiring in 1991 and moving to New Hampshire.

She was a devoted Christian and loved her Lord Jesus Christ with all her heart. Mrs. Almquist was an active member of First Presbyterian Church of Quincy and the First Congregational Church of Ossipee, NH.

She enjoyed sewing and playing cards, particularly bridge. Most of all, Mrs. Almquist was devoted to her family, actively supporting their many activities and accomplishments.

Beloved wife of the late Robert J. Almquist. Devoted mother of Scott R. Almquist and his wife Holly of Duxbury, Robert H. Almquist and his wife Rhealynne of Quincy, and Jane H. Nickerson and her husband Gregg of North Attleboro. Loving grandmother of Brett Almquist and his wife Sarah of Alabama, James Almquist of Quincy, Sarah Labarre and her husband



PRISCILLA A. ALMQUIST

Russ of Rockland, Zachary, Krista, and Daniel Nickerson of North Attleboro. Loving great-grandmother of Everett and Emerson Almquist of Alabama.

One of seven siblings, she is survived by Eva Butman and her husband Donald of Tuftonboro, NH, Lisa Grosshart of Halifax, Linda Bourque and husband Joe of Sunbury, NC, Thomas Haslett of Wolfeboro, NH, George Haslett and wife Laurianne of Falmouth, and Mark Haslett and wife Ericka of Florida.

Mrs. Almquist is also survived by her stepmother, Joan Haslett of Wolfeboro, NH, and many nieces and nephews.

Memorial services will be celebrated in New Hampshire at a later date.

Memorial donations may be made to Life Bridge Ministries, c/o Andrew Johnson, P.O. Box 187, Wolfeboro, NH 03894 (lifebridge-mentoring.org), Cornerstone Christian Academy, 129 NH-28, Ossipee, NH 03864 (cornerstoneabc.org), or First Congregational Church of Ossipee's Contingency Fund, 50 Rt. 16B, Center Ossipee, NH 03814 (firstossipee.org).

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

George Marinopoulos

Funeral services for George Marinopoulos of Quincy were held Wednesday at 10 a.m. in Faggas Funeral Home, Watertown.

Mr. Marinopoulos died peacefully Nov. 16.

Born in Athens, Greece on Sept. 10, 1939 to Haralambos and Anna Marinopoulos. At the age of 17, he boarded the Queen Frederica and began his immigration story to the United States. With one suitcase in his hands, he stepped foot on American soil at Ellis Island in January of 1957. His name is proudly etched on panel #728 on The Wall of Honor at Ellis Island.

His journey continued to Schenectady, NY, where he began working for his future best friend John Zoulas' Greek diner. Mr. Marinopoulos immersed himself in English classes in order to learn enough English to court his beautiful bride, Joanne Van Allen. The two were married in 1961. He joined the Air Force and he and Joanne were stationed in Paris from 1961 to 1965. After leaving the Air Force, George and Joanne settled in Quincy and created a lovely home where they welcomed their son, Robert Marinopoulos, in 1970. Mr. Marinopoulos was a career butcher and meat manager for over 35 years, working for Purity Supreme and Stop N Shop where his customers would often come visit him even when they didn't need to purchase anything.

By far, his greatest accomplishment was being the best Papou on the planet. His true passion was babysitting and attending the many sporting and scouting events, school plays and concerts of his three grandchildren, Niko, Ella and Zachary. As babies, he bounced them on his knee, singing Greek nursery rhymes, until they giggled right off. A dedicated cheerleader, showing up in even the most inclement weather, he would yell the nicknames that he gave each of them, Niko Mu, Elitsa and Zacharias in his fabulous Greek accent. He proudly shared his immigration experience with his grandchildren and their classmates as an invited

guest speaker, bringing that one suitcase with him to show them how little he came with to start his new life. He was, in fact, such an amazing grandfather, that many of his grandchildren's friends and cousins adopted him as their own "Papou."

Mr. Marinopoulos loved being a Greek-American and was very grateful for the opportunity that his adopted country provided him and very proud of the country that raised him. He enjoyed many trips to Greece to visit with his family in Athens and Tinos and loved watching their families grow. He always took such great care to fill his suitcase full of gifts to bring his nieces, grandnieces and grandnephews, making sure that there was room for plenty of gifts on the return trip. On one trip, he reunited with his childhood friends and toured the country together, reliving their childhood. By far, his favorite trip to Greece, was when he traveled with his grandson, Niko, to celebrate his graduation from high school.

He is preceded in death by his father and mother, Haralambos and Anna Marinopoulos, and his sister, Maria. He is survived by his wife Joanne Marinopoulos, of Quincy; his son and daughter-in-law, Robert and Gretchen Marinopoulos, and his three grandchildren, Niko, Ella and Zachary, of Amesbury; his sister, Hari Vidalis, of Tinos; his sister-in-law and brother-in-law, Karen Van Allen and Rosario Scarato, of Washington, DC; his nephew, Niko Kalo-georgos, his nieces, Franceska and Anna Vidaly, both of Tinos, and his niece, Anna Pippou; his niece, Heather Hewson, of Ventura, CA, his niece, Anne Lemieux, of Littleton, CO; and his many grandnieces and grandnephews who loved him dearly.

Visiting hours were 6 to 8 p.m. Tuesday at the funeral home.

A private burial will follow the service.

Memorial donations may be made to the Benjamin Child Support Society benefiting children of need in Greece.

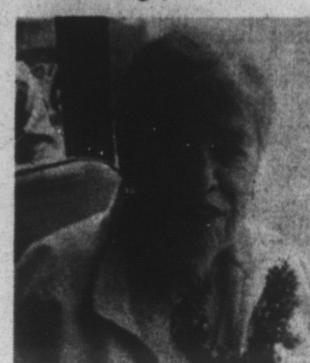
Joan M. McElaney, 82

A funeral Mass for Joan M. McElaney, 82, of Framingham, formerly of Quincy, was celebrated Nov. 21 in St. Ann's Church, Quincy.

Ms. McElaney died peacefully Nov. 16 after a lifetime devoted to providing counseling, comfort, and care to families, children, and adults in both her professional and personal life.

The beloved daughter of the late Edward and Anna (Daley) McElaney. Sister of the late Edward McElaney, Jr and the late Donald McElaney. Dear cousin of Maureen Morrissey of Marlboro. Joan is also survived by many nieces, nephews, cousins and dear friends.

After graduating from Emmanuelle College in Boston, Ms. McElaney earned a master's in social work degree from St. Louis University. Upon earning her degree, she embarked on a mission to put her considerable talent, training, and skills (along with her unrelenting work ethic) to helping anyone in need. Whether it was shepherding individuals through the juvenile criminal justice system, ensuring the wellbeing of children in foster care, providing therapy to individuals in crisis, or instructing students at medical and social



JOAN M. McELANEY

work schools, Ms. McElaney spent her life as a tireless advocate for those needing care and compassion.

She was also exceedingly generous to her large circle of family and friends. Always eager to share her time, advice, support, and stories of her extensive travels which blended her compassionate spirit and Irish wit.

To honor Ms. McElaney's life and service, her family requests that you say an extra prayer, contribute to a charity of importance to you, or take an action to help someone in need.

Memorial donations may be made to The National Alliance of the Mentally Ill.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Louis G. Doherty, 87

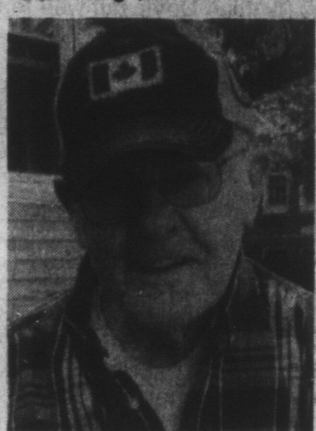
A funeral Mass for Louis G. "Chuck" Doherty, 87, of Quincy was celebrated Tuesday in Divine Mercy Parish in St. Ann's Church, Quincy.

Mr. Doherty died Nov. 16.

Beloved husband of the late Leona (MacDonald). Loving father of Jeanne Zarrella and her husband Frank of Braintree, Trisha Crockan and her husband Bill of Braintree, Kathy Ahern and her husband Bill of Braintree, Thomas Doherty of Nashua, NH and James Doherty of Quincy. Brother of Anna Johnson of Los Altos, CA, Kathleen McKinnon and James Doherty of Quincy, and the late Michael Doherty. He is also survived and was deeply loved by 12 grandchildren and 7 great grandchildren.

Mr. Doherty was a lifelong Quincy resident who grew up in Houghs Neck and went on to raise his family in Wollaston. He was known by everyone as the man who would always lend a helping hand to his family, friends, neighbors and co-workers. Mr. Doherty had an extraordinary work ethic, spending 43 years at Polaroid Corporation, though his favorite job was his work as a roofer, something he did for many years as a second job.

He loved his wife Leona deeply and though he lost her



LOUIS G. DOHERTY

to cancer in 1993, he maintained his many memories of their Saturday nights out dancing for years that followed. In addition to his love for his family, Mr. Doherty had a tremendous love for animals and put that to good use through his volunteer efforts at the Quincy Animal Shelter.

Later he enjoyed many happy years attending the Adult Day Health Program at Hancock Park and was cared for at home by family and devoted aides.

Interment at Milton Cemetery.

Memorial donations may be made to Quincy Animal Shelter, 56 Broad St. Quincy, MA 02169, or to Friendship Home, 458 Main St., Norwell, MA 02161.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

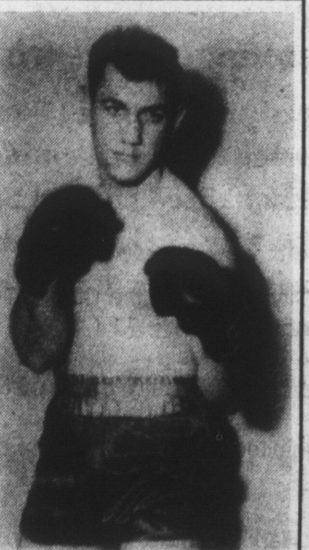
MEMORIAL

In Loving Memory of
TINKER PICOT

11-8-1932 — 4-28-2014

You were one of the classiest people I ever had the privilege of knowing. I'll never forget the time you walked into the pub dressed up like Batman. You stood there with your hands on your hips and looked around at everyone. Then you said, "Has anyone seen Robin?" Typical Tinker, you would do anything to get a laugh out of people. I think that's what we loved most about you, never knowing what you would do next. After my Dad, there was no man I respected more. You did a lot for me, I'm sorry I let you down.

To me, you will always be The Champ



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OBITUARIES

Pauline C. Maurer, 90

A funeral Mass for Pauline C. (Predella) Maurer, age 90, of Franklin, formerly of Quincy, Winter Haven, Fla. and Moultonboro, N.H., was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Maurer died Nov. 21 at Benchmark Senior Living at Forge Hill.

She was born in Quincy, to the late Peter G. and Mary (Fontana) Predella. Raised and educated in Quincy, she was a graduate of Quincy High School, Class of 1948. She was also a graduate of Rogers Modeling School of Boston.

Mrs. Maurer had lived in Franklin for the past three years, previously in Winter Haven, Fla. for over twenty-five years. She was a former summer resident of Moultonboro, N.H. for many years.

She was employed as a secretary and hotel administrator at the former Curtis



PAULINE C. MAURER

Hotel in Lenox, which she and her late first husband, George A. Turain, owned and operated.

Mrs. Maurer was a former parishioner of Saint John the Baptist Church in Quincy where she sang in the choir.

She volunteered as a tax counselor, was a member of Fletcher Organ Music Classes and Lake Region Yacht and Country Club, and was

a parishioner of Saint Matthew Church while living in Florida.

She was a member of the Kingswood Golf Club and was a parishioner of Saint Cecelia Church while living in New Hampshire.

Beloved wife of the late Elmer P.R. Maurer, M.D. and George A. Turain. Pauline was predeceased by her siblings, Yvonne M. Gallo and her late husband Alfio, and Richard P. Predella, Sr. and his surviving wife Jean of Braintree. Pauline is survived by nine loving nieces and nephews, and their families.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Compassionate Care Hospice, 800 West Cummings Park, Suite 3100, Woburn, MA 01801.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

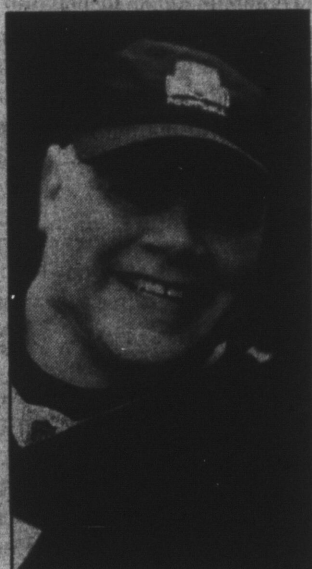
Richard J. Golden, Jr., 50

Richard J. Golden, Jr., age 50, of Milton, formerly of Quincy, died suddenly Nov. 11.

Mr. Golden was born, raised and educated in Quincy. He was a graduate of Boston College High School, Class of 1988, and Stonehill College, Class of 1992. He was a talented athlete, playing football and hockey at B.C. High and earning varsity letters in both sports at Stonehill. He later moved on to his career as a financial advisor.

He lived in Milton for twenty-two years. Mr. Golden was an avid sports fan especially to all the New England teams. He was a proud season ticket holder to many and he enjoyed watching and attending every game, playoff, Stanley Cup, and Super Bowl.

Mostly, Mr. Golden enjoyed spending time with his family. He especially enjoyed supporting the activities and accomplishments of his children. His presence



RICHARD J. GOLDEN, JR.

was always heard while attending his son's football and hockey games and his daughter's soccer games and dance recitals. He was a proud father.

Beloved husband of Kimberly A. (Reed) Golden for twenty-two years. Devoted father of Anthony R. Golden and Marissa A. Golden. Loving son of Linda R. (Storlazzi) Golden of Quincy and the late

Richard J. Golden. Loving brother of Gina Golden and her husband Eric Blahut of Quincy. He is also survived by many nieces, nephews, cousins, aunts, uncle, in-laws, friends, and his loyal dog, Pavel.

At the request of the family, funeral services were private. A Funeral Mass was celebrated at Sacred Heart Church, Quincy, and interment took place at Milton Cemetery.

Mr. Golden donated to charities that he held near and dear to his heart. Those who wish to express sympathy, it would please the family to consider making a donation to their favorite charity in Mr. Golden's name.

Mr. Golden genuinely cared for all he knew. He will be greatly missed by all his friends and family.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Gail Mayberger, 72

Visiting hours for Gail (Bifolchi) Mayberger, age 72, of Quincy were held Nov. 19 in the C. C. Shepherd Funeral Home, Weymouth.

Mrs. Mayberger died after a long illness on Nov. 16.

She was raised and educated in Quincy. She married her husband of 53 years, Donald, in 1967. Gail and Don started a family in New Hampshire prior to raising their family in Quincy and Weymouth. Mrs. Mayberger worked for St. Elizabeth's hospital as an office man-



GAIL MAYBERGER

ager for many years. She was active with the campfire girls and the queen of a Red

Hat Society Group.

Mrs. Mayberger is the beloved wife of Donald Mayberger of Quincy, and the loving mother of Christopher Mayberger and his wife Michelle of Abington, and the late Kimberly Mayberger. She is also survived by her granddaughter, Sarah.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the American Diabetes Association at diabetes.org.

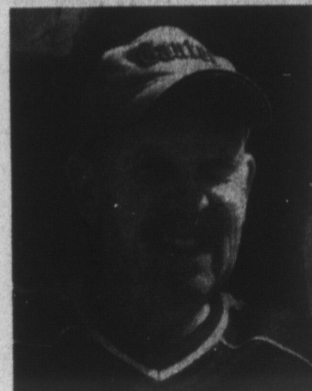
William G. Mahoney

A funeral Mass for William G. Mahoney of Easton, originally from Quincy, was celebrated Monday at Divine Mercy Parish in St. Ann's Church, Quincy.

Mr. Mahoney died Nov. 16.

The beloved son of the late William F. and Joan (Leary) Mahoney of Quincy. Loving brother of Maureen (Peter) Collins of Granger, IN, Jean (Jerry) Lawlor of Quincy, Kathleen (Bill) Ferguson of Windham, NH, Carol (Michael) O'Mahony (both deceased), Beth Murphy of Quincy and Therese (Tommy) Carter of Windham, NH. Also survived by 13 nieces and nephews, as well as 10 great nieces and great nephews.

Mr. Mahoney was a funny, happy, gentle soul. He



WILLIAM G. MAHONEY

had a personality that took over the room! He was lovingly accepted by the whole Putnam Street neighborhood where he grew up. Every door was always open to his visits where he would spend hours talking about the latest neighborhood news. Mr. Mahoney was a huge sports fan but his favorite team was his beloved Red Sox. He thoroughly enjoyed

helping out the Quincy High School football team where he held the honorary title of "assistant manager." He lived his life to the fullest and was loved by many.

The family would like to give special thanks to the friends and staff at TILL, Inc.'s group home on William Street, Easton, where Mr. Mahoney was a resident for many years. The love, support and tender care of Mr. Mahoney was wonderful.

Memorial donations may be made to Toward Independent Living & Learning (TILL) Inc., 20 Eastbrook Road, Suite 201, Dedham, MA 02026-2058.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

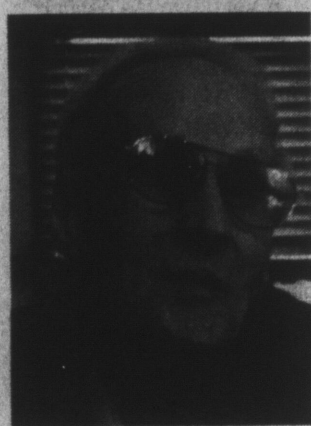
Walter F. Clare, 93

Walter F. Clare, Lieutenant, Quincy Fire Department, Retired, age 93, a lifelong Quincy resident, died suddenly Nov. 19 at his home.

He was born in Quincy, to the late Theresa (Broll) and Patrick B. Clare, Sr. Raised and educated in Quincy, he was a graduate of Quincy High School. He later received an Associate's degree from Massachusetts Community College.

Mr. Clare served in the U.S. Army during World War II. He attained the rank of staff sergeant and was awarded the Army of Occupation Medal and World War II Victory Medal.

Mr. Clare was proud to have been a Quincy firefighter for thirty-seven years. He was appointed to the fire department on April 2, 1955, promoted to lieutenant on May 2, 1970, and retired on March 31, 1992.



WALTER F. CLARE

At the time of his retirement, he was assigned to Engine 3.

In 1975, Mr. Clare and two other firefighters were presented with the Morrisette Role of Merit for their actions in rescuing three children trapped on the second floor of a Germantown apartment building fire in April of 1974.

Mr. Clare was a member of the Cyril P. Morrisette American Legion Post 294.

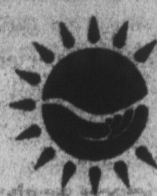
Beloved husband of the

late Anna M. (White) Clare. The last of four siblings, he was predeceased by Bernadine Hamilton, Joseph Clare, and Patrick B. Clare, Jr., Captain, Quincy Fire Dept., Retired. Brother-in-law of Mary L. Slyman of Hingham, the late Dorothy E. Fitzgerald, and the late John F. White. Walter is also survived by his cousins, Frank Broll of Needham and Peggy MacDonald of Hudson and many nieces and nephews.

At the request of the family, funeral services were private. Interment, with military honors, took place at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Toys for Tots, 21 Drydock Ave, Box 21-810W, Boston, MA 02210.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



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BBB: Tips To Avoid Holiday Event Scams

By BETTER BUSINESS BUREAU

The holiday shopping

LEGAL NOTICE

NOTICE OF PETITION FOR LICENSE TO SELL REAL ESTATE BY A FOREIGN FIDUCIARY
Docket No. NO20P308EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Estate of:
Emma A. Hutchison

Late of: Quincy, MA 02169
Date of Death: 12/12/2019

To all persons interested in the above captioned estate, a petition has been presented by James D. Hutchison, Jr. of Quincy, MA appointed, to the Probate Court in Norfolk for license to sell, by a private sale, real estate situated in 21-23 Caledonia Avenue, Quincy, MA in accordance with the offer set out in the petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: Canton ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON 12/23/2020.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 16, 2020
PATRICK W. McDERMOTT
Register of Probate

11/25/20

PUBLIC NOTICE

DEPARTMENT OF ENVIRONMENTAL PROTECTION
WATERWAYS REGULATION PROGRAM
Notice of License Application pursuant to
M.G.L. Chapter 91

Waterways License Application Number W20-5820

Applicant: Daniel Averbukh

Project Location: 52 Beebe Road, Quincy

Public Comments Deadline: December 21, 2020

NOTIFICATION DATE: November 25, 2020

Public Notice is hereby given of the Waterways Application by Daniel Averbukh to construct a new pile supported dock with seasonal floats with Town River Bay, extending approximately 165+ feet seaward of the mean highwater mark. The proposed dock is to be installed at the applicant's existing residential property located at 52 Beebe Road, Quincy, Massachusetts.

The Department will consider all written comments on this Waterways Application received by Monday December 21, 2020 (Public Comments Deadline). Failure of any aggrieved person or group of ten citizens or more to submit written comments to the Waterways Regulation Program by the Public Comments Deadline will result in the waiver of any right to an adjudicatory hearing in accordance with 310 CMR 9.13(4)(c). The group of citizens must include at least five citizens who are residents of the municipality in which the proposed project is located.

Additional information regarding this application may be obtained by contacting the Waterways Program. Project plans and documents for this application are on file for public viewing electronically by request to Daniel.Padien@mass.gov. If you do not have access to email, please leave a voicemail at (617) 292-5615 and you will be contacted with information on alternative options.

Please be advised that the MassDEP Boston office is currently closed to the public and the Waterways Program staff are working remotely. It is recommended that documents and correspondence be filed electronically when possible; documents should not be hand delivered to One Winter Street, Boston, MA until further notice. Written comments should be addressed to: Daniel.Padien@mass.gov. If you do not have access to email, hard copy documents may be mailed to: Waterways Program c/o Daniel Padien, One Winter Street, Boston, MA 02108.

11/25/20

season is upon us. With the pandemic, many local in-person events, such as popup holiday markets or

LEGAL NOTICE

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Docket No. NO20P308EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Estate of:
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WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 16, 2020
PATRICK W. McDERMOTT
Register of Probate

11/25/20

craft fairs, have moved online. Scammers are creating phony copycat events that charge for admission and steal your credit card information.

How the Scam Works:

You hear that your city's annual holiday market or another shopping event will be held virtually this year. You search for it online and find a social media post or event page. Besides moving online, one other big thing is different this year. The event, which has been free in the past, is now requiring a paid ticket. You enter your credit card number and personal information, such as full name and address.

Unfortunately, the "tick-

et" is a scam! The event information you found was posted by scammers and not affiliated with the real holiday market. Con artists are creating fake event pages, social posts, and emails to confuse attendees into sharing their credit card information.

In another twist on this scam, some virtual holiday markets have a website or social media page where vendors can post photos of their products and links to their websites. Be careful here too! Some consumers reported to BBB that they clicked the links provided, thinking they lead to an online shop. Instead, the sites downloaded malware.

Tips to avoid holiday event scams:

- **Is there an admission fee?** Visit the event's website to see if you need to purchase an admission ticket for the virtual event. If not, watch for scammers trying to claim otherwise. If this happens, message the event coordinator to help prevent other virtual attendees from being scammed.

- **Research vendors and the host.** If the event is unfamiliar to you, research the host and list of vendors ahead of time. While virtually browsing from booth to booth, make sure you are only clicking on the links provided. If you are unsure if a shop is legitimate do an online search for that ven-

dor's store rather than follow the link provided.

- **Use a credit card.** When making any purchases, use your credit card. This way if anything gets charged that wasn't supposed to be, you can file a claim with your credit card company.

- **Keep your receipts.** Make note of all of your purchases and save your receipts. If you have a question about a product or need to make a return, you will have the vendor's information readily available.

- **Know the return policy.** Before making a purchase, ask the vendor what their return policy is so you will not run into issues after the holidays.

NOTICE OF PUBLIC HEARING

Case ZBA 20-35

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 15, 2020 @ 5:30 P.M. to consider the application of 11-17 NEWBURY STREET, LLC for a VARIANCE/SPECIAL PERMIT FLOOD PLAIN/SPECIAL PERMIT/FINDING to construct a new 5-story, 18-unit residential building in violation of Title 17 as amended, Chapter 4.1.2, Foot Note 2 (dimensional regulations), Chapter 8.1 (flood plain) and Chapter 9.4 (special permit) on the premises numbered 11 NEWBURY STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 15, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Meeting ID: 948 1799 7796

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 948 1799 7796

Passcode: 632063

Find your local number: <https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

11/25/20, 12/3/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-65

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 15, 2020 @ 5:30 P.M. to consider the application of SHEILA SMITH for a FINDING to reconstruct and extend the existing nonconforming single family residence in violation of Title 17 as amended, Chapter 3.4.5 (non-conforming single and two family structures) on the premises numbered 107-111 DORCHESTER STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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11/25/20, 12/3/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-75

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 15, 2020 @ 5:30 P.M. to consider the application of MINH HUYNH for a VARIANCE to extend the driveway in violation of Title 17 as amended, Chapter 5.1 (parking and paving front yard) on the premises numbered 80 WREN TERRACE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 15, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Meeting ID: 948 1799 7796

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 948 1799 7796

Passcode: 632063

Find your local number: <https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

11/25/20, 12/3/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-76

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 15, 2020 @ 5:30 P.M. to consider the application of BONNIE TAN for a VARIANCE to construct a 2.5 story, two-unit townhouse in violation of Title 17 as amended, Chapter 4.2.2 (lot or yard areas), Chapter 4.2.5 (lot size, area and width), Chapter 4.2.6 (minimum frontage and width), Chapter 4.3 (side yard setback), Chapter 4.1 (FAR) and Chapter 5.1.4 (parking setbacks) on the premises numbered 44 PROSPECT HILL STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 15, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Meeting ID: 948 1799 7796

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 948 1799 7796

Passcode: 632063

Find your local number: <https://zoom.us/j/94817997796?pwd=Qjh3ZWRTamFtL2lRWWEyR1huR2Zldz09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

11/25/20, 12/3/20

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MBTA Contemplating Service Cuts Due To Pandemic

By SCOTT JACKSON

The MBTA is considering cuts to all services with ridership down steeply amid the coronavirus pandemic.

Commuters made about 330,000 daily trips on the MBTA in October, 26 percent of the 1.26 million daily trips seen in 2019. Service levels, meanwhile, were essentially unchanged in October compared to 2019.

Given the lack of ridership, MBTA officials have proposed a number of service cuts. The cuts include running fewer trains on the subway and ending subway service at midnight rather than 1 a.m.; eliminating several bus routes and reducing trips on others; ending Commuter Rail service after 9 p.m. on weekdays and completely on weekends; and stopping ferry service.

"The direct impact to our Red Line stations as far as people who commute from those stations, will be that they have a bit longer of a wait time," Sen. John Keenan said in recent interview when asked about the proposed cuts.

"The headways, the time between trains, will be increased. It will be less noticeable from what they call the trunk of the Red Line, which is when it is a single line coming down through JFK/UMass. Then when it splits off it will be a little bit more noticeable on the Ashmont line and on the Braintree line in terms of waiting for a train.

"The T will increase the headways and there will be no service after midnight. Those will be the two biggest impacts on Red Line rapid transit riders.

"If they plan accordingly, the change in headways shouldn't be all that dramatic.

ic and the T will constantly monitor it to ensure that the platforms don't get too crowded and the trains too crowded. If the trains get too crowded, then they will adjust, but the plan right now based on present utilization is to increase the headway and stop service after midnight and, again, they will monitor to see what happens in terms of crowding."

Keenan said two bus routes originating at Quincy Center would be eliminated. One of them, the 212 bus, runs from Quincy Center to North Quincy via West Elm Avenue and Billings Road. The second, the 221 bus, connects Quincy Center to Fort Point in Weymouth.

Two other routes – the 214 to Germantown and the 216 to Houghs Neck – would be consolidated and the 230 to Montello would be shortened. Service on other bus routes would be reduced by 5 or 20 percent.

The MBTA's service cuts have not yet been finalized and public input on the proposal will be accepted through Dec. 4. The T is also hosting a series of public hearings on the plan. Residents can comment on the proposal and view the public meeting schedule at mbta.com.

Keenan said the T would vote on the proposal next month and the changes, if approved, would be phased in starting in 2021.

"It's a proposal, part of the Forging Ahead plan that the general manager has presented to the Fiscal and Management Control Board. There will be a series of public meetings on it and then a public hearing. The final vote of the board will be in December," Keenan said when asked about

the MBTA's process.

"If it is approved, it will be phased in. Some of it will occur in January, some will occur in the spring and some will occur in July. For instance, the buses will be summer of 2021. Rapid transit – the Red Line – will be spring of 2021. Commuter Rail...will be phased in starting the first of the year through May."

Keenan said he has reached out to MBTA leadership and the state's federal delegation to share his concerns about the proposed changes.

"We have been in contact with the general manager's office and also the congressional delegation. We have urged the congressional delegation to get as much funding as they can for public transportation, particularly transit systems like the T. We have specifically asked that they provide funding so that there are no fare increases; the Forging Ahead plan does not include a fare increase, so that is good," Keenan said.

"We are asking the federal government to help with that to ensure that remains the case. We have also asked the federal government to provide enough funding so that capital projects throughout the MBTA can continue. We have expressed those same concerns to the general manager and also asked the general manager's team to make sure they use solid data when they are making decisions about reducing service on certain lines or routes."

Capital projects on the Red Line, Keenan added, will not be impacted by the proposal. That includes plans to replace the Red Line track, upgrades to the

signal system, and work on garages at the Quincy Adams and Braintree stations. The T will also move forward with the procurement of a new fleet of Red Line trains, but that has been delayed by the pandemic.

T officials are optimistic

service can be restored quickly once ridership returns, Keenan said.

"In a conversation with the general manager last week, he conveyed that this isn't a permanent plan. This is a plan that is in reaction to the conditions of the pandemic. They will constantly monitor it and their goal obviously is to return to full service and beyond and to continue with the capital improvements," Keenan said.

"There is a hope that they will be able to bounce back quickly."

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2820EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John J. Marlborough
Date of Death:
10/22/2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Linda Abichaker of West Roxbury, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Linda Abichaker of West Roxbury, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/23/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 17, 2020
PATRICK W. McDERMOTT
Register of Probate

11/25/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2799EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Carol Elaine Burleson
Date of Death:
08/23/2020

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Geoffrey Burleson of Floral Park, NY requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Geoffrey Burleson of Floral Park, NY be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/23/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

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WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 16, 2020
PATRICK W. McDERMOTT
Register of Probate

11/25/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2766EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Seppo Johannes Pakkala
Date of Death:
08/27/2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Nicola F. Pakkala of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Nicola F. Pakkala of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/16/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.


UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.



Date: November 12, 2020
PATRICK W. McDERMOTT
Register of Probate

11/25/20



Downtown Construction Activities

Proposed work activities for the week of November 22nd, 2020

- Work continues at 25 Temple St on Washington St for the new building foundations. The sidewalk along Washington St remains closed during construction with the continued pedestrian detour. Businesses in this area remain open during construction. Please follow the temporary detour on Temple St and Washington St.
- The contractor at the General Bridge project will continue installing new drainage structures along Dugan Parkway.
- The contractor at the General Bridge Drive project will be excavating area adjacent to the Nova Suites for the future east in place retaining wall. In addition, the contractor will be forming and pouring concrete sidewalks along Hancock St and continue construction of drive cuts for future lanes. Pedestrians should continue to cross the street at the crosswalk before this area. Temporary barriers remain on Hancock St for temporary traffic re-alignment while the project is being constructed.
- The contractor will continue construction of McConville Way with preparation of the new roadway subbase as it connects to Granite St. In addition, the contractor will continue installing new park drainage improvements, light pole bases, electrical/communication services, and secondary street lighting electrical conduits along McConville Way. Roadway has been permanently closed. Vehicular traffic will continue from Walter Johnson Parkway onto the new southern section of McConville Way in Chelsea St. Access to the Museum Lot and garage at Chelsea Plaza remains accessible from this new section of roadway. The South Shore Medical Facility can be accessed from the intersection of McConville Way and Chelsea St. Temporary traffic management signage has been posted. Once the new traffic pattern has been configured, the contractor will begin working on the new pocket park adjacent to McConville Way.

(The photo on the above left is the new drainage piping being installed within McConville Way. The photo on the above right is a picture of joint construction within the new retaining bench at the new pocket park.)

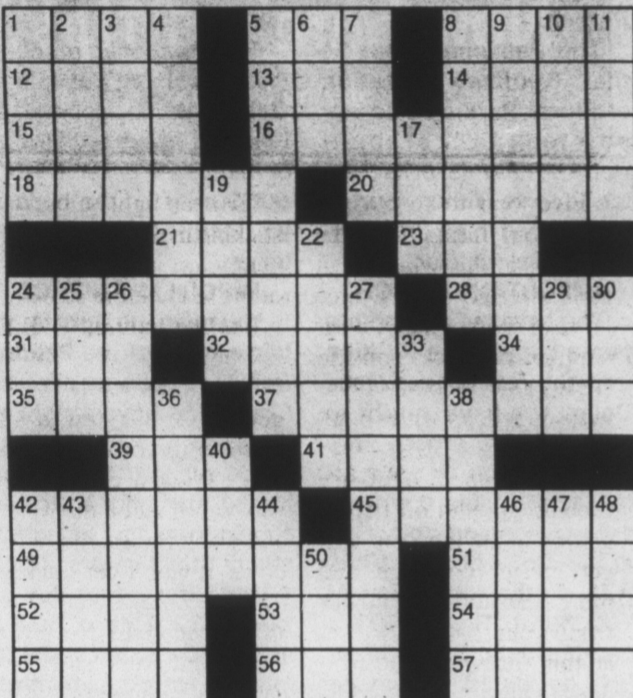
For more information, email info@cityofquincy.com or follow @CityofQuincy on Twitter.

Contact Public Works for construction updates at 781-524-4646 or visit www.cityofquincy.com

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Secondhand
 - 5 Sphere
 - 8 Halt
 - 12 DVR alterna-
 - 13 Greek X
 - 14 Authentic
 - 15 Sheltered, at sea
 - 16 Hare's defeater
 - 18 Japan's main island
 - 20 Comic Phyllis
 - 21 California wine valley
 - 23 Zero
 - 24 Enchilada holder
 - 28 Plate
 - 31 — jiffy
 - 32 Fix a stubborn shoelace
 - 34 Rowing need
 - 35 Sulk
 - 37 Harasses
 - 39 Male cat
 - 41 Tater
 - 42 Wall plaster
- DOWN**
- 1 Hexagonal state
 - 2 Missile house
 - 3 Divisible by two
 - 4 Fails to
 - 5 One of eight
 - 6 Pi neighbor
 - 7 Avian creature
 - 8 Unemotional
 - 9 10 to the 12th power
 - 10 English river
 - 11 Equal
 - 17 Can metal
 - 19 Locks
 - 22 Chorus mem-
 - 24 Quarterback
 - 25 Yoko of music
 - 26 States of ecstasy
 - 27 LaGuardia and Logan, e.g.
 - 29 Perched
 - 30 Day fractions (Abbr.)
 - 33 Ostriches' kin
 - 36 Dawn-of-mammals epoch
 - 38 Name of many English kings
 - 40 Longtime record label
 - 42 Celebrity
 - 43 Big fuss
 - 44 Smell
 - 46 Winged
 - 47 Corporate symbol
 - 48 Profound
 - 50 Raw rock



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MAGIC MAZE • SHORT QUESTIONS

? I L L A H S J H E C Z X U S
Q P N ? U O Y D L U O W L J G
E C U Z E X V T R P R N L J H
E C H S A R Y W ? T I S I ? V
T R O P T E E E N L G K I Y ?
G E W ? Y A W H C I H W C P N
B Z M X W L H ? W U T S R P E
P O U M L L I W L M N ? J A H
I G C A E Y D B ? T O N Y H W
A Y H X A ? ? T A H W R O F W
U S ? M T S Q P W O ? N F L K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: ASKING FOR THE PRICE

For what? May I? Shall we? Who?
From where? Really? What's up? Why not?
Happy? Right now? When? Would you?
Is it? Shall I? Which way?

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Man's hair is different. 2. No. 7 on jersey is now black. 3. Window is shorter. 4. Man's right arm is hidden. 5. Socks are striped. 6. More bricks on house.

Trivia test

by Fifi Rodriguez

1. FOOD & DRINK: What is another name for the vegetable known in some parts of the world as a courgette?
2. LANGUAGE: What does the Latin phrase "Ars longa, vita brevis" mean?
3. LITERATURE: Which 20th-century novel begins with the line, "When he was nearly thirteen, my brother Jem got his arm badly broken at the elbow"?
4. ANIMAL KINGDOM: What is a pudu?
5. MOVIES: Which 1983 movie featured the character of Tony Montana?
6. TELEVISION: What was the name of the vacuum cleaner on the children's series "Teletubbies"?
7. GENERAL KNOWLEDGE: What color is carmine?

- Answers
1. Zucchini
 2. Art is long, life is short
 3. "To Kill a Mockingbird"
 4. Small South American deer
 5. "Scarface," Al Pacino
 6. The Noo-noo
 7. Dark red
 8. Dolly the sheep
 9. Hiram Rhodes Revels, 1870
 10. Socks

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Wishing Well®

7	8	3	2	6	7	6	5	4	7	5	2	3
H	B	E	T	S	E	E	L	H	A	O	R	N
4	7	4	8	3	4	6	4	3	7	8	6	4
A	L	R	I	J	D	T	W	O	T	G	N	O
8	2	6	5	4	8	4	5	3	8	3	2	5
G	E	E	V	R	E	K	I	Y	R	H	A	N
7	2	8	4	8	6	5	7	4	6	5	8	5
H	T	P	R	A	W	G	I	E	G	F	Y	R
2	3	5	7	8	4	5	6	4	8	6	3	2
Y	U	I	M	C	W	E	O	A	H	A	M	O
5	7	3	4	8	3	2	8	2	5	7	8	4
N	P	O	R	E	R	U	C	R	D	R	K	D
6	2	4	5	2	6	4	7	2	7	2	7	7
L	S	E	S	E	S	D	O	L	V	F	E	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Don't feel sheepish about looking to spend more time with that special person during the upcoming holidays. Do it because it's the right thing to do.

TAURUS (April 20 to May 20) Never mind letting misunderstandings repair themselves. Consider speaking up while the healing process can be shorter and sweeter and leave fewer scars.

GEMINI (May 21 to June 20) Romance is easily awakened in the Geminian heart, especially around the happy holiday season. So go ahead and make those plans with that special someone.

CANCER (June 21 to July 22) Moon Children can glow with their own inner light as the holiday season magic takes hold. It's a very special time for Cancers and Libras together. Enjoy.

LEO (July 23 to August 22) It's a good time for you fabulous Felines to take pleasure in your special gift for, well, taking pleasure! Look for this holiday season to give you every reason to purr.

VIRGO (August 23 to September 22) This is a good time to let others who are in your life get a little closer to you. You'll both find out what you've been missing for far too long.

LIBRA (September 23 to October 22) Open up your eyes and see some welcome surprises you've missed or overlooked for too long.

What you find can lead to other favorable changes.

SCORPIO (October 23 to November 21) What you expect to be potentially troublesome might simply be especially challenging and well worth your efforts to check out. Good luck!

SAGITTARIUS (November 22 to December 21) A friendship might not seem as trustworthy as you'd like. OK. Ask your questions, get your answers and settle the matter once and for all.

CAPRICORN (December 22 to January 19) A family situation moves into a new area because of (or, maybe, thanks to) some decisions you might have felt you could not avoid making.

AQUARIUS (January 20 to February 18) You could be cutting it very close if you hope to make those holiday plan changes in time to avoid problems. Get a friend or family member to help.

PISCES (February 19 to March 20) Friends show how important you are to them. Keep these precious relationships thriving. They affect much that will happen to the fabulous Fish in the new year.

BORN THIS WEEK: Time spent at home alone nurtures your mystic self. Spending your time with others nurtures them.

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CryptoQuip

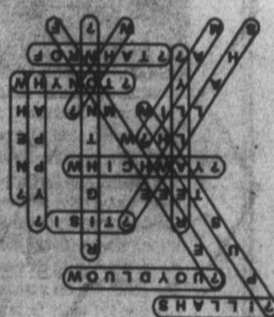
This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Y equals P

BIDV GPR ODSEOD UP YRZSICH D
GPRZ PBV IPZHD, GPR BEMM
DADVURCMMG ICAD UP YPVG RY.

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Magic Maze ANSWERS:



King Crossword

Answers

Solution time: 21 mins.



CryptoQuip answer

When you decide to purchase your own horse, you will eventually have to pony up.

N
O
V

2
5

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0
2
0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Neil Bogart launched Casablanca Records in 1973 at age 30 and was a pioneer of the disco era. Bogart discovered and promoted Donna Summer, Curtis Mayfield, The Village People, Kiss, The Isley Brothers and Gladys Knight, to name some, before succumbing to cancer a short nine years later, at 39. Now his son, Timothy Scott Bogart, wrote "Spinning Gold" and is producing and directing the biopic about his father with a fantastic cast.

Jeremy Jordan, of the Marilyn Monroe NBC musical series "Smash" (and a few Hallmark movies), has been cast as Neil Bogart. Samuel L. Jackson embodies "Godfather of Funk" bandleader George Clinton; Jason Isaacs plays Neil Bogart's father, Al Bogart; Grammy nominee Jazmine Sullivan does Gladys Knight; and Steven Strait is Gene Simmons. Stand-up comic and "The Irishman" co-star Sebastian Maniscalco embodies three-time Oscar and four-time Grammy-winning composer/songwriter and record producer Giorgio Moroder. SNE's Kenan Thompson and James Wolk also have key roles. If you've never experienced disco, you're in for a treat.

A star is reborn! Elaine Balace has to be one of the last traditional Hollywood comedic character actresses in the vein of Ethel (Vivian Vance) in "I Love Lucy" and Gladys Kravitz (Alice Pearce) in "Bewitched." She worked extensively for Mel Brooks (who has become a friend) from 1987-1995.

in "Space Balls," "Life Stinks," "Robin Hood: Men in Tights" and "Dracula: Dead and Loving It."

She co-starred in the web series "The Rich & the Ruthless" for three seasons for former "Diagnosis Murder" and "The Young and the Restless" star Victoria Rowell, who created, executive-produced, wrote and directed the award-winning series, which has just completed season four. She also stars in the current film "Dared My Best Friend to Ruin My Life." Elaine has several films awaiting release, which have been delayed due to theater closures because of the pandemic: "Free Lunch Express," "Gaycism" and the comedy "Love Without Hairs," in which she plays a prostitute. In her spare time, Elaine has created a little book that will inspire first-time and young writers who need a cheerleader to get them motivated to actually put their life and thoughts on paper. "How to Write a Book, Camp Elaine Style" (based on her popular web series of the same name) is basically a place to write your thoughts while homebound that you'll love sharing years later with friends and family, when we're finally out of this mess. It's not "Gone With the Wind"; it's just for fun and a great stocking stuffer, or for those people who are hard to shop for. For \$24 plus shipping and handling, it could be yours. You can contact Elaine at Platzer Media/elaine. Where was she when I was starting out?

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: *

* Moderate ** Difficult *** GO FIGURE!

	x		-			21
+		-		-		
	-		x			20
x		x		x		
	x		+			12
13	16			16		

1 3 4 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Clever Table --- A table has four legs and a flat top -- except when it is designed by a clever cabinetmaker. Freeman's Auction in Philadelphia sold an unusual rosewood table with two partial shelves built below the 20-inch square tabletop. It is decorated with carved dragons on the brackets and a spider and fly inlay of mixed metal and mother-of-pearl. The Anglo-Japanese inlaid rosewood table was made by A. and H. Lejambre of Philadelphia around 1880; the company produced work from 1865 to 1907. Similar tables are in several museums. The table sold at auction for \$13,000.

Q: My parents bought a home in Florida and purchased the contents, including an interesting table used as a lamp table. The top flips to one side, doubling its surface, and can be raised for storage. Open, it measures 17 inches high by 34 inches square. A label reads "Williams-Kimp Furniture Co., Grand Rapids, Mich." Could you tell me more about this table and its value?

A: Game tables were popular during the 18th and 19th centuries -- first in England, and then in the United States. Cabinetmakers designed clever tables suitable for writing letters and for pastimes like playing cards, chess or backgammon. The tables looked like regular tables when not in use. Some had a hinged top that folded, swiveled or slid open to reveal a playing surface. Others had a game board inlaid on top. The Williams-Kimp Furniture Co. started in Grand Rapids in 1923. It was purchased by Baker Furniture in 1951. The company made reproductions of American Federal furniture including dining sets, secretaries, desks, chairs and pieces like your game table. Your

table is worth about \$175 to \$225.

Q: I have 11 Imperial Glass Whirling Star Marigold Iridescent punch cups and have no idea how to price them. Can you help?

A: Imperial's Whirling Star pattern in Marigold was only made in punch sets. The complete set, including the punch bowl, base and 12 cups, sells for about \$300-\$450. A set with the punch bowl and six cups was offered for sale for \$95. Whirling Star punch cups in other colors sell for about \$5 or \$6. The set has been reproduced.

CURRENT PRICES

Windsor chair, maple, pine, triple comb, continuous arm, ring-turned legs, 40 x 25 inches, \$1,080. Secretary desk, shaped crown, 2 doors, 3 drawers, ribbons, birds, cream ground, 84 x 35 inches, \$1,680. Farm table, dining, chip carved oak, overhang top, drawer, tapered block legs and square feet, c. 1810, 29 x 70 inches, \$4,000. Tub chair, mahogany, carved, rounded back, scrolled arms, leafy up-rights, flared legs, brass cuffs, casters, 36 x 24 inches, \$7,040.

TIP: Store drinking glasses and vases right side up to protect the rims.

"Kovels' Antiques & Collectibles Price Guide" -- the all new 2021 edition -- is now available in bookstores and online, or visit www.Kovels.com for a special offer.

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STICKELERS

by Terry Stickels

Six republics and two autonomous regions make up what was once the country of Yugoslavia. How many can you name?

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Strange BUT TRUE

* Tigers, jaguars and leopards love the smell of Calvin Klein's "Obsession For Men"! Photographers who used the fragrance to lure the big cats to their cameras in the wild said the cats "would start drooling, their eyes would half-close, almost like they were going into a trance."

* Between 1970 and 1973, four Israeli fighter pilots held as POWs in an Egyptian prison passed their time by translating J.R.R. Tolkien's "The Hobbit" from English into Hebrew. The book was sent to them by their family members via the Red Cross. The pilots' version was published commercially in 1977 and is still considered by many to be one of the best Hebrew translations available.

* Until 1953, New York City had a pneumatic tube mail network that spanned 27 miles and connected 23 post offices. At its peak, the system moved 95,000 letters a day at speeds of

30-35 mph.

* Halloween is more Irish than St. Patrick's Day.

* Ever wonder how the dice game Yahtzee got its curious moniker? A wealthy Canadian couple invented the game as a way of entertaining friends on board their yacht. After it proved a hit, the couple consulted a toy maker who loved it, bought the rights, and changed the original name from the generic "Yacht game" to "Yahtzee."

* Homer Simpson's famous "D'oh!" is a real word in the Oxford English Dictionary, though in "The Simpsons" scripts, it's rendered merely as an "annoyed grunt."

* Barbie has been outfitted by over 70 well-known designers, including Yves Saint Laurent and Christian Dior.

Thought for the Day: "Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love." -- Lao Tzu

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Now here's a tip!

by Jo Ann Derson

* Five ways to keep yourself from turning up the thermostat this winter: Put on a sweater; have a nice bowl of soup or stew; wear slippers or thick nonskid socks; grab a comfy blanket; snuggle up with someone special.

* "If you bathe in a tub, try rubbing on bath oil before getting in the tub. You will get greater coverage and more moisturizing power from your bath oil. And at this time of year, who doesn't need that?" -- M.E. in Washington

* "Here's a great way to use Christmas cards from last year: Trace a child's hand on the back of the pictures. Cut them out and use them to make a wreath for the front door. Or, make small jigsaw puzzles for young children to play with. Any good, detailed artwork on a card front will do. Make squiggly lines in the fashion of a jigsaw puzzle, then cut out. It helps if the cardstock is good and thick." -- M.M. in Utah

* "To keep light bulbs from sticking in the socket, apply petroleum jelly to the base of the bulb before screwing it into the fixture." -- B.D. in Virginia

* Here's an oldie but a goodie: Add a few drops of water to votive cups before adding a candle. The wax will float on the water, and when the candle burns down, it won't get stuck in the votive glass.

* "Burned rice? No problem. While it's still hot, carefully remove to a new pot any rice not browned or blackened. Then top it with a single slice of white bread. Allow it to sit for several minutes under a tightly fitted lid. The burned smell is absorbed by the bread, and the rice is fit to eat." -- M.U. in Michigan

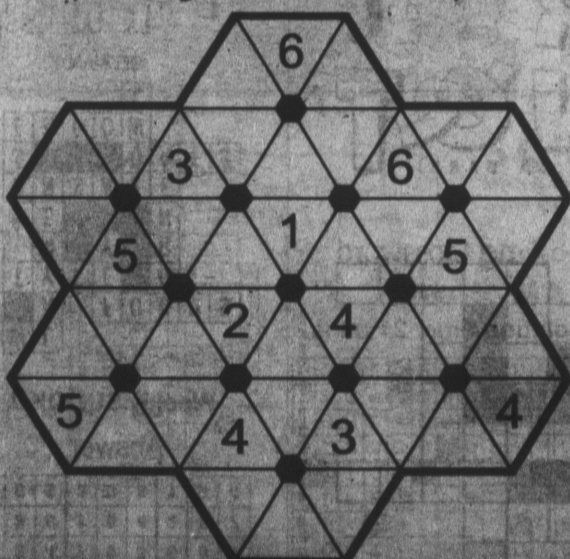
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



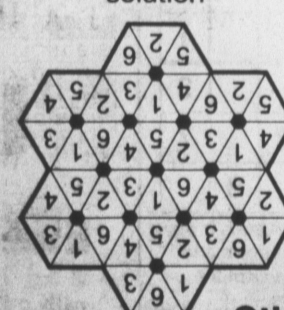
DIFFICULTY THIS WEEK: ♦♦♦

♦ Easy ♦♦ Medium ♦♦♦ Difficult

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SNOWFLAKES

solution



Go Figure!

answers

16	16	13
12	8	1
	+	4
x	x	x
20	3	7
-	-	+
21	5	6

Stickelers Answer

Vojvodina and Kosovo. Two autonomous regions within Serbia are Macedonia, Montenegro and Serbia. The Bosnia and Herzegovina, the Republic of the six republics are Slovenia, Croatia.

Super Crossword

DIRECTLY
ON TOP

ACROSS

1 "Everwood" actor Wolf
6 Pigs' home
9 Dutch brew
15 — of Mexico
19 "Ship's load
20 Lead-in to historic
21 Durango dish
22 Baseball's Hershey
23 "Subject to interpretation
25 "Old Greek squares
26 "Stretch" car
27 Steak, e.g.
28 Prefix with lethal
29 "Second U.S. first lady
31 At a distance
33 Tatties
34 "Chum
38 Give slack to
42 Son of Elie Saari
43 "Dr. Evil's cat in Austin Powers films
47 1801-05
51 Beatles song on "Let It Be"
52 Observe
55 Song for one
56 Linguist Chomsky
57 Political plot
61 Knight's glove

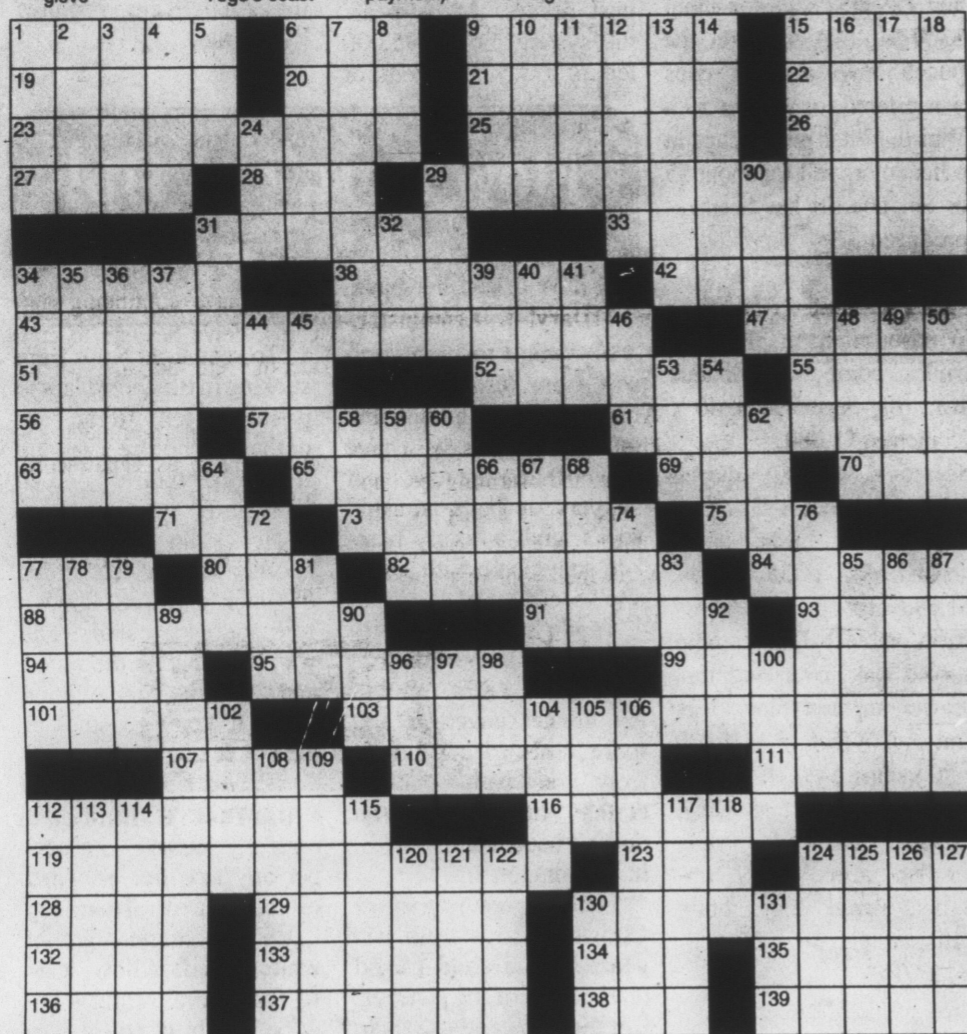
63 "Serpico" actor M. — Walsh
65 "Jumping up and down on a bouncy stick
69 Comb buzzer
70 Native suffix
71 See 8-Down
73 "Pairs of consecutive letters
75 Spying setup
77 Likely (to)
80 Meadow
82 Birds building homes
84 Poster pins
88 Buzzing home pest
91 Large 1940s computer
93 "Huh?"
94 Female kin
95 Artist's base
99 "Suffer a lot
101 Dog variety
103 "She directed 'The Hurt Locker'
107 — Sea (salt lake in Asia)
110 Coy
111 Revisions
112 "Too much self-esteem
116 Beloved of Tristan
119 "Bay off Nigeria and Togo's coast

123 — de plume
124 Brit's "Byel"
128 Ye — Shoppe
129 Rendezvous
130 Really
131 Succeed (or what literally appears six times in this puzzle)
132 Old Greek concert halls
133 Shahs, e.g.
134 Shoot (for)
135 Sermon text
136 Philosopher Immanuel
137 Grand home
138 Hosp. staff
139 Sea vessels

DOWN

1 Union enemy
2 Arrived
3 "Eat — eaten" (survival adage)
4 9-to-5er's cry of relief
5 Dress (up)
6 Flatware item
7 Move as if on wheels
8 With
9 Run up — (defer payment)
10 Wise men
11 Air pollution
12 Reid and Lipinski
13 "Seinfeld" gal
14 Nielsen of "Mr. Magoo"
15 Ghana's former name
16 Dickens' — Heep
17 "— tell ya!"
18 Dental string
24 It uses 108 cards
29 In — (single-file)
30 Gillette razor brand
31 Toon bear
32 Canon camera
34 Compound with nitrogen
35 '83 Keaton-Garr film
36 Letter-shaped girder
37 Easy puts, informally
39 Weep loudly
40 Sooner than, in poetry
41 Ultimate degree
44 Health supplement store, familiarly
45 Jump
46 Pig

48 Part to play
49 Bulling cries
50 Observe
53 R&D center
54 Song for two
58 Singer Dylan
59 Opposed to, in dialect
60 Theater box
62 Orderly
64 Floor piece
66 Tax org.
67 Election analyst Silver
68 FBI guys
72 Umps' kin
74 — Lanka
76 Oklahoma tribe
77 "Moby-Dick" captain
78 Flow out
79 Fix a flat?
81 Height: Abbr.
83 Former Swedish car
85 Toddler, e.g.
86 Buzzing musical toy
87 Is in a huff
89 Source of warmth on some trains and ships
90 Belly laugh
92 Special FX technology
96 Poppa
97 Native suffix
98 Unit of resistance
100 Mean beast
102 "Doggone!"
104 Totally spoil
105 Century divs.
106 Dark modern film genre
108 Breakdown of social norms
109 Long-term inmates
112 Download on a Kindle
113 Radner of comedy
114 Nash of comedy
115 "My heart skipped —"
117 Weaving frames
118 Driver's lic. issuer
120 Sicilian volcano
121 Night, in Nice
122 — dixit (assertion with no proof)
124 Song for three
125 "Waterloo" quartet
126 Lean
127 Gets mature
130 Rove (about)
131 Flow out

celebrity
extra

by Dana Jackson

Q: Is Sofia Coppola still directing movies? Also, what about her father, the legendary Francis Ford Coppola? -- M.J.

A: Despite her family ties, Sofia Coppola did not have a good start in show business. She was slammed by critics and audiences alike back in 1991 when she was cast in her father's disappointing "The Godfather: Part III" after actress Winona Ryder was ill, and her acting career never recovered. Fortunately, she seems to have inherited her father's gift behind the lens. She both won and was nominated for an Oscar for writing and directing, respectively, for the motion picture "Lost in Translation" back in 2003. The dramatic film starred Bill Murray and Scarlett Johansson, and really turned her career around.

A few years later, Sofia directed Kirsten Dunst in a retelling of historical figure "Marie Antoinette." Her most recent project is the film "On the Rocks," starring Murray once again. It's available for streaming on AppleTV+.

As for Francis Ford Cop-

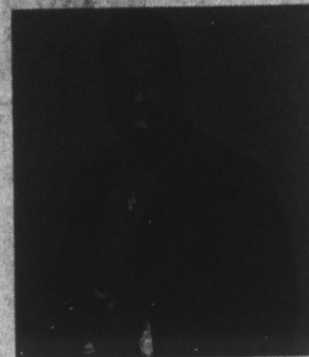
pola, he appears to have retired from filmmaking. I often wonder if he'll attempt a fourth chapter of "The Godfather" saga, but at 81 years old, he's likely very much enjoying his retirement.

Q: Is the show "Pose" coming back? -- R.S.

A: Yes, a third season of the Ryan Murphy ("American Horror Story") produced Netflix show "Pose" is expected to premiere around June 2021, assuming that production resumes as planned. The Emmy-nominated series is set in the Latino and African American ball culture and stars Billy Porter, who himself won Outstanding Lead Actor in a Drama Series in 2019. Production for the third season was stopped just a few days into filming because of the pandemic, so that's set everything back, but the good news is that the show has indeed been renewed.

Q: A friend of mine was telling me there is a TV show that stars rapper 50 Cent and that he's actually quite good in it. Is it still on the air? -- B.P.

A: Your friend was talking about the ABC prison drama "For Life," which is based on the true story of Isaac Wright Jr., who was falsely convicted of drug charges in 1991. While behind bars, he became a paralegal and



Curtis "50 Cent" Jackson
Photo credit: ABC/
Maarten de Boer

helped turn around prison sentences of some of his fellow inmates, and eventually his own conviction. In the series adaptation, Wright's story is told through a character named Aaron Wallace, played by actor Nicholas Pinnock. Curtis "50 Cent" Jackson plays a violent inmate named Cassius. He not only acts in the drama, he's an executive producer.

Season two debuted this November and airs on Wednesday nights at 9 p.m. ET on ABC. In real life, after his release from prison, Isaac Wright Jr. went on to earn his law degree and still practices to this day.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

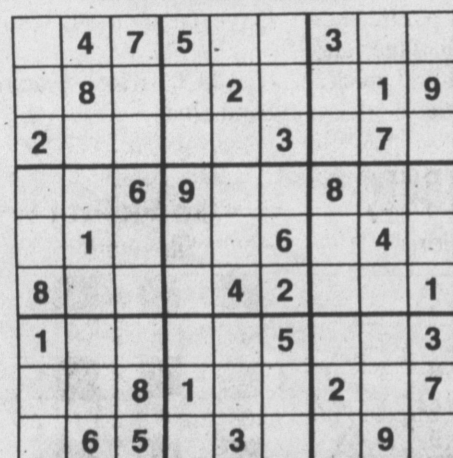
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|---------------|-------------------|-------------|
| 1. Hypnotic state | T _ _ _ _ _ | Frolic | P _ _ _ _ _ |
| 2. Span | _ _ _ _ _ H | Flinch | _ _ _ _ _ T |
| 3. Hesitate | _ _ _ V _ _ | Thirst quencher | _ _ _ T _ _ |
| 4. Bee's home | _ _ _ P _ _ _ | Bird's residence | _ _ _ V _ _ |
| 5. Running sport | _ _ _ A _ _ | Semi or torry | _ _ _ U _ _ |
| 6. Guiding principle | _ _ _ _ _ Y | Law enforcement | _ _ _ _ _ E |
| 7. Snow segment | _ _ _ K _ _ | Sudden flame | _ _ _ R _ _ |
| 8. Confess | _ _ _ P _ _ _ | Of late | _ _ _ C _ _ |
| 9. Kitchen eating area | T _ _ _ _ _ | Aesop's specialty | F _ _ _ _ _ |
| 10. Icy rain | _ _ _ L _ _ _ | Like sugar | _ _ _ W _ _ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

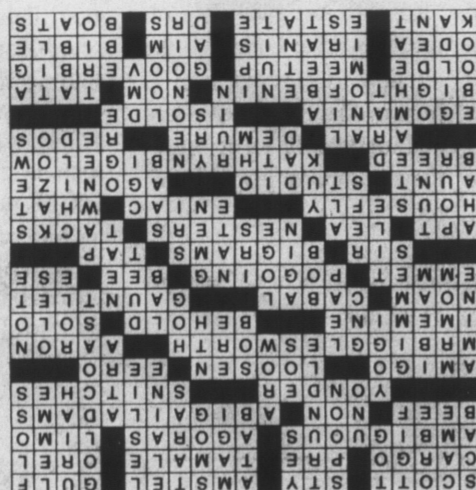
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

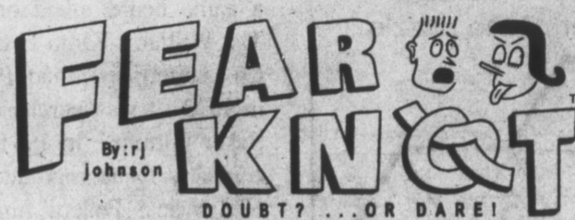
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Super Crossword

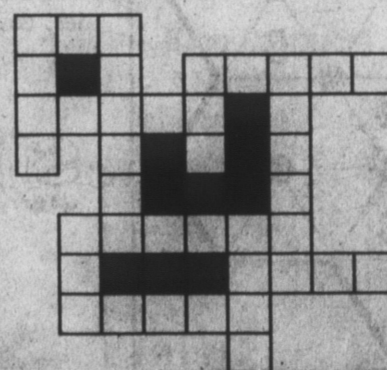
Answers

Even Exchange
answers

- | | |
|-------------------|-------------------|
| 1. Trance, France | 6. Policy, Police |
| 2. Reach, Read | 7. Flake, Flare |
| 3. Waver, Water | 8. Repeat, Recent |
| 4. Apathy, Avary | 9. Table, Fable |
| 5. Track, Truck | 10. Sleek, Sweet |



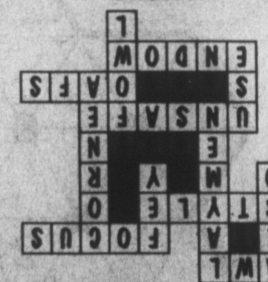
EYF
FAUSEN
DWEON
AFSO
RECOAN
WLA
OFLW
TELYS
UES
NEYMAL
CUFSO
ASOL



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

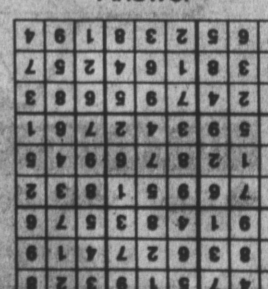


answer



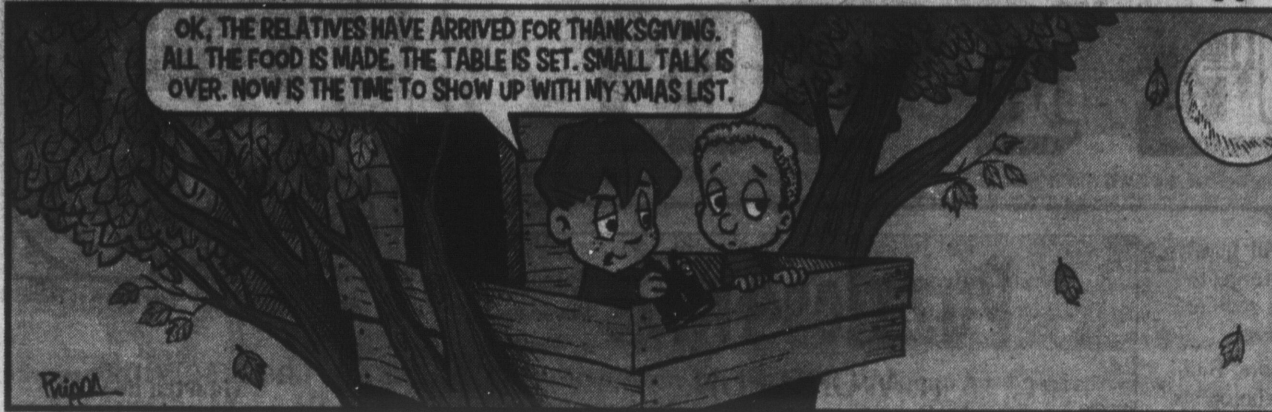
Weekly SUDOKU

Answer

N
O
V2
52
0
2
0

Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



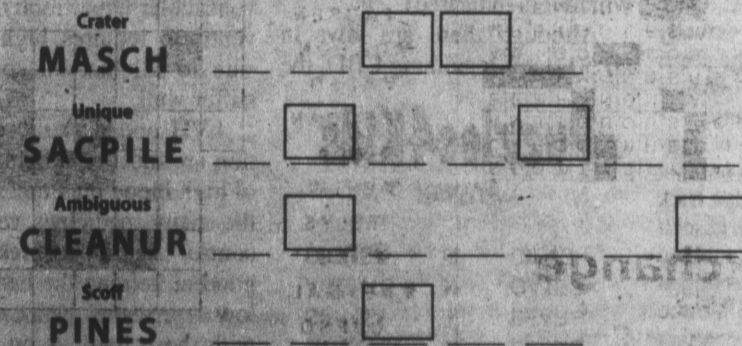
R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	1	4	1	2	1
1	3	2	5	1	6
1	5	6	2	3	4
6	2	2	3	1	5
1	5	3	2	4	1
4	6	2	1	5	1

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Pets Must Adapt to Winter Weather

Q: My springy little mutt, "Sandy," just loves winter! Whenever it snows, she runs right outside to play. We had an early snowstorm just before Halloween, and I let her out to play. When she came back in after about an hour, she was whimpering and limping. I didn't see any cuts on her paws, but she was shivering quite a bit. I wrapped her in a towel and held her on my lap for a while. I guessing she got cold and scared, but that has never happened to her before. She usually stays outside for at least an hour and I have to call her back in. — Daryl J. Leominster, Massachusetts

A: You did the right thing by checking Sandy as she came inside and warming her up. If she doesn't display any unusual behavior going forward, then your first guess is

correct, that she got mild hypothermia from being out in the snow. Pets need to acclimate to changing temperatures in the fall and winter. A cold snap in the fall can feel more bitter than colder but steady winter temperatures. Other factors can also put a dog at risk for hypothermia. Make sure that Sandy always has water in her bowl, and that water is available during her outside romps, as hydration helps to maintain body temperature. Excessively wet or snowy conditions can speed heat loss. Providing a sheltered spot outdoors will give Sandy a place to take breaks and dry out. A cold injury can take longer to recover from than we realize. For now, limit Sandy's time outside in the cold to about 30 minutes, and check on her every 10 minutes. If she is shivering or whimpering, bring her inside. And if you have continuing concerns, don't hesitate to contact the veterinarian.

Send your tips, comments and questions to ask@pawscorner.com.

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TOP TEN VIDEO, DVD for release week of Nov. 23, 2020

- Top 10 Video Rentals**
1. Spell (R) Omari Hardwick
 2. Antebellum (R) Janelle Monae
 3. An Imperfect Murder (R) Sienna Miller
 4. After We Collided (R) Josephine Langford
 5. Ava (R) Jessica Chastain
 6. Fatima (PG-13) Joaquim de Almeida
 7. Friendsgiving (R) Malin Akerman
 8. Cut-Throat City (R) Shameik Moore
 9. Wolf of Snow Hollow (R) Jim Cummings
 10. Battle of the Bulge: Winter War (NR) Tom Berenger

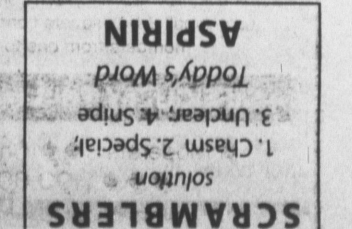
- Top 10 DVD, Blu-ray Sales**
1. 1917 (R) Universal
 2. Joker (R) Warner Bros.
 3. My Hero Academia: Heroes Rising (PG-13) Funimation
 4. Antebellum (R) Lionsgate
 5. Birds of Prey: And the Fantabulous Emancipation of One Harley Quinn (R) Warner Bros.
 6. A Charlie Brown-Christmas (TV-G) Warner Bros.
 7. Beetlejuice (PG) Warner Bros.
 8. Sonic the Hedgehog (PG) Paramount
 9. Knives Out (PG-13) Lionsgate
 10. The Peanuts Holiday Collection (G) Warner Bros.

Source: Comscore/Media Play News

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Hitori answer

4	6	2	9	4
1	5	3	2	4
1	5	6	2	3
4	6	2	3	4
1	3	2	5	1
5	1	4	1	2



MORE FUN

COUCH THEATER DVD PREVIEW

It's about that time of year when our family is knee-deep in planning holiday visits. Who will host Thanksgiving? This year, the decision is coming down to the wire, and our group has a wide variety of perspectives on travel safety. We love each other, but — and I suspect this is true in most families — it certainly doesn't stop us from bickering and backbiting. While issues like this might be a pain in the you-know-what, family is gold. Here are a few films that can help you remember the importance of family bonds.

Coco — My all-time favorite movie about family and suitable for every audience. Miguel Rivera (Anthony Gonzalez) is 12-year-old musician in a family that has outlawed music for generations. On Día de los Muertos, a twist of fate delivers him to the Land of the Dead, where he must find a family member to bless his return to the land of the living. Gael García Bernal voices Héctor Rivera, who offers to be Miguel's savvy guide through the back alleys of the vibrant, colorful world of Miguel will put up his photo in the living world — because even the deceased cannot live forever if there is no one to remember them.

The Goonies — Yes, I said it. While on its face "The Goonies" is a pint-size adventure film, there's a ton of family warmth this Steven Spielberg story. Mikey and Brand have a petty sibling rivalry that's nothing compared with their brotherly protective instincts. The entire gang is on the adventure in the first place in order to save their homes and maintain their family connections. Even the loyalty

of the Fratellis is a powerful family bond at work. And let's not forget the final scene, where kids are reunited with loving parents on the beach.

The Blind Side — Sandra Bullock plays a Texas woman who opens her heart and her home to a homeless youth whose protective instincts are put to fantastic use on the football field. And while she and her children come from a place of privilege and wealth, they take this economically and socially disadvantaged boy in as one of their own to help him thrive — an admirable goal in any family relationship.



Scene from "Wonder"

Wonder — Auggie Pullman (Jacob Tremblay) has a cranial abnormality and is about to start fifth grade after having been homeschooled for most of his sheltered life by his parents Isabel (Julia Roberts) and Nate (Owen Wilson). Talk about anxiety! But this isn't just Auggie's story. It's about kids figuring out how to treat their peers (and themselves); a sister struggling to be both supportive and seen; friendships and family; and ultimately, the power of kindness and the many forms of bravery.

Stepmom — Susan Sarandon plays a mother whose ex-husband (Ed Harris) decides to marry his much-younger girlfriend (Julia Roberts). The kids' loyalty lies with Mom, but when she's handed a cancer diagnosis, love opens everyone's hearts.

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Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT SOUND DOES A TURKEY'S PHONE MAKE?

EDWARD	—	DARED	SWEDEN	—	DENSE
ALIENS	—	LANES	SERBIA	—	BEARS
ADORNS	—	ROADS	AGENTS	—	GATES
RAGGED	—	GRADE	DIGEST	—	DIETS



CBD Recommendation Awaits More Research

DEAR DR. ROACH: I have a friend whose daughter has an egg allergy. She said her daughter will break out in a rash if she eats anything that even has trace amounts of egg in it. Another friend of hers told her to use CBD oil to prevent reactions, but I am skeptical. I cannot find anything credible to support the claim. What are your thoughts? — E.B.P.

ANSWER: Almost every day I hear another claim that cannabidiol, the major nonpsychoactive component of cannabis, is effective for some medical condition. Unfortunately, the evidence of effectiveness of CBD is very limited.

The sole Food and Drug Administration indication for CBD is for the treatment of two uncommon childhood seizures: Dravet syndrome and Lennox-Gastaut syndrome. There is preliminary evidence that CBD may be useful for anxiety disorders, some types of sleep disorders and chronic pain. There is active research on other conditions, including asthma, multiple sclerosis and contact dermatitis. I believe it is likely that CBD will be proven effective for other conditions, but until there is better evidence of effectiveness, I cannot make a recommendation to use CBD (outside of the two forms of childhood epilepsy for which it is indicated).

Although there are laws in all 50 states legalizing CBD, the

federal government's position is still that cannabis extracts are Schedule I controlled substances, although they do not seem to be enforcing action against CBD at present. Unfortunately, independent laboratory analysis of available CBD products show that about a quarter of them have less CBD than advertised, and another quarter contained the psychoactive component THC.

For food allergies, I would recommend strongly against using any unproven treatment. Egg allergies have a broad range of severity in children, from mild rash to life-threatening airway swelling and anaphylaxis. Although many children outgrow egg allergies, your friend should listen to her daughter's doctor, not her CBD-supporting friend.

DEAR DR. ROACH: I recently changed primary doctors, and I saw the report of my echocardiogram. It said I have "mild left ventricular hypertrophy with some diastolic dysfunction." Could you tell me what this means and if it is serious? — C.B.

ANSWER: An echocardiogram uses sound waves to take precise images of the heart. The cardiologist interprets those images to make statements about the anatomy of the heart, including thickness of the walls of the heart, as well as its function.

The left ventricle is the chamber of the heart that pumps blood to all of the body, having received oxygenated blood from the lungs. Consequently, it is the thickest of the chambers. "Hypertrophy" means "too much growth" — that the wall is too thick. "Diastole" is the part of the cardiac cycle where the ventricles fill up. This should happen at very low pressures. In diastolic dysfunction, which commonly accompanies left ventricular hypertrophy, the left ventricle requires higher pressure to fill that thickened and stiffer wall.

LVH and diastolic dysfunction are most commonly results of high blood pressure. Some of the many medicines we use to control high blood pressure are good at helping the heart fill at lower pressure. Not everybody with these findings on an echo needs treatment. The key word in your report is "mild," which generally indicates no need for treatment beyond careful blood pressure monitoring.

Comfort foods

Made fast and healthy



by Healthy Exchanges

Thanksgiving Pumpkin Torte

You take care of the rest of the meal, and I'll take care of dessert. Now if we could just find someone else to take care of the dishes, we'd have something else to be thankful for!

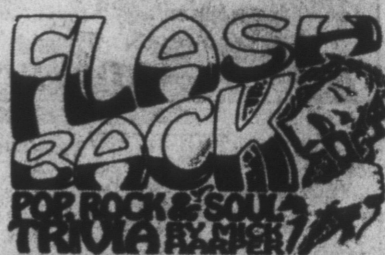
- 18 (2 1/2-inch) graham cracker squares
- 1 (15-ounce) can solid packed pumpkin
- 1 (4-serving) package sugar-free instant butterscotch pudding mix
- 2/3 cup nonfat dry milk powder
- 1 1/2 teaspoons pumpkin pie spice
- 3/4 cup water
- 1 cup reduced-calorie whipped topping
- 2 tablespoons chopped pecans

1. Evenly arrange 9 graham crackers in a 9-by-9-inch cake pan. In a large bowl, combine pumpkin, dry pudding mix, dry milk powder, pumpkin pie spice and water. Mix well using a wire whisk. Blend in 1/4 cup whipped topping. Spread half of pumpkin mixture evenly over graham crackers.

2. Top with remaining 9 graham crackers. Spread remaining pumpkin mixture over top. Evenly spread remaining 3/4 cup whipped topping over pumpkin mixture. Sprinkle pecans evenly over top. Cover and refrigerate for at least 2 hours. Serves 8.

• Each serving equals: 115 calories, 3g fat, 3g protein, 19g carb., 225mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1/2 Fat.

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1. Name the only No. 1 song The Stampeders ever had.
2. Which singer co-wrote and released "Baby Workout"?
3. Who released "She's Not Just Another Woman"?
4. What group released "I've Got You Under My Skin" in 1967?
5. Name the song that contains this lyric: "Don't come a knockin' around my door, Don't wanna see your shadow no more."

Answers

1. "Sweet City Woman," in 1971. Thing is, it was No. 1 in Canada. It the U.S. it only reached No. 8 on the Hot 100 chart.
2. Jackie Wilson, in 1963. In the song he's trying to get a girl to dance with him, not go to the gym.
3. Detroit R&B group 8th Day, in 1971. The song went gold. Later that year they released "You've Got to Crawl (Before You Walk)."
4. The Four Seasons. It was written by Cole Porter in 1936 and was originally used in the vintage film "Born to Dance."
5. "American Woman," by the Guess Who in 1970. When guitarist Randy Bachman was riffing onstage at a concert and wanted to remember what he was playing, he asked a kid in the audience for the tape from a cassette player the kid was using to record the concert.

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Contract Bridge

IT ONLY HURTS FOR A MINUTE

South dealer.

Both sides vulnerable.

NORTH

♠ J 5
♥ 7 4
♦ K Q 6 4 3 2
♣ A 10 8

WEST

♠ 10 9 8 6 2
♥ A 10 8 3
♦ 10 5
♣ 6 4

EAST

♠ 7 4 3
♥ K 6
♦ A J 9
♣ 9 7 5 3 2

SOUTH

♠ A K Q
♥ Q J 9 5 2
♦ 8 7
♣ K Q J

The bidding:

South West North East
1♥ Pass 2♦ Pass

3NT

Opening lead — ten of spades.

Let's say you're declarer at three notrump in today's hand and West leads a spade. You count six quick tricks and can surely score a diamond for a seventh trick. The question is how to get the two additional tricks you need for your contract.

Obviously, the diamond suit is a more promising source of tricks than the heart suit, since the diamonds are longer and stronger, so let's say that after taking the queen of spades you

lead a diamond to dummy's queen.

All will be well if East cooperatively takes the ace. Regardless of what he returns, you can then establish the diamonds, losing a trick to East's jack along the way, and so make your game.

The trouble with this line of play is that East may not take the ace of diamonds when you play the queen from dummy. If that happens, the best you can possibly do is hold yourself to down one.

The way to prevent this is to lead a diamond at trick two and, regardless of what West plays, follow low from dummy instead of playing the queen! In the actual deal, East would win with the nine, but the defense could not then stop you from scoring nine tricks.

You must assume from the outset that the diamonds are divided 3-2. Once this is granted, the contract is virtually assured regardless of where the ace is located, provided the king or queen is not played at the first opportunity.

It is true that this method of play will cost you a trick if it turns out that West has the ace. However, that trick is relatively unimportant because it affects only the question of making three or four notrump, whereas if East has the ace, it affects the much more vital question of making the contract or going down.

Making the contract is always the primary consideration.

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by Steve Becker

Puzzles4Kids

Answer

DIETS	Q	DIGEST
GATES	N	AGENTS
BEARS	I	SERBIA
DENSE	W	SWEDEN
GRADE	G	RAGGED
ROADS	N	ADORNS
LANES	I	ALIENS
DARED	W	EDWARD

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MORE FUN

COUCH THEATER DVD PREVIEW

BY AMY ANDERSON

I have never been one for Black Friday shopping. Even in a nonpandemic year, I can't tolerate the chaos of mass retail. Maybe it's because I did my college years behind the counter of a shop facing down the general public on a daily basis. Maybe it's because I prefer my couch and a great movie. But even with an endless supply of goods at my fingertips these days through apps and websites, I still miss shopping in a store.

Here are a few movies either set in shops or with an iconic shopping scene to remind you of better, or at least more shoppable, times.

Pretty Woman — Julia Roberts' hooker with a heart of gold makes a sad first attempt to buy clothes at a Beverly Hills boutique and is rebuffed, but don't worry. After her rich, um, patron (Richard Gere) steps in to make shopping a bit more fun, she goes back to let the snotty shopwomen know they made a "big mistake" — **HUGE**.

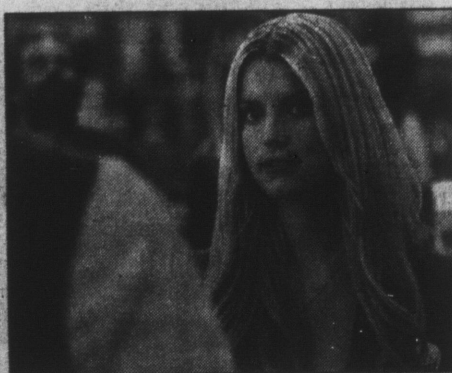
Confessions of a Shopaholic — Isla Fisher stars opposite Hugh Dancy in a romcom set in New York City. Fisher plays a writer who struggles with an addiction to high fashion who lands a job writing advice for a financial publication.

Empire Records — A hip-cool crew of young adults — including Liv Tyler and a young Renee Zellweger — manage emotions and expectations along with an attention-seeking shoplifter, a visit from an aging rocker, a

missing bank deposit and the potential closing of the record store!

European Vacation — Clark Griswold and company toot about Europe to hilarious hijinks. But after all of their luggage is stolen, they find themselves needing new clothes. The ensuing Italian fashion montage is so very Griswold.

High Fidelity — Another retail setting in a music store, this one with John Cusack as a fourth-wall-breaking record shop owner who spins his way through some questionable luck in love, with side antics by Jack Black.



Jessica Simpson in "Employee of the Month"

Employee of the Month — Set in a warehouse store, we follow employee interactions centered around a cashier (Jessica Simpson), who may or may not have a thing for go-getter Employee of the Month types (Dax Shepard), and a stockman (Dane Cook) who has his eyes on the title.

Clerks — Rated R for Raunchy, but a classic in its own right, this convenience-store-set comedy features a devil-may-care clerk named Randall, his perennially harassed co-worker Dante and the coterie of crazy characters who revolve around the store — including the indelible Jay and Silent Bob.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Leftover Turkey and Pear Salad

After all the dishes are washed and the leftovers are put away, you're probably wondering how you'll use up the leftover turkey. Well, wonder no more! Here's a wonderful "winter" main-dish salad just waiting for you to stir up for lunch.

- 3 cups shredded romaine lettuce
- 1½ cups diced cooked turkey breast
- 1¼ cup chopped walnuts
- 1 cup unpeeled and diced Bartlett pears
- 1½ cup fat-free blue cheese salad dressing
- 3 tablespoons fat-free mayonnaise

In a large bowl, combine romaine lettuce, turkey, walnuts and pears. In a small bowl, combine blue cheese dressing and mayonnaise. Drizzle dressing mixture evenly over salad mixture. Toss gently to combine. Serve at once. Makes 4 (1-full-cup) servings.

* Each serving equals: 231 calories, 7g fat, 20g protein, 22g carb., 267mg sodium, 3g fiber; Diabetic Exchanges: 2 Meat, 1 Fat, 1/2 Vegetable, 1/2 Fruit.

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1. Name the group that released an album titled "Band on the Run."
2. Which song mentions not playing B-17 on the jukebox, as it would bring back memories?
3. Who released "Midnight Hour" in 1965?
4. Which duo wrote and released "One Toke Over the Line"?
5. Name the song that contains this lyric: "I've got my suitcase in my hand, Now, ain't that a shame, I'm leavin' here today, Yes, I'm goin' back home to stay."

Answers

1. Paul McCartney and Wings, in 1973. It was McCartney's fifth album since leaving the Beatles. The group, recording in Nigeria, were robbed at knifepoint of demo tapes and lyrics.
2. "Please Mr. Please," by Olivia Newton-John in 1975.
3. Wilson Pickett. It was later covered by The Young Rascals, country artist Razy Bailey and bands in Australia, England and Canada.
4. Brewer & Shipley, in 1970. Lawrence Welk considered the song a "spiritual" and had it performed on his show by two of his singers.
5. "Walking to New Orleans," by Fats Domino in 1960. After the song was recorded, producer Dave Bartholomew added a strings section by the New Orleans Symphony, unusual for pop music of the era. The song went to No. 2 on the R&B charts.

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Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

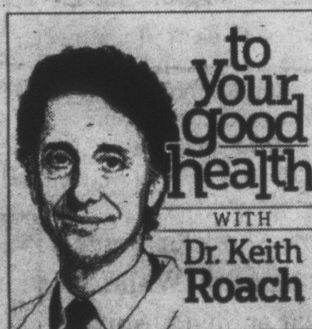
ABCDEFGHIJKLMNOPQRSTUVWXYZ

IPX TIPVME ZPV UBML JO BO

BQQMF MJCSBSZ?

VTF ZPVS JO-DJEFS WPJDF.

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Can They Give Gift To Their Doctor?

DEAR DR. ROACH: We are very fond of our family doctor. I was in to see him the other day, and it came up in conversation that he was going to be getting married. We would like to acknowledge this event in his life with either a lovely card or a small gift. I know the old-school way of thinking is to never do things that are so personal when it comes to your physician. Do you think that still holds true today? — N.W.

ANSWER: Physicians are human beings, and a thoughtful card is always appreciated. Gifts can sometimes be OK, but the American Medical Association has some guidelines for physicians on accepting gifts. I agree with them and you might find them helpful:

- Be sensitive to the size of the gift: Inappropriately large gifts should not be accepted.
- Do not let a gift influence patient care.

— Decline a gift that would present an emotional or financial hardship to the patient's family.

— Consider suggesting a charitable contribution in lieu of a gift.

I would add that sometimes rejecting a gift can be hurtful, and if accepting a gift conforms to the guidelines, I generally accept it with thanks.

DEAR DR. ROACH: Hi. I'm a very healthy, 68-year-old male. My only issue is almost nonexistent testosterone. What type of doctor should I see? It seems to be a problem for many senior men. — A.

ANSWER: Low testosterone is a concern for many men as they get older. In some

cases, the concern is justified. Some men may have a problem making testosterone due to a condition in the brain (the hypothalamus and pituitary gland both need to be working properly for testosterone production) or in the testes, where testosterone is actually made. In these cases, testosterone replacement therapy is clearly indicated.

What is still controversial is whether to treat healthy older men who have a low testosterone level and no symptoms. It's not clear that treatment of low testosterone will prevent problems in the future. It's possible that's the case, but I am very cautious about prescribing a drug with potential harms for someone without symptoms, when it has not been proven to be of benefit.

However, men with symptoms of low testosterone, such as low sex drive, depressed mood and loss of body hair, and who have clearly low testosterone levels may benefit from treatment, and a trial of testosterone treatment is appropriate. Men should learn about potential risk (prostate cancer remains a concern despite reassuring early studies) and have regular laboratory evaluation.

Low energy by itself is not clearly a symptom of low testosterone and may not improve with testosterone treatment.

DR. ROACH WRITES: A recent column on easy bruising in older adults prompted several readers to recommend specialized makeup products to cover the discolored areas. That is not something I had considered, and I appreciate the recommendation. Another reader recommended dry skin brushing, but I could not find good evidence that this helps with skin discoloration.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Contract Bridge

A DISBOLICAL DECEPTION

North dealer.
North-South vulnerable.

NORTH
♦K7
♥AJS4
♦A93
♣Q752

WEST
♦109653
♥92
♦862
♣J106

EAST
♦QJ82
♥106
♦K1054
♣AK9

SOUTH
♦A4
♥KQ873
♦QJ7
♣843

The bidding:
North 1♦
East Pass
South 1♥
West Pass
2♥
Dble
4♥
Opening lead — ten of spades.

There are times when declarer can lure an opponent into a mistake by taking advantage of the fact that the defenders cannot see through the backs of his cards. Today's deal from a pairs tournament provides a case in point.

At virtually all tables, South wound up as declarer in four hearts. When West led the jack of clubs or a diamond, the contract invariably went down one, with the defenders collecting three clubs and a diamond.

At several tables, however, West led a spade, giving declarer an opportunity for a bit of chicanery. At the table where the bidding went as shown, South knew where the missing high cards were located, thanks to East's takeout double on the second round.

Declarer won the spade lead with the ace and drew trump in two rounds. He then crossed to the king of spades and led the deuce of clubs toward his hand!

This placed East squarely on the horns of a dilemma. If South had the singleton or doubleton jack of clubs, playing low would cost a trick — an important consideration at matchpoint scoring. After much soul-searching, East decided to go up with the king, and from that point on, he was a dead duck.

In practice, East returned a diamond to declarer's queen, whereupon South played the ace and another diamond, putting East back on lead. East had to return a spade or a diamond — either one yielding a ruff-and-discard — or cash the ace of clubs. Whatever he chose to do, declarer could not lose more than two clubs and a diamond, and the contract was home.

Note that East would have done no better by returning a club or a spade after he took the club king. Once he fell into South's trap, all roads led to 10 tricks for declarer.

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by Steve Becker

Puzzles4Kids


Answer

Use your in-cider voice.
apple library?
How should you talk in an

CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
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HALLS FOR RENT	WANTED	MISCELLANEOUS	PERSONAL	DG'S YARD MAINTENANCE	J.F. ROOFING Co.
MORRISETTE LEGION POST 81-83 Liberty St., Quincy <i>Function Hall Available</i> Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings TF	Wanted to Rent - Parking Space for van while away for 2-3 months (also a furnished room around March) Joe 617-773-1084 12/3	FAMILY BIBLE - Seeking Welsh bible for Thomas family - possibly given to Masonic/Rural Lodge in Quincy/Wollaston in 1930's. Please contact 412-841-7531 (Pittsburgh, PA) 11/25	THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA J.D. 2/11	• LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service</i> CLEAN-UPS 617-786-9558...FREE ESTIMATES	QUINCY, MA • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED 2/18


**PLEASE
RECYCLE
THIS
NEWSPAPER**

Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	7-11 495 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.
HANCOCK MARKET 5 Cottage Ave.	DAIRY FARM 330 Washington St.	CVS 42 Beale St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	7-11 230 Washington St.	COFFEE BREAK CAFE 12 Old Colony Ave.
STAR MARKET 130 Granite St.	STOP & SHOP Southern Artery	SUPREME LIQUORS 615 Hancock St.
WALGREENS 132 Granite St.	CVS Southern Artery	MULLANEY'S VARIETY 205 W. Squantum St.
HANCOCK PARK LOBBY SHOP 164 Parkway	7-11 650 Adams St.	STOP & SHOP 65 Newport Ave.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	GRANITE MART 308 Willard St.	SAM'S VARIETY 125 Billings Rd.
DONUT + DONUTS + MUFFINS 33 Scamell St.	7-11 Copeland St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
PRESIDENTIAL LIQUORS 25 Scamell St.	JOE'S PLACE 260 Centre St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
ADAMS VARIETY 22 Independence Ave.	CORNER FOOD MARKET 1060 Hancock St.	CARMINE'S CAFE 69 Huckins Ave.
DAILY MART 291 Quincy Ave.	200 FOOD MART 200 Sea St.	7-11 751 E. Squantum St.
ROCHE BROTHERS The Falls	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY SHAMROCK 265 Beale St.
WALGREENS 418 Quincy Ave.	PALMER STREET MARKET 231 Palmer St.	ANDRE'S STORE 20 Brook St.
WALGREENS 550 Adams St.	BERNIE'S GENERAL STORE 1147 Sea St.	EVEREST MARKET 121 Standish Ave.
	WEST ELM VARIETY 139 W. Elm Ave.	QUINCY MARKET 33 Washington St.
		5 CORNER FOOD MART 163 Newbury Ave.

Happy Thanksgiving!
Stay safe during the
holidays
- Councilor-at-large
Noel DiBona 11/25

*Congratulations
Maddy Gola on a great start
to your high school
academic and soccer
career!* 11/25

**Happy Thanksgiving to Uncle
Doug. Happy Thanksgiving to
Jack Dog, Kippy and
Kayleigh. Happy
Thanksgiving Little Eileen.** 11/25

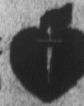
**Thanks for the
Bridge Games
- Rod** 11/25

*"Life is a shipwreck,
but we must not forget
to sing in the lifeboats."
Voltaire* 11/25

Thanks Quincy Sun for
keeping us up to date. Thank
you all essential workers!
We are blessed,
The Rowleys 11/25

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The Quincy Sun

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Enclosed is \$ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

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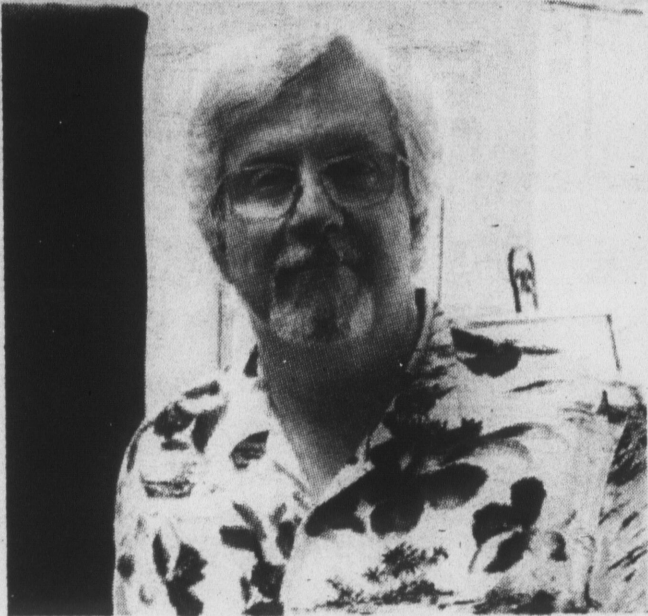
Artist's Showcase: Kris Kreitman

Kris Kreitman has been making art since grammar school. He was educated at the Art Institute of Boston with a major in Fine Arts. He lived for a time at the Bromfield Studios in Boston where his work then was more figurative and abstract.

In 1976 he returned to his hometown of Weymouth, working at the Oasis Center for the Arts. Later he founded and started teaching at the Visual Experience Studio. In the 1980's, he moved to Waltham to Moody Station Studios and participated in group and Open Studio exhibits.

After a long hiatus, during which time he focused his attention on raising a family, he resumed painting in 1995 while recovering from an injury. This was when he first began painting in oils. Since then his oil paintings have won many awards in local art shows including several First prizes and Best of Shows.

Oils are his favorite medium particularly indirect painting. Kris feels that the 19th century was a particularly interesting period, from the classical to the new styles that developed. Most people that paint to-day work in what is known



KRIS KREITMAN

as a direct style of painting both of which developed late in the 19th century, they are generally referred to as impressionist style and the Alla Prima style. Both are opaque in nature. While beautiful results can be achieved, Kris prefers to work indirectly because of the subtle effects that are possible with translucent glazes. He feels that it suits his temperament more.

He says he was probably born 100 years too late but there is a resurgence of interest in indirect painting lately and fascinating to see what artists are doing with it. Kris' favorite piece is usually the one he is work-

ing on at the time.

Kris currently exhibits regionally and nationally, with works in CA, NV, PA, and the Carolinas. He has been a member of the Quincy Art Association for twenty years and on the board for ten. He also runs the Tuesday night Open Studio Life Class for the QAA. Many of his works reside in private collections (portraits, property, and scenic works.) Currently he is working on private commissions of landscapes and portraits, as well as his own creative ideas.

Kris can be reached at kriskreitman52@comcast.net.



"GYPSY WOMAN - King Richard's Faire" oil painting by artist Kris Kreitman. A prize-winning artist, Kreitman is a member of the Quincy Art Association and has served on the QAA's Board of Directors for 10 years. *Courtesy Photos*

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Thanksgiving is a tradition that dates back to our earliest roots as a Nation. At this time of year, we reflect and give thanks for the many blessings bestowed on this country.

I would like to take a moment to pause and express my gratitude to the people of Quincy for the opportunity to serve as mayor of the greatest City in the Commonwealth.

I thank our veterans for protecting our freedoms. I thank our spiritual leaders for the nourishment they provide for the soul. I thank the heads of organizations and agencies serving those in need.

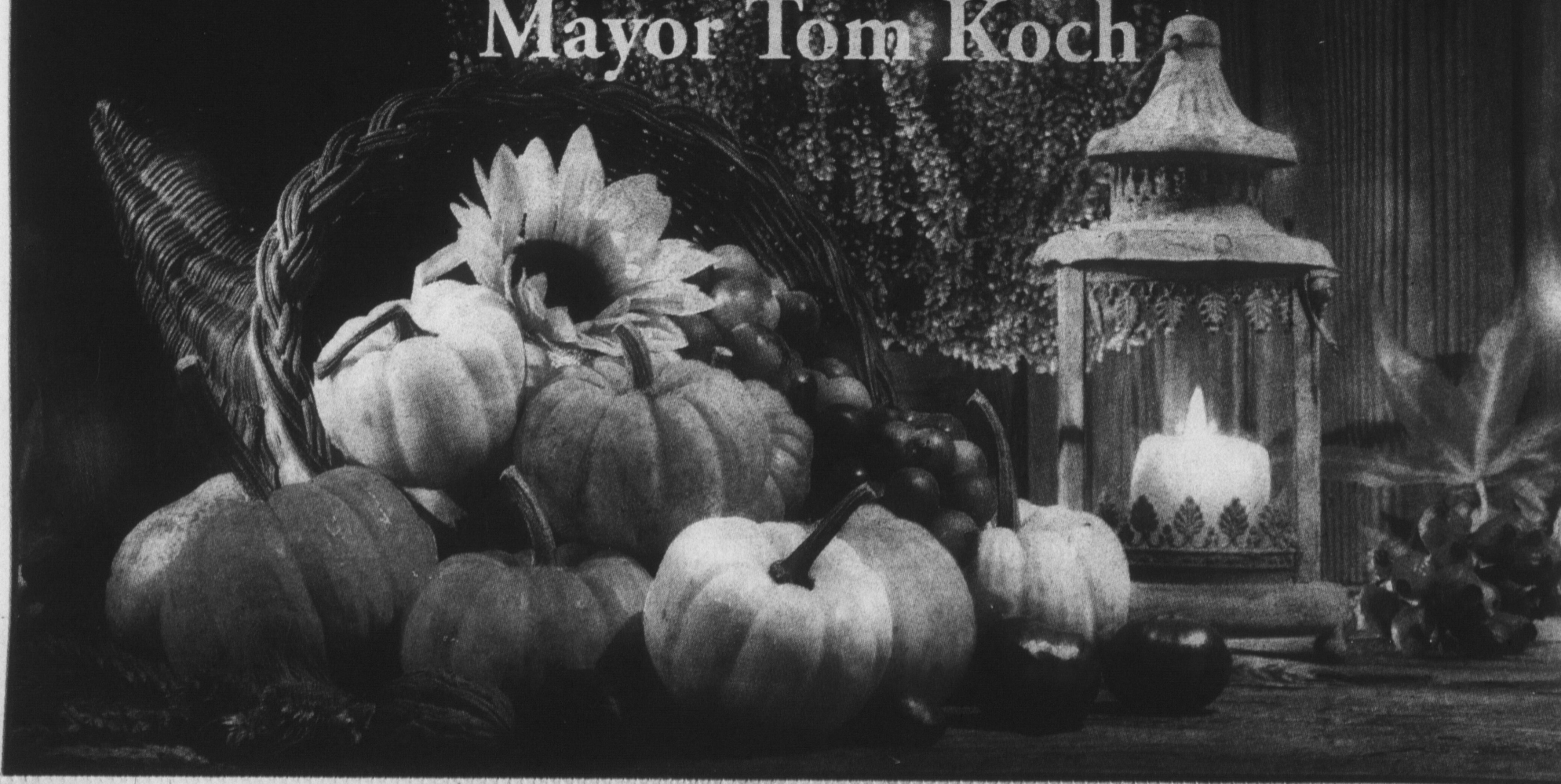
I thank our City employees for teaching our children, protecting our streets and delivering outstanding services to our residents. I thank those who volunteer their time in service to our neighbors and our community. I thank our business and labor leaders for their commitment to our City.

I thank God for the gifts of life, family and friendship.

Thank you, Quincy.

Happy Thanksgiving

Mayor Tom Koch



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